

PORTLAND/MULTNOMAH AREA AGENCY ON AGING  
AREA PLAN  
FISCAL YEAR 1980-81  
Executive Summary

Service levels for FY 80-81 reflect only minor changes from FY 79-80. New Congregate meal service is planned for those experiencing special economic and/or cultural barriers: Hispanic and Jewish elders.

In addition to legal services presently provided by Multnomah Legal Aid and the Bar Association, a new component is planned. Litigation will be filed and legislation pursued affecting the rights of nursing home patients or homebound elderly as a class.

Given inflation, additional funds will be required for Fiscal Year 1980-81 at an average increase of 8%. Other services will be maintained at FY 79-80 levels.

The Area Agency will be involved in several activities in addition to the administration of the Area Plan.

- a. Coordinating local activities in relation to the White House Conference on Aging.
- b. Developing a long range plan in relation to nutrition.
- c. Development of a Portland/Multnomah Policy on Aging.
- d. Providing staff support to the Advisory Council and a Committee on Community Care.
- e. Continued search for additional funding will be a priority issue in this fiscal year.
- f. Maintenance of a public information program to increase elders' awareness of service available and increase the public's awareness of the value and needs of elders.
- g. Development of a long range plan for senior facilities and focal points in the County.

TABLE OF CONTENTSTITLE OF EXHIBITNUMBER

## Section A. PREFACE TO THE THREE YEAR AREA PLAN

Area Agency on Aging Plan Submittal . . . . .	A-1 . . . . .	2
Application for Funding under Oregon Project Independence . . . . .	A-2 . . . . .	3
Advisory Council Review of the Area Plan and Nutrition Project		
Council Participation and Method of AAA Priority Setting . . . . .	A-3 . . . . .	4
Public Hearings on the Area Plan . . . . .	A-4 . . . . .	5

## Section B. AREA AGENCY ADMINISTRATION

Organization Chart of the Designated Area Agency on Aging, the		
Single Organizational Unit, and the Nutrition Project . . . . .	B-1 . . . . .	8
Proposed Staffing Plan for the Area Agency . . . . .	B-2 . . . . .	11
Justification for Variances and Exceptions to OPI Services . . . . .	B-3 . . . . .	13
Direct Provision of Social Services by the Area Agency . . . . .	B-4 . . . . .	14
Advisory Council Representation . . . . .	B-5 . . . . .	15
Affirmative Action Policy Statement and Assurance . . . . .	B-6 . . . . .	16
Assurance of Compliance with Title VI of the Civil Rights Act		
of 1964 . . . . .	B-7 . . . . .	17
Area Agency on Aging Contractors . . . . .	B-8 . . . . .	18
Methods for Giving Preference to Those in Greatest Social and		
Economic Need . . . . .	B-9 . . . . .	21

## Section C. CHARACTERISTICS OF THE PLANNING AND SERVICE AREA

Map of the Planning and Service Area . . . . .	C-1 . . . . .	24
Inventory of Aging Programs Operated by Other Agencies . . . . .	C-2 . . . . .	33
Inventory of Community Service Areas and Identification of		
Designated Community Focal Points . . . . .	C-3 . . . . .	36

Section D. THREE YEAR AREA PLAN FOR PROGRESS TOWARD A COMPREHENSIVE,  
COORDINATED SERVICE SYSTEM FOR OLDER PERSONS

Summary Listing of Three Year and One Year Area Plan Objectives . . . . .	D-1 . . . . .	40
Statement of Three Year and One Year Area Plan Objectives . . . . .	D-2 . . . . .	65

## Section E. NUTRITION PROJECT

Justification for Transfer of Title III-C Congregate Meals Monies		
to Home Delivered Meals . . . . .	E-1 . . . . .	92

NUMBER

## Section F. AREA AGENCY BUDGETS

Area Services by Fund Source . . . . .F-1 .....94

Local Match, Donations and Other Resources . . . . .F-2.....98

Appendix

Activity Plan for Training and Manpower Development Plan . . . . .i-ii

SECTION A. PREFACE TO THE AREA PLAN

## AREA AGENCY ON AGING PLAN SUBMITTAL

1. PSA Portland/Multnomah County	2. Counties: Multnomah County
3. a). Name, Address, and Telephone Number of AGENCY DESIGNATED AS AREA AGENCY:  City of Portland 1220 SW Fifth Avenue Portland OR 97204 248-4151  b). Name and Title of CHIEF EXECUTIVE OFFICER:  Connie McCready Mayor of Portland  c). <i>"I certify that I am authorized to submit this Plan and agree to administer it in accordance with the regulations, policies, and procedures as</i>  <div style="text-align: right;">_____ <i>Signed</i></div>	
4. a). Name, Address, and Telephone Number of SINGLE ORGANIZATIONAL UNIT [if different from 3.a).] Human Resources Bureau Area Agency on Aging 522 SW Fifth Avenue 8th floor Portland OR 97204 248-4752  b). Name and Title of DIRECTOR:  Erma Hepburn, Director	
5. FISCAL YEAR COVERED BY THIS PLAN:  July 1, 19 <u>80</u> to June 30, 19 <u>81</u>	

\*See Appendix

APPLICATION FOR FUNDING OF SERVICES UNDER  
OREGON PROJECT INDEPENDENCE

EXHIBIT A-2  
Page 3 of 6

1. Planning and Service Area:

Portland/Multnomah County

2. Name, Address and Telephone  
Number of APPLICANT AGENCY

City of Portland  
City Hall  
1220 SW Fifth Avenue  
Portland OR 97204  
248-4151

7. Name, Address and Telephone Number  
of SINGLE ORGANIZATIONAL UNIT  
(if different from Item 2.)

Human Resources Bureau  
Social Services Division  
522 SW Fifth 8th floor  
Portland OR 97204  
248-4752

3. Name, Title, Address and  
Telephone Number of DIRECTOR  
of Applicant Agency

Francis J. Ivancie  
Commissioner of Public Utilities  
City Hall Rm 211  
1220 SW Fifth Avenue  
Portland OR 97204  
248-4151

