

**CITY OF PORTLAND
BUREAU OF FIRE & POLICE
DISABILITY & RETIREMENT**

SPECIAL BOARD MEETING



December 19, 2023

FPDR BOARD OF TRUSTEES MATERIALS
December 19, 2023
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This meeting will be held virtually

**City of Portland Bureau of Fire and Police Disability and Retirement
Agenda for Special Meeting – Board of Trustees
Tuesday, December 19, 2023 – 1:00 p.m.**

Please note, The Fire and Police Disability and Retirement Board of Trustees are holding this public meeting VIRTUALLY. All members of the board are attending remotely. The meeting is available to the public on the City's eGov PDX channel on YouTube, Channel 30, and www.portlandoregon.gov/video

ADMINISTRATION

The following consent item(s) are considered to be routine and will be acted upon by the Board in one motion, without discussion, unless a Board member, staff member or the public requests an item be held for discussion.

INTRODUCTION OF VISITORS

Public comments will be heard by electronic communication (internet connection or telephone). If you wish to sign up for public comment by electronic communication, please register at the following link:

https://us06web.zoom.us/webinar/register/WN_6MInKssnT7aMySTbcQTANw

*You will be asked to provide your name, phone number, email address, agenda item number(s) you wish to provide comment on and zip code. After registering, you will receive a confirmation email containing information about joining the electronic/virtual meeting. Individuals will have three minutes to provide public comment unless otherwise stated at the meeting. **The deadline to sign up for the December 19, 2023 electronic board meeting is Monday, December 18, 2023 at 3:00 p.m. Individuals can also provide written testimony to the Board by emailing the FPDR Director Sam Hutchison at sam.hutchison@portlandoregon.gov by December 15, 2023.***

ACTION ITEMS

Resolution No. 551 – Majoris Health Systems Contract Authorization

- Issue: FPDR staff are seeking a third Managed Healthcare Organization to replace recently closed Managed Healthcare Northwest.
- Expected Outcome: Board adopts resolution authorizing the FPDR Director to negotiate and enter into an agreement with Majoris Health Systems who will provide occupational healthcare services to FPDR members.

INFORMATION ITEMS

The following information items do not require action by the Board and are solely for informational purposes unless a Board member, staff member or the public requests an item be held for discussion.

1	Future Meeting Agenda Items
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Copies of materials supplied to the Board before the meeting, except confidential items and those referred to Executive Session, are available for review by the public on the FPDR website at www.portlandoregon.gov/fpdr or at the FPDR offices located at: 1800 SW First Avenue, Suite 250, Portland, Oregon 97201. **NOTE:** If you have a disability that requires any special materials services or assistance call (503) 823-6823 at least 48 hours before the meeting.



FIRE AND POLICE DISABILITY AND RETIREMENT
City of Portland, Oregon



Action Item No. 1

Resolution No. 551 Majoris Health Systems
Contract Authorization

RESOLUTION NO. 551

WHEREAS, the Fire and Police Disability and Retirement Funds (FPDR) contract with Managed Care Organization (MCO) provider Managed Healthcare Northwest (MHN) is no longer effective as MHN closed their doors on December 1, 2023; and

WHEREAS, Managed Care Organizations provide access to a panel of health care providers accustomed to providing treatment, promoting recovery and return to work for eligible Plan Members who have suffered service-connected injury, illness, or occupational disabilities; and

WHEREAS, FPDR would like to contract with three MCO provider panels to offer membership access to a broader selection of health care providers; and

WHEREAS, on December 11, 2023, FPDR initiated a special procurement process under City Code 5.68.020 (B)(1) necessary to enter into contract with a third MCO provider and is interested in contracting with Majoris Health Systems; and

WHEREAS, cost of service estimates and statement of work have been prepared by FPDR staff and is attached as Exhibits “A and B”.

NOW, THEREFORE, BE IT RESOLVED by the Board of Trustees of the FPDR, that the FPDR Director be and is hereby authorized to select, negotiate, initiate, and enter into a contract with Majoris Health Systems in an amount not to exceed \$450,000.00 to provide medical services for a five (5) year period to be established upon signing of the contract.

ADOPTED by the Board of Trustees on this 19th day of December 2023.

