

## Testimony to the Planning and Sustainability Commission

### Senior Citizens in the Comprehensive Plan

#### Planning and Sustainability Commission

1. Senior Citizens need to be apart of the planning process with their concerns giving SUBSTANTIAL input into to process. Senior Citizens have different needs from the rest of society and want to have those needs heard. One of those needs is to “age in place,” finding services that help them do that within their own neighborhood. A good resource is the The Village Movement (Margaret Baldwin at [nevillagepdx@gmail.com](mailto:nevillagepdx@gmail.com).) A particular need is to build more pools and or maintain the ones we have. Seniors like therapy swimming pools not just hot tubs with pools at temperatures around 91 or 92 degrees. Physical therapists tell us that eases the pain and swimming in them is healing.

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