8. Name, Title, Address and Telephone  
Number of DIRECTOR of Single  
Organizational Unit  
(if different from Item 3.)

Barbara Patrick  
Division Manager  
Social Services Division  
522 SW Fifth Avenue 8th floor  
Portland OR 97204  
248-4752

4. Name, Title and Address of  
OFFICIAL Authorized to Sign  
for Applicant Agency

Connie McCready, Mayor  
City Hall  
1220 SW Fifth Avenue Rm. 303  
Portland OR 97204  
248-4120

9. Name, Title and Address of PAYEE  
(Specify to whom checks should  
be sent).

City Treasurer  
City of Portland  
1220 SW Fifth Avenue  
Portland OR 97204

5. Name, Address and Telephone  
Number of SERVICE PROVIDER(s)

See Exhibit B-8

10. Address at which the PROPOSED  
PROJECT WILL BE CONDUCTED

Human Resources Bureau  
Social Services Division  
522 SW Fifth 8th Floor  
Portland OR 97204

6. Name of PROJECT DIRECTOR, SUPERVISOR or COORDINATOR (Service Provider)

NA

## ADVISORY COUNCIL REVIEW OF THE AREA PLAN

The advisory council ~~including the Nutrition Project Council, if any,~~ to the Area Agency on Aging has reviewed the plan as herewith submitted. Any comments are attached in the appendix.

Date(s) Plan was reviewed: December 1, 1979, to present

	<u>✓</u>	_____	_____
		Signature of Chairperson	Date
Nutrition Council		<u>N/A</u>	_____
		Signature of Chairperson	Date

## METHOD OF PRIORITY SETTING BY THE AREA AGENCY

In order to fullfill the requirements in 1321.77(e) (6) outline how the advisory council and the Area Agency has set priorities for service delivery. Did you follow all of the suggestions of the advisory council and if not why?

Objectives for service delivery reflect those priorities developed in 1978-79 and 1979-80. The budget has been reviewed on an ongoing basis by the Advisory Committee. As the plan has been a mirror image of the current year's, no changes were recommended. However, the effects of inflation were a priority concern of the Advisory Committee. Reflecting that concern the Area Agency on Aging has submitted requests to the City of Portland and Multnomah County for additional funding for cost of living increases. This request has been supported vigorously by the Advisory Committee. In addition, supplemental funds were incorporated into this plan based on Advisory Committee review of staff proposals (minutes on file).

Planning and Service Area:

PUBLIC HEARINGS ON THE AREA PLAN

The following is a description of public hearings held on the proposed Area Plan. Included are: (a) a description of the manner in which the hearings were conducted, including the manner in which the hearings were publicized, dates and location of the hearings; (b) the general attendance at the hearings (i.e., numbers of persons, and representation); and (c) the involvement of the advisory council in the hearings.

☒ Summaries of the comments given are on file at the Area Agency.

☒ Changes were made in the Area Plan based on the comments given.

☐ No changes were made.  
See A-4, page 2

Four traditional hearings were held on the FY 80-81 Area Plan. Representative of the AAA Advisory Council chaired the hearing and accepted testimony. The AAA staff presented an outline to the plan and a slide show illustrating the structure of the AAA and the proposed services.

Publicity included news releases sent to 15 newspapers and 28 TV and radio stations (articles and notices are on file). Flyers were distributed at Senior Centers and other agencies throughout the community. The four hearings were held on the following dates and in the following locations:

- (1) City Hall, Council Chambers  
1220 S.W. 5th Ave.  
Time/Date: March 25, 1980, 1:30 PM      Attendance: 14 people
- (2) Lloyd Center Auditorium  
Time/Date: March 26, 1980, 1:30 PM      Attendance: 30 people
- (3) PACT Senior Center  
3588 SE Division,  
Time/Date: March 27, 1980, 1:30 PM      Attendance: 30 people
- (4) Gresham Senior Center,  
50 NE Elliott, Gresham, OR  
March 28, 1980, 1:30 PM      Attendance: 65 people

In addition to the four traditional hearings, one hearing was held on the radio. KGW Radio held a two hour call-in talk show (Elaine Cogan Show) from 8:00 A.M. to 10:00 A.M. Sunday, March 16, 1980. One staff person and the Advisory Council Chairperson received testimony and answered questions regarding the plan. This format was used to reach the home-bound elders unable to get out to the public hearings.

Audience: 30,000 people

Transcriptions of testimony, names of those testifying and tapes of the radio program are on file in the AAA Office.