Sam Hutchison, FPDR Director

EXHIBIT "A"

FPDR Managed Care Organization Cost of Services Projection 2024 - 2029

	Estimated Total Claims	Estimated % of Members Selecting Majoris	Estimated # of Claims Using Majoris	Majoris Enrollment Fee	Total Cost
FY 2023-24 (Half Year)	160	70%	112	\$325.00	\$36,400
FY 2024-2025	344	70%	241	\$337.03	\$81,224
FY 2024-2026	344	70%	241	\$345.46	\$83,256
FY 2024-2027	344	70%	241	\$353.06	\$85,087
FY 2024-2028	344	70%	241	\$360.12	\$86,789
FY 2028-29 (Half Year)	172	70%	120	\$367.32	<u>\$44,078</u>
				Total	\$416,835
				Round up / Contingency	\$33,165
				GRAND TOTAL	\$450,000



FIRE AND POLICE DISABILITY AND RETIREMENT City of Portland



1800 SW First Ave., Suite 250, Portland, OR 97201 · (503) 823-6823 · Fax: (503) 823-5166

Samuel Hutchison, Director

fpdr@portlandoregon.gov

EXHIBIT B STATEMENT OF WORK

The City of Portland, Bureau of Fire and Police Disability and Retirement (FPDR) is seeking to contract with Majoris Health Systems, an experienced State of Oregon Certified Managed Care Organization, who can provide a wide variety of managed health care services in an occupational setting. We propose to engage Majoris for the following services:

1. Access to contracted panel of medical providers and hospitals to provide occupational health care services to eligible FPDR Plan members.
2. Utilization and Quality Management services of subject MCO providers.
3. Physician Advisory and Clinical Case Management Services (nurses and physicians) to manage or assist in managing the medical and disability aspects of occupational disability claims as follows:
 - Validation of the appropriateness of the care plan and controlling medical utilization and associated costs through use of nationally recognized treatment protocols and professional clinical judgment.
 - Effective management of disability duration with releases to transitional duty as soon as medically feasible based on nationally recognized disability duration guidelines.
4. A dedicated Case Manager to work directly with FPDR's disability staff.
5. Meet with FPDR Staff as needed to discuss program issues and specific cases.
6. Assistance with facilitating early return to work and FPDR's Return to Work Program.
7. As needed, assistance with updates to the Oregon fee schedule.

Additional services include:

- a) Disability Prevention Consultations.
- b) Dispute Resolution services on treatment disputes, and issues of medical necessity and appropriateness.
- c) Credentialing or certification of non-MCO providers, as appropriate.
- d) Pre-certification of medical services including surgery and specialty services.
- e) Concurrent inpatient hospital service reviews and high-cost case management.
- f) Physician Advisory and Peer Review services of treatment as needed or requested.
- g) Prospective, concurrent, and retrospective utilization reviews as needed or at FPDR's request.
- h) Adhere to FPDR rules and use FPDR's Work Status Reports and Attending Physician Report, FPDR's equivalent of form 827.



FIRE AND POLICE DISABILITY AND RETIREMENT

City of Portland, Oregon



Information Item No. 1

Future Meeting Agenda Items



FIRE AND POLICE DISABILITY AND RETIREMENT City of Portland, Oregon



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Samuel Hutchison, Director

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Future FPDR Board of Trustees Meeting Agenda Topics

Updated after the FPDR Board of Trustees November 14, 2023, meeting

January 23, 2024

1. Action Items
 - a. Adopt the 2024-2025 Budget
 - b. Approval of the Majoris Managed Care Organization (MCO) contract
2. Information Items
 - a. Actuarial Standard of Practice (ASOP) No. 4 presentation by Lorne Dauenhauer, Board's outside counsel
 - b. Disability pension benefits review (comparison of FPDR and PERS Disability Benefits)
 - c. Overview of the FPDR Administrative Rule amendment process
 - d. FPDR Strategic Plan review

March 26, 2024

1. Action Items
 - a. Annual Adjustment Review (COLA)
 - b. Approval of FPDR Administrative Rule changes
2. Information Items
 - To be determined

May 28, 2024

1. Action Items
 - a. Annual Adjustment Review (COLA), if necessary
 - b. Tax Anticipation Notes (TANS)
2. Information Items
 - To be determined

Future Meeting Topics

1. Discussion on forming a committee to review FPDR 2 Pension Plan
2. Discussion on soliciting a study to compare the FPDR Disability Program to the Oregon Workers' Comp Program
3. Board Handbook Review
4. Impact of unionization of FPDR staff

The City of Portland complies with all non-discrimination, Civil Rights laws including Civil Rights Title VI and ADA Title II. To request translation, interpretation, accommodation, modifications, or additional information, please contact FPDR at (503) 823-6823, or use City TTY (503) 823-6868, or Oregon Relay Service: 711