

FIX-IT FAIR

HEALTHY FAMILIES, HEALTHY HOMES



FREE

JOIN US!

- Meet Experts
- Hourly Workshops
- Great Giveaways
- Free Lunch



SATURDAY

JANUARY 28, 2023

9:30 AM

- TO -

2:30 PM

GEORGE MIDDLE SCHOOL

10000 N BURR AVE.

WWW.PORTLAND.GOV/BPS/FIX-IT-FAIRS

Presented by the City of Portland Bureau of Planning and Sustainability

WHEN CUÁNDO

Jan. 28, 2023
9:30am - 2:30pm

WHERE DÓNDE

George Middle School
10000 N Burr Ave.

TAKING TRIMET? ¿USANDO TRIMET?

#4 - N Fessenden & Burr
503-238-RIDE or www.trimet.org
for schedule information



WHAT IS A FIX-IT FAIR?

Fix-It Fair is a **FREE** City of Portland event where you can learn simple ways to save money and connect with resources. Join your neighbors and talk to the experts about how to spend less and stay healthy.

La Fix-It Fair es un evento **GRATUITO** de la Ciudad de Portland en donde usted puede aprender maneras simples de ahorrar dinero y conectarse con recursos. Únase a sus vecinos y hable con expertos sobre la manera de gastar menos y mantenerse saludable.

EXHIBITS

- Weatherization
- Health and Nutrition
- Water and Energy Savings
- Money Savings
- Recycling
- Yard and Garden Care
- Community Resources

EXHIBICIONES

- Protección climática
- Salud y nutrición
- Ahorro de agua y energía
- Reciclaje
- Cuidado de patio y jardín
- Recursos comunitarios

WORKSHOPS

- 45-minute classes on the hour
- See schedule inside

CLASES

- Clases de 45 minutos ofrecidas cada hora
- Ve a el horario adentro

ACTIVITIES

- Free lunch
- Door prizes every hour
- Free blood lead testing
- Bike cleaning

¡MÁS!

- Almuerzo Gratis
- Premios cada hora
- Análisis de Plomo Gratuito
- Limpieza de bicicletas

QUESTIONS? / ¿PREGUNTAS?

503-823-4309 -or- fixitfair@portlandoregon.gov
www.portland.gov/bps/fix-it-fairs



THE BUREAU OF
PLANNING &
SUSTAINABILITY
1810 SW 5th Avenue, Suite 710, Portland, Oregon 97201

Fix-It Fair is sponsored by:

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Let's turn the answers on.

WORKSHOPS

NO NEED TO REGISTER!
Habrá servicios de interpretación.



**HEALTH
SALUD**



**HOME REPAIR
AND UTILITIES**
REPARACIONES AL HOGAR Y SERVICIOS PUBLICOS



**FINANCE
FINANZAS**



**GARDEN
HUERTO**

10:00 AM

WINTER WEATHERIZATION WORKSHOP | Low-cost energy saving techniques for renters and homeowners alike. Learn how to save money and energy, stop drafts, and prevent mold. Income-qualified participants will receive a free kit of materials to lower energy costs and stay warmer in their homes during the colder months. **Community Energy Project**

HEALTHY HOMES: LESSONS ON INDOOR AIR QUALITY | Air pollution in Multnomah County is year round, from seasonal wildfires, transportation emissions, ozone, and wood smoke pollution. Air pollution affects everyone's health, especially older adults, pregnant people, and young children. Learn to use simple, cost effective methods to improve the health of your household by keeping the air clean indoors. Learn the key elements of indoor and outdoor air quality, and tools to monitor and clean the air indoors. **Multnomah County Environmental Health**

HOUSEHOLD EMERGENCY PREPAREDNESS WORKSHOP | Talk with the experts on being prepared! Learn the steps and take action to stay safe in emergencies and disasters in our region. **Portland Bureau of Emergency Management**

11:00 AM

GOAL SETTING AND BUDGETING TOOLS FOR FINANCIAL SUCCESS | Budgeting is the keystone to proper money management. More than tracking income and expenses, it is the key to setting and achieving financial goals. Learn how to develop the budget tracking system that is right for you, and gain strategies to help maximize your savings and plan for the unexpected. **Financial Beginnings**

HOME AS A SYSTEM | Both homeowners and renters will better understand how their house works as a system for energy use and energy efficiency. Learn the interaction of windows, insulation, air leaks, filters, and the heating system on staying warm, comfortable and energy efficient. Participants receive an energy savings kit, are given an opportunity to ask questions from an energy efficiency professional and learn about accessing resources. **Multnomah County Weatherization**