PUBLIC TESTIMONY/CONCERNS TO BE ADDRESSED IN FY 80-81 PLAN

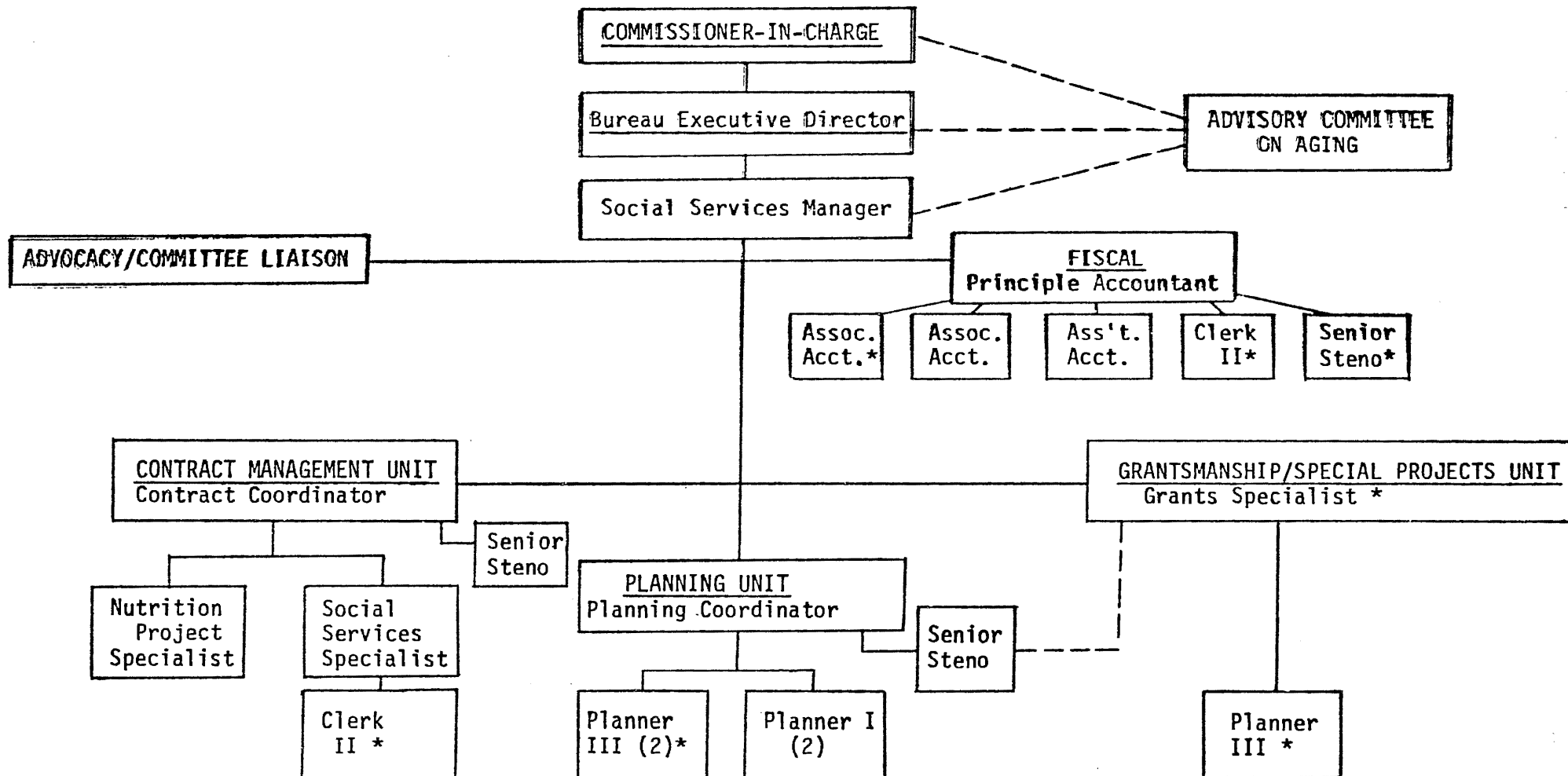
1. Concern was expressed regarding the public's negative attitude toward elders and aging.  
Planned Objective 13: Includes provision for a "visibility plan" aimed at increasing the public and senior's awareness of the needs of elders, the services available, and reducing negative stereotyping of elders.
2. Concern was expressed for the lack of support of family and friends that wish to assist older persons stay in their own homes.  
Planned Objective 14: Includes activities related to researching appropriate and feasible means of providing support to natural networks.
3. Concern was expressed for the displacement of elders from low-income housing due to urban renewal and condominium conversion.  
Planned Objective 14: Includes provision for developing a comprehensive plan for housing.
4. Concern was expressed regarding the lack of an adequate senior facility in the Near-Northeast District.  
Planned Objective 15: Includes provision for the AAA to attempt to seek local resources to develop adequate facilities for district focal points.
5. Concern was expressed that there was not linkage between hospital release and in-home care.  
Planned Objective 14: Comprehensive Plan includes comprehensive planning activities, utilizing the framework of assuring a continuum of care.
6. The use of a sliding fee scale was suggested for in-home services.  
Plan Objective 24: Includes the activity of implementing a sliding fee scale for in-home services in accordance with OPI administrative rules.
7. There was much testimony related to the place of programs and activities aimed at minority groups in the AAA system.  
Planning Objective 14: Includes provision to develop long range goals in relation to the minority services.

SECTION B. AREA AGENCY ADMINISTRATION

AAA/Single Organizational Unit - City of Portland

Human Resources Bureau, Social Services Division, Area Agency on Aging

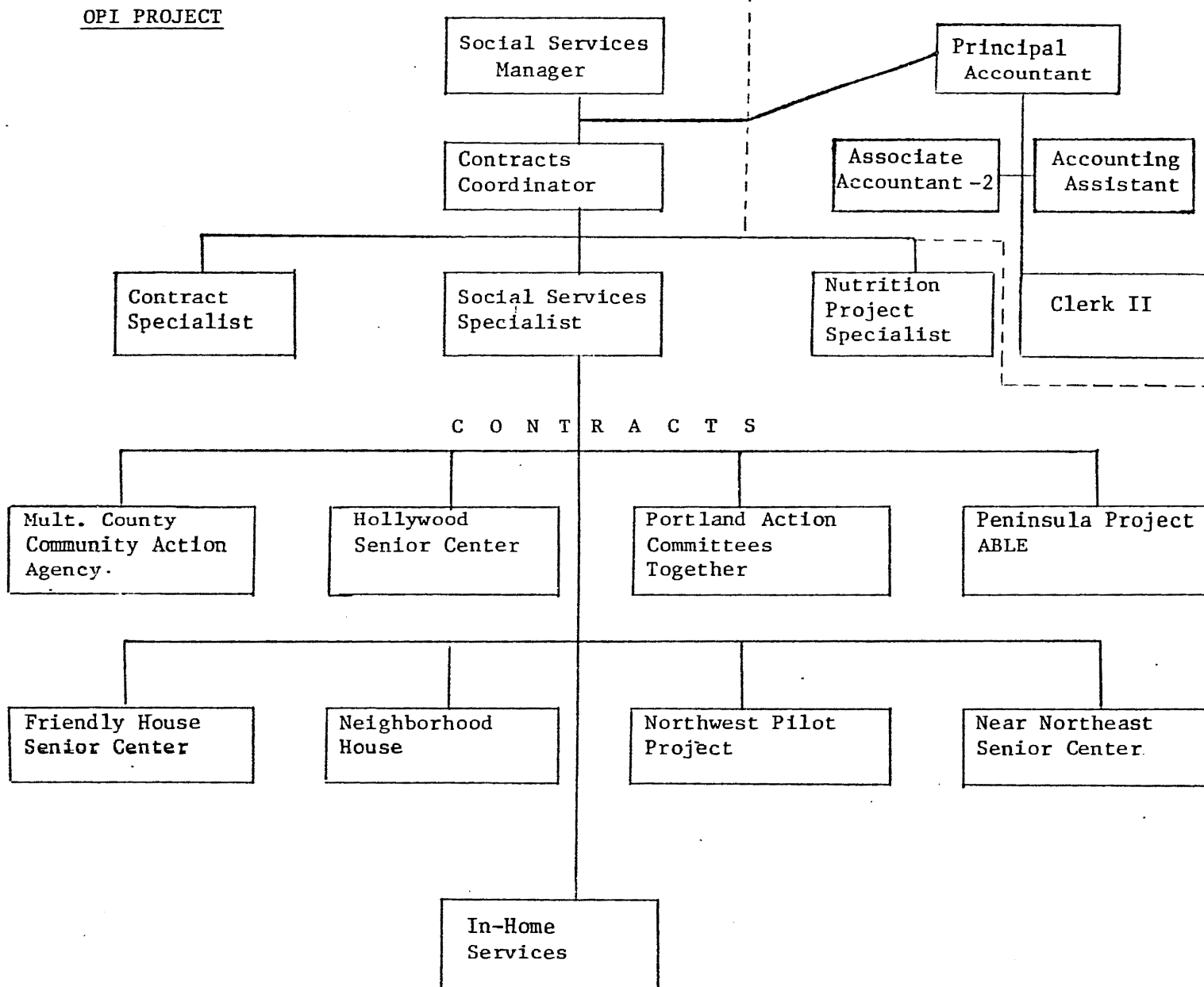
June, 1980



\* Part-time

OF THE DESIGNATED AREA AGENCY ON AGING. THE SINGLE ORGANIZATIONAL UNIT, THE ADOPTION PROJECT, AND THE OPI PROJECT

Include the name and address of the organization in which the nutrition director resides. This is to identify the major organization with responsibility for the day-to-day activities of the nutrition program.



PROPOSED  
STAFFING PLAN FOR THE AREA AGENCY

1. Identify Each Position Individually, by Descriptive Title (Complete for Each Professional, Clerical, and Volunteer Position)	2. If Position is Currently Filled, Indicate If Staff Member Is:											3. If Position Is Not Currently Filled, Indicate Proposed Date When Position Will be Filled	
	Part-time	Full-time	Sex		Age Check if Over 60	Race 1 Black 2 White 3 H 4 Indian 5 G	Salary and Fringe Benefits						
			Male	Female			Salary			OPE			
AAA Director/Social Services Manager		X		X		1	32	301	00	6	460	00	
Contracts Coordinator		X		X		2	23	678	00	5	446	00	
Grants Specialist	X			X		2	13	956	00	2	093	00	
Planning Coordinator		X		X		2	23	110	00	5	316	00	
Social Services Spec.		X		X		2	20	264	00	4	863	00	
Nutrition Project Spec.		X		X		2	19	427	00	4	662	00	
Planner I		X		X		2	15	001	00	4	050	00	
Advocacy/Committee Liaison		X	X			2	19	563	00	4	695	00	
Planner I		X		X		2	14	633	00	3	951	00	
Planner III						2	5	270	00		571	00	
Planner III	X						2	306	00		220	00	7-1-80
Planner III	X			X			7	132	00		781	00	7-1-80
Principal Accountant		X	X			2	22	655	00	5	211	00	
Associate Accountant	X		X			2	2	833	00		737	00	
Accounting Assistant		X		X	X	2	13	078	00	3	662	00	
Clerk II	X			X		2	1	617	00		485	00	
Senior Stenographer		X		X		1	14	512	00	3	918	00	
Senior Stenographer		X		X		2	14	512	00	3	918	00	
Clerk II	X			X		2	2	805	00		459	00	
1/ Other described as:													

\*Not in City AAA Budget

PROPOSED  
STAFFING PLAN FOR THE AREA AGENCY

1. Identify Each Position Individually, by Descriptive Title (Complete for Each Professional, Clerical, and Volunteer Position)	2. If Position is Currently Filled, Indicate If Staff Member Is:										3. If Position is Not Currently Filled, Indicate Proposed Date When Position Will be Filled	
	Part-time	Full-time	Sex		Age Check if Over 60	Race 1 Black 2 White 3 H 4 Indian 5 G	Salary and Fringe Benefits					
			Male	Female			Salary			OPE		
Senior Steno	X						2	272	00	230	00	7-1-80
Associate Accountant	X						3	255	00	228	00	7-1-80
/ Other described as:												

## JUSTIFICATION OR APPLICATION FOR VARIANCES OR EXCEPTIONS TO OPI SERVICES

The Portland/Multnomah County Area Agency on Aging has been providing case management service to the elderly in its Planning and Service Area since it was designated an Area Agency seven years ago. The services have been provided under contract through the Service Area's eight District Service Centers and one area-wide contract.

In the development of the case management service, it was discovered that some clients seeking assistance from the AAA were more impaired than others. To accommodate this fact, three levels of case management were designed to correspond to the various levels of impairment. Case Management I and II are provided in the eight District Service Centers. Level III is provided by a single professional social work agency serving the entire Planning and Service Area.

To maximize resources, the AAA has pooled several funding sources in various contracts for a single service. When OPI funds became available, case management was an allowable service. At the same time, the AAA wished to increase case management services. Therefore, OPI funds were pooled and used to continue and to increase the level of case management services.