TALLER DE CLIMATIZACIÓN DE INVIERNO | El taller de Climatización de invierno ha ayudado al área de Portland a reducir el uso de energía desde 1979. Este taller enseña técnicas de ahorro para inquilinos o dueños de casa. Aprenda como ahorrar dinero y energía, para corrientes de aire y prevención de moho. Los participantes con ingresos calificados recibirán un paquete gratuito de materiales para reducir el costo de energía y mantenerse calientes en su hogar durante los meses fríos. **Community Energy Project**

Questions? | ¿Preguntas? | Thắc Mắc? |

有问题? | Вопросы? | Întrebări? |

Питання? | 質問? | Su'aalaha |

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503-823-4309

NOON

NAVIGATING DISASTERS: A ROADMAP TO PROTECTING YOUR FAMILY AND YOUR WALLET | Tools and tips to get your insurance and finances prepared in case of a disaster. Secure your financial documents, create a home inventory, and check your insurance coverage before a disaster. Understand your rights and how to maximize your policy benefits during a disaster. And avoiding scammers and access recovery resources afterwards. **Oregon Division of Financial Regulation (DFR)**

SAVING WATER MAKES CENTS! | Learn where Portland gets its water and how you can save water and money at home. Find tips for managing your water and sewer costs while being a good steward of our water supply. Get free water conservation devices, including a showerhead! **Portland Water Bureau**

BILINGUAL/ BILINGÜE! SAVINGS WITH COMMUNITY SOLAR/AHORROS CON SOLAR COMUNITARIO | The Oregon Community Solar Program gives thousands of Oregonians new opportunities to go solar without needing to own a home, have a sunny roof, or make upfront payments. Many people subscribe to a large off-site solar project and share which shows up as a credit on your utility bill. CEP connects income qualified customers to the program.

El Programa de Solar Comunitario les da a miles de Oregonianos la nueva oportunidad de utilizar Solar sin necesidad de tener su propia casa, o tener un techo con sol, o pagos por adelantado. Muchas personas están suscritas a un gran proyecto solar compartido en ubicación remota y reciben un crédito en su factura de electricidad. CEP conecta a clientes con ingreso calificado al programa. **Community Energy Project**

1:00 PM

BILINGUAL/ BILINGÜE! LEAD POISONING PREVENTION WORKSHOP/TALLER DE PREVENCIÓN DE AVENAMIENTO CON PLOMO | Understand the health effects and common sources of lead exposure, including old household paint, drinking water, and soil. This workshop empowers participants with the basic prevention measures to limit future exposure and provides regional resources to help eliminate lead poisoning.

Comprenda los efectos en la salud y las fuentes más comunes de exposición al plomo, incluyendo pintura vieja en el hogar, agua potable, y en la tierra. Este taller empodera a los participantes para tomar medidas básicas de prevención para eliminar la exposición y provee recursos locales para ayudar eliminar el envenenamiento de plomo. **Community Energy Project**

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VIRTUAL VILLAGES AND REAL FRIENDS WHO HELP | We'll describe what a virtual village is, and how belonging to one, or volunteering for one can be fun and rewarding. We give examples of how our villages build community among people who are not actually close neighbors of each other, and how they keep members healthier, happier and safer. **North Star Village PDX**



REPAIR CAFÉ – BY REPAIR PDX | 10:00 AM – 1:00 PM

10:00 AM – 1:00 PM | Bring one item to be fixed by a Repair PDX volunteer, while learning how to do it yourself! Volunteers will do their best to repair items, but do not guarantee a complete repair. You may bring one of the following: **Small countertop appliance, Clothing, or Bike - repair with Bikes for Humanity**

The City of Portland is committed to providing meaningful access. To request translation, interpretation, modifications, accommodations, or other auxiliary aids or services, contact 503-823-7700, Relay: 711.

Traducción e Interpretación | Biên Dịch và Thông Dịch | अनुवादन तथा व्याख्या | 口笔译服务 | Устный и письменный перевод | Turjumaad iyo Fasiraad |

Письмовий і усний переклад | Traducere și interpretariat | Chiaku me Awewen Kapas | 翻訳または通訳 | ການແປພາສາ ຫຼື ການອະທິບາຍ | قى دهفشل وأ قى رى رحشلأ قم رحشلأ

503-823-7700 | www.portland.gov/bps/accommodation