During the planning for Fiscal Year 1980/1981, discussions were under way by the Office of Elderly Affairs to revise the list of allowable services under OPI. The AAA, perceiving a problem, endeavored to adjust its pooled funding sources to remove OPI funds from case management services. The amount to be removed was \$239,287.00. Given other funds available, plus their limitations, it was only possible to reduce the amount by \$57,612.00 without reducing the level of services.

The AAA is therefore requesting that a variance be granted, allowing the AAA to use \$76,607.00 of OPI funds for Case Management II Services, and \$105,068.00 for Case Management III Services for Fiscal Year 1980/1981, to be provided under contract to the eight District Service Centers and the single area-wide social work agency. If this variance is not granted, the level of Case Management Services will be reduced accordingly.

The AAA is further requesting that the variance be granted for a three-year period through Fiscal Year 1982/1983. This will provide the AAA with sufficient time to secure additional funds and/or to further readjust existing funds to completely eliminate the need for OPI funds for Case Management Services.

Case Management Services, as defined by the Portland/Multnomah County AAA, are those services that assist the elderly in solving their social and economic problems by preparing a plan of action, and by linking them to appropriate agencies and services. In time, the AAA believes it can secure additional funds to replace the OPI funds. In the interim, the AAA does not want to reduce the level of these services. Therefore, it is imperative that this request for a variance be granted.

Although the specific titles and definitions used by the Portland/Multnomah County AAA are different than those used by the Office of Elderly Affairs, the intent of the services is the same: to assist frail elderly to achieve and maintain dignified and independent living. In that the intent is the same, the AAA believes it is appropriate to grant the requested variance.

Planning and Service Area:

DIRECT PROVISION OF  
SOCIAL SERVICES BY THE AREA AGENCYEXHIBIT B-4  
Page 8 of 15

The Area Agency requests approval of the State Agency on Aging for direct provision of the following social service, setting forth its justification for direct provision of the service and the Title III funds and Area Agency staff involved. (This exhibit is completed for each social service directly provided by the Area Agency.)

1). Social Service:

2). Justification for Direct Provision by Area Agency:

Direct services not provided by the Area Agency on Aging.



## Planning and Service Area:

## ADVISORY COUNCIL REPRESENTATION

The following is a description of the advisory council composition in accordance with governing Federal regulations:

1. The advisory council to the Area Agency is comprised of 16 persons, including 13 older persons. The advisory council is also comprised of members of the general public and other representatives of program participants.
2. 80 % of the council membership is comprised of consumers of services under the Area Plan.
3. Older low income and older minority persons are represented on the advisory council (4, total number of older low income and older minority persons).
4. Older minority persons are represented on the advisory council at least in proportion to the number of older minority persons in the planning and service area:
 

3 % -- proportion of older minority persons to all older persons in the planning and service area

13 % -- proportion of older minority persons to total members on advisory council
5. 1 representative(s) of the nutrition project ~~xxxxxx(x)~~ is ~~(xxx)~~ represented on the advisory council to the Area Agency

The following is a listing of advisory council members and the period of their appointment to the council. Chairman is indicated by \*.

State which members are over 60 and which are professional persons in the social service field and health:

	<u>Appointed</u>	<u>Term Ends</u>
°Ester McGinnis (Chairperson)	July, 1978	6-30-82
*Fred Moser	July, 1976	6-30-81
*Vera Davis	June, 1979	6-30-82
*Maude Young	August, 1978	6-30-81
*Oscar Robbins	November, 1978	6-30-82
*°LaVerne Moore	February, 1980	6-30-80
*Baird Little	July, 1976	6-30-80
°Rev. Charles Ross	December, 1977	6-30-80
*Fausta Prator	June, 1979	6-30-81
°Vicki Schmall	March, 1979	6-30-82
*Irene Gray	February, 1980	6-30-81
*Martha Shull	February, 1980	6-30-82
*Willis Knight	February, 1980	6-30-83
*Lilly Stalsberg	August, 1978	6-30-82
*°Elfriede Schulz	April, 1976	6-30-80
*Rosetta Stone	April, 1976	6-30-80
Dianne Lopatin (Ex Officio)		

\*Over 60

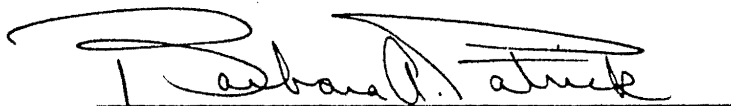
°Professional

Note: There are currently three vacancies

Planning and Service Area:

AFFIRMATIVE ACTION  
POLICY STATEMENT AND ASSURANCE

It is the policy of Human Resources Bureau, Social Services Division  
AREA AGENCY ON AGING  
\_\_\_\_\_ to provide equal employment opportunity for  
all individuals. This agency and its staff subscribe to the policy that no  
individual shall be discriminated against by reason of race, color, national  
origin, religion, disability (physical or developmental), sex, marital status,  
or age in all aspects of employment. An Affirmative Action Plan relevant to  
the above is on file at the Area Agency on Aging.



SIGNED (AAA Director)

ASSURANCE OF COMPLIANCE

ASSURANCE OF COMPLIANCE WITH THE DEPARTMENT OF  
HEALTH, EDUCATION, AND WELFARE REGULATION UNDER  
TITLE VI OF THE CIVIL RIGHTS ACT OF 1964

City of Portland, Bureau of Human Resources hereinafter called the "Applicant")  
(Name of Applicant)

HEREBY AGREES THAT it will comply with Title VI of the Civil Rights Act of 1964 (P.L., 88-352) and all requirements imposed by or pursuant to the Regulation of the Department of Health, Education, and Welfare (45 CFR Part 80) issued pursuant to that title, to the end that, in accordance with Title VI of that Act and the Regulation, no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department; and HEREBY GIVES ASSURANCE THAT it will immediately take any measures necessary to effectuate this agreement.

If any real property or structure thereon is provided or improved with the aid of Federal financial assistance extended to the Applicant by the Department, this assurance shall obligate the Applicant, or in the case of any transfer of such property, any transferee, for the period during which the real property or structure is used for a purpose for which the Federal financial assistance is extended or for another purpose involving the provision of similar services or benefits. If any personal property is so provided, this assurance shall obligate the Applicant for the period during which it retains ownership or possession of the property. In all other cases, this assurance shall obligate the Applicant for the period during which the Federal financial assistance is extended to it by the Department.

THIS ASSURANCE is given in consideration of and for the purpose of obtaining any and all Federal grants, loans, contracts, property, discounts or other Federal financial assistance extended after the date hereof to the Applicant by the Department, including installment payments after such date on account of applications for Federal financial assistance which were approved before such date. The Applicant recognizes and agrees that such Federal financial assistance will be extended in reliance on the representations and agreements made in this assurance. This assurance is binding on the Applicant, its successors, transferees, and assignees, and the person or persons whose signatures appear below are authorized to sign this assurance on behalf of the Applicant.

Dated \_\_\_\_\_

\_\_\_\_\_  
(Applicant)

BY

\_\_\_\_\_  
(President, Chairman of Board, or  
comparable authorized official)

522 S.W. Fifth Ave., 8th Floor

Portland, OR 97204

(Applicant's mailing address)

AREA AGENCY ON AGING CONTRACTORS

149809

Agency Name and Address	Service(s) to be Provided	Funding Source	Organization Status	Method of Selection (e.g., competitive bid)
Multnomah County MCCAA (Senior Adult Center) 50 N. E. Elliott Gresham, OR 97030	Counseling (case management I & II), information, referral and direct support services)	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input checked="" type="checkbox"/> Private Non-Profit <input type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
(Northeast) Hollywood Senior Center 1820 N. E. 40th Av. Portland, OR 97212	Counseling (case management I & II), information, referral and direct support services	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Open Bid
(Southeast) PACT 3534 S. E. Main Portland, OR 97214	Counseling (case management I & II), information, referral and direct support services	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
(Near-Northeast) Not yet identified	Counseling (case management I & II), information, referral and direct support services	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Open bid
(North) North Portland Rotary 7640 North Jersey Portland, OR 97203	Counseling (case management I & II), information, referral and direct support services	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
(Northwest) Friendly House 1819 N.W. Everett Portland, OR 97209	Counseling (case management, information, referral, and direct support services	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract

## AREA AGENCY ON AGING CONTRACTORS

Agency Name and Address	Service(s) to be Provided	Funding Source	Organization Status	Method of Selection (e.g., competitive bid)
(Southwest) Neighborhood House 029 S. W. Hamilton Portland, OR 97201	Counseling (case management I & II), information, referral, and direct support services.	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
(Downtown) Northwest Pilot Project 110 N. W. Third Portland, OR 97209	Counseling (case management I & II), information, referral, and direct support services.	Title III <input checked="" type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
(Native American Community) Urban Indian Council P. O. Box 3198 Portland, OR 97208	Congregate meals Access services	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input checked="" type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Negotiated bid
(Hispanic Community) COSSPO (Committee of Spanish Speaking People of Oregon) 1006 S. E. Grand Portland, OR 97214	Congregate meals Access services	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input checked="" type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Open bid
(Asian American Community) Japanese American Ancestral Society 1333 S. E. 28th Portland, OR 97214	Congregate meals Access services	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input checked="" type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Negotiated bid
(Jewish Community) Mittleman Jewish Community Center 6651 S. W. Capitol Highway Portland, OR 97219	Congregate meals Access services	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input checked="" type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Negotiated bid

## AREA AGENCY ON AGING CONTRACTORS

Agency Name and Address	Service(s) to be Provided	Funding Source	Organization Status	Method of Selection (e.g., competitive bid)
Not identified	Maintain central resource file, information and referral	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input type="checkbox"/> Private for Profit <input type="checkbox"/>	Open bid
Tri-County Metropolitan Transportation District of Oregon 4012 S. E. 17th Portland, OR 97202	One-way rides	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input checked="" type="checkbox"/> Private Non-Profit <input type="checkbox"/> Private for Profit <input type="checkbox"/>	Negotiated bid
Not, yet, identified	Homemaker services Housekeeper services; counseling (case management III)	Title III <input type="checkbox"/> OPI <input checked="" type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input type="checkbox"/> Private for Profit <input type="checkbox"/>	Open bid
Loaves & Fishes, Inc. 6125 S. E. 52nd Portland, OR 97206	Congregate and home-delivered meals	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Negotiated bid
Multnomah Bar Association 310 S. W. 4th Ave. Portland, OR 97204	Legal services	Title III <input type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/> Non Financial Agreement <input checked="" type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract
Legal Aid Service Board of Trade Bldg. 310 S. W. 4th Ave. Portland, OR 97204	Coordination of volunteer attorneys	Title III <input checked="" type="checkbox"/> OPI <input type="checkbox"/> Other <input type="checkbox"/>	Minority Agency <input type="checkbox"/> Public <input type="checkbox"/> Private Non-Profit <input checked="" type="checkbox"/> Private for Profit <input type="checkbox"/>	Continuing contract

METHODS OF GIVING PREFERENCE TO THOSE WITH GREATEST SOCIAL  
OR ECONOMIC NEED

---

Give your proposed methods for giving preference to those with greatest economic or social need in the provision of services under this plan.

These methods :

(1) Must include, but are not limited to, consideration of older persons with greatest economic need in the designation of community service areas and community focal points, as provided in 1321.95 and

(2) May not include use of a means test. A means test is the use of an older persons income or resources to deny or limit that person's receipt of services.

---

The methodology used by the Area Agency on Aging to ensure that those in greatest social or economic need are given preference in the delivery of services are four-fold:

- (1) Services selected for funding by the AAA, are, in general most needed by groups in greater social and economic need and tend to be utilized by such groups at a proportionately higher rate.
- (2) Planning and program development, especially as applied to the area-wide nutrition program, place significant emphasis on locating meal sites in geographic areas of greatest need.
- (3) The allocation of funds for district center services is weighted to give an area additional resources on the basis of the number of low-income elderly.
- (4) Inasmuch as it has been determined that the minority population of Multnomah County, because of cultural and social isolation (and associated barriers to existing services) are in greater social need, the AAA has focused on the development of nutrition projects which serve minority elderly. Also the district allocation formula is weighted for number of minorities.

SECTION C. CHARACTERISTICS OF THE PLANNING AND SERVICE AREA



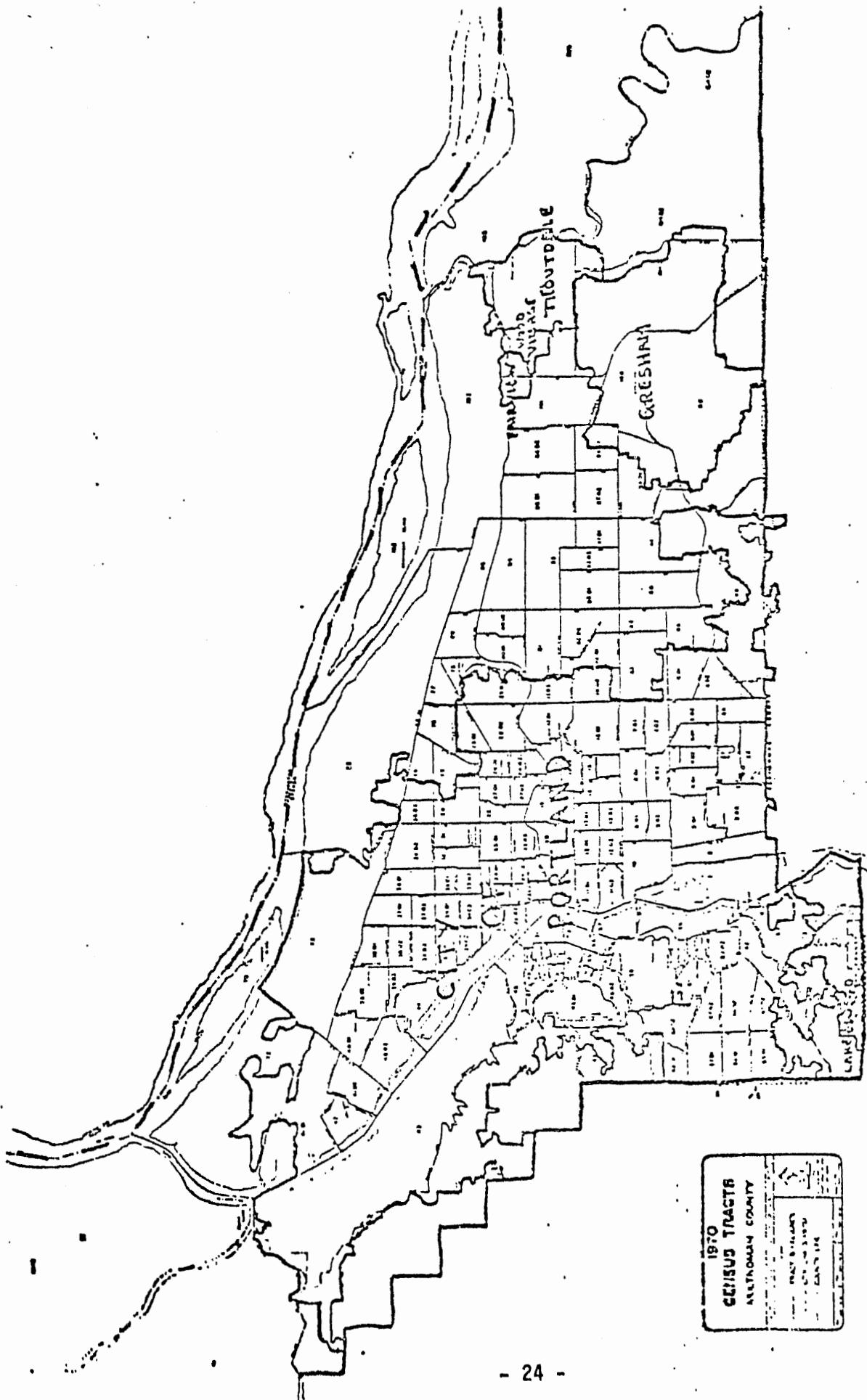
Aging Service Areas/Composite Needs

Eight aging service areas have been defined in Portland/Multnomah County. Service dollars will be allocated to aging programs in each of these eight areas in the next fiscal year based on each area's percentage of the total County need. The need units were derived by compiling six demographic indicators by census tracts for each service area.

AGING SERVICE AREAS - PORTLAND/MULTNOMAH  
Composite of Need Indicators

Area*	Population 60+	Population 75+	65+ in Poverty	65+ liv- ing Alone	65+ Minority	65+ living in group Facilities	Total Needs unit	% of County Total
East	22,963	6,515	3,191	3,703	240	65	35,200	20.79%
North- east	8,091	2,621	1,100	2,099	37	17	14,764	8.72%
South- east	24,585	8,282	4,131	6,170	358	152	43,678	25.80%
Near North- east	12,544	4,422	2,301	3,402	1,077	69	25,533	15.08%
North	11,428	2,796	1,756	2,205	147	29	17,321	10.23%
North- west	5,836	1,809	1,115	2,008	53	39	10,860	6.41%
South- west	7,079	2,057	642	1,326	35	9	11,148	6.58%
Down- town	4,972	1,706	1,155	2,561	132	281	10,807	6.39%
TOTAL -- Multnomah County	97,498	30,208	15,391	23,474	2,079	661	169,311	100.00%

MAP OF THE PLANNING AND SERVICE AREA



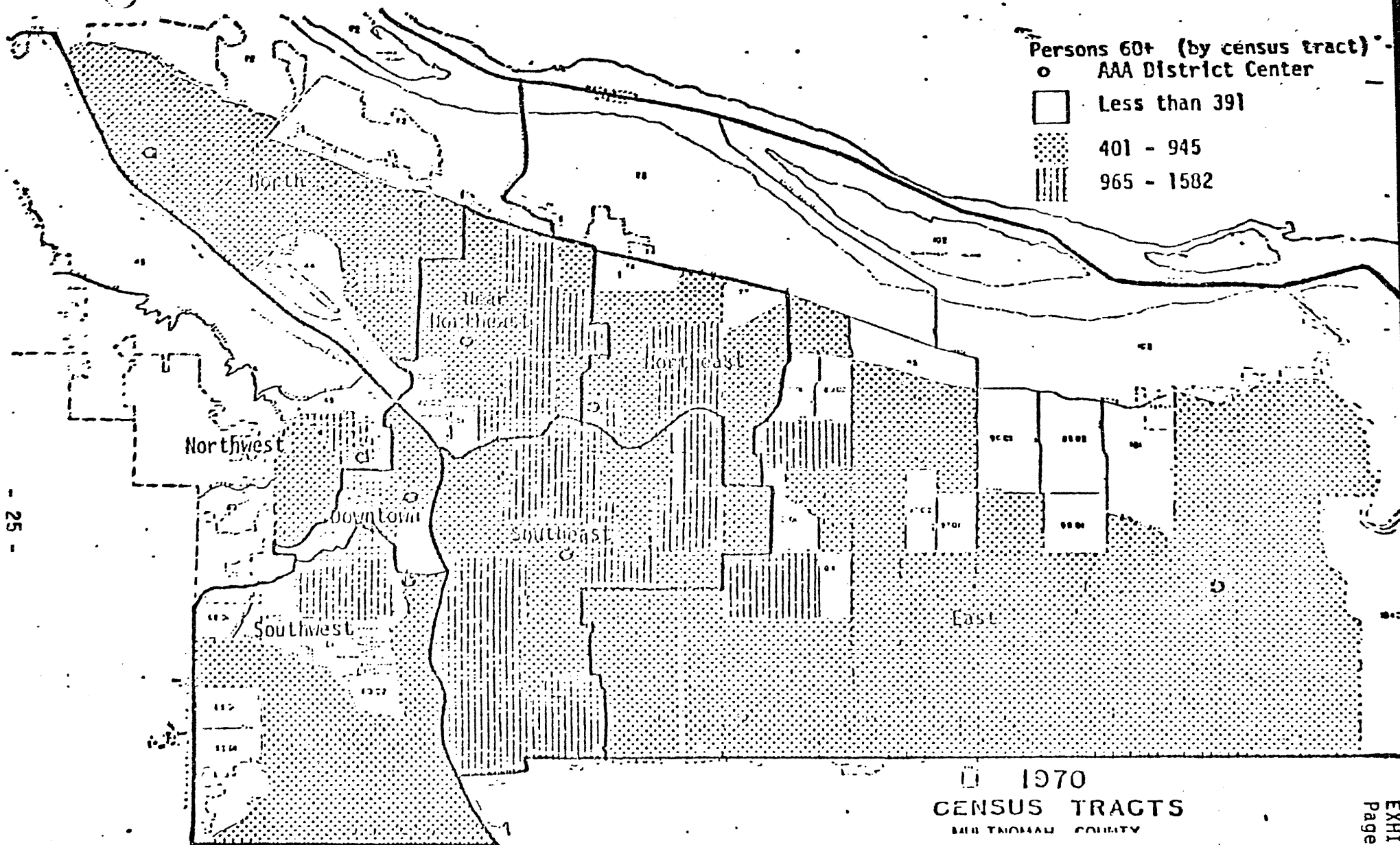
Persons 60+ (by census tract)

o AAA District Center

Less than 391

401 - 945

965 - 1582



1970  
CENSUS TRACTS  
MILL THOMAS COUNTY

149809

Census Tracts with:

Less than 391 persons 60+

Area:

East: 73, 80.01, 80.02, 82.01, 84, 92.02, 95, 96.01, 96.02, 97.01,  
98.01, 101, 102, 104.02, 105

NE: 74, 77

SE: —

N/NE: 22.01, 22.02, 23.02

NO: 44, 72

NW: 43, 45, 50, 69, 70, 71

SW: 60.01, 60.02, 61, 65.01, 66.01, 68.01, 68.02

DT: 46.02, 55, 57

401 - 945 persons 60+

Area:

East: 4.01, 4.02, 5.01, 5.02, 6.01, 6.02, 7.02, 8.02, 79, 82.02,  
85, 86, 87, 88, 89, 90, 91, 92.01, 93, 94, 97.02, 98.02, 99,  
100, 103, 104.01

NE: 17.02, 27.01, 28.01, 28.02, 29.03, 75, 76, 78

SE: 3.01, 7.01, 9.01, 9.02, 11.01, 11.02, 12.02, 13.02, 15, 16.02,  
18.01, 18.02, 21

N/NE: 23.01, 24.01, 26, 32, 33.01, 33.02, 34.01, 34.02, 36.01, 36.03,  
37.02

NO: 35.01, 35.02, 37.01, 38.01, 38.02, 39.01, 39.02, 40.01, 40.02,  
41.01, 41.02, 42

NW: 46.01

SW: 59, 62, 63, 64, 65.02, 66.02, 67.01, 67.02

DT: 51, 53, 54, 56

965 - 1582 persons 60+

Area:

East: 81, 83

NE: 27.02, 29.01, 29.02

SE: 1, 2, 3.02, 8.01, 10, 12.01, 13.01, 14, 16.01, 17.01, 19, 20

N/NE: 24.02, 25.01, 25.02, 30, 31, 36.02

NO: 38.03

NW: 47, 48, 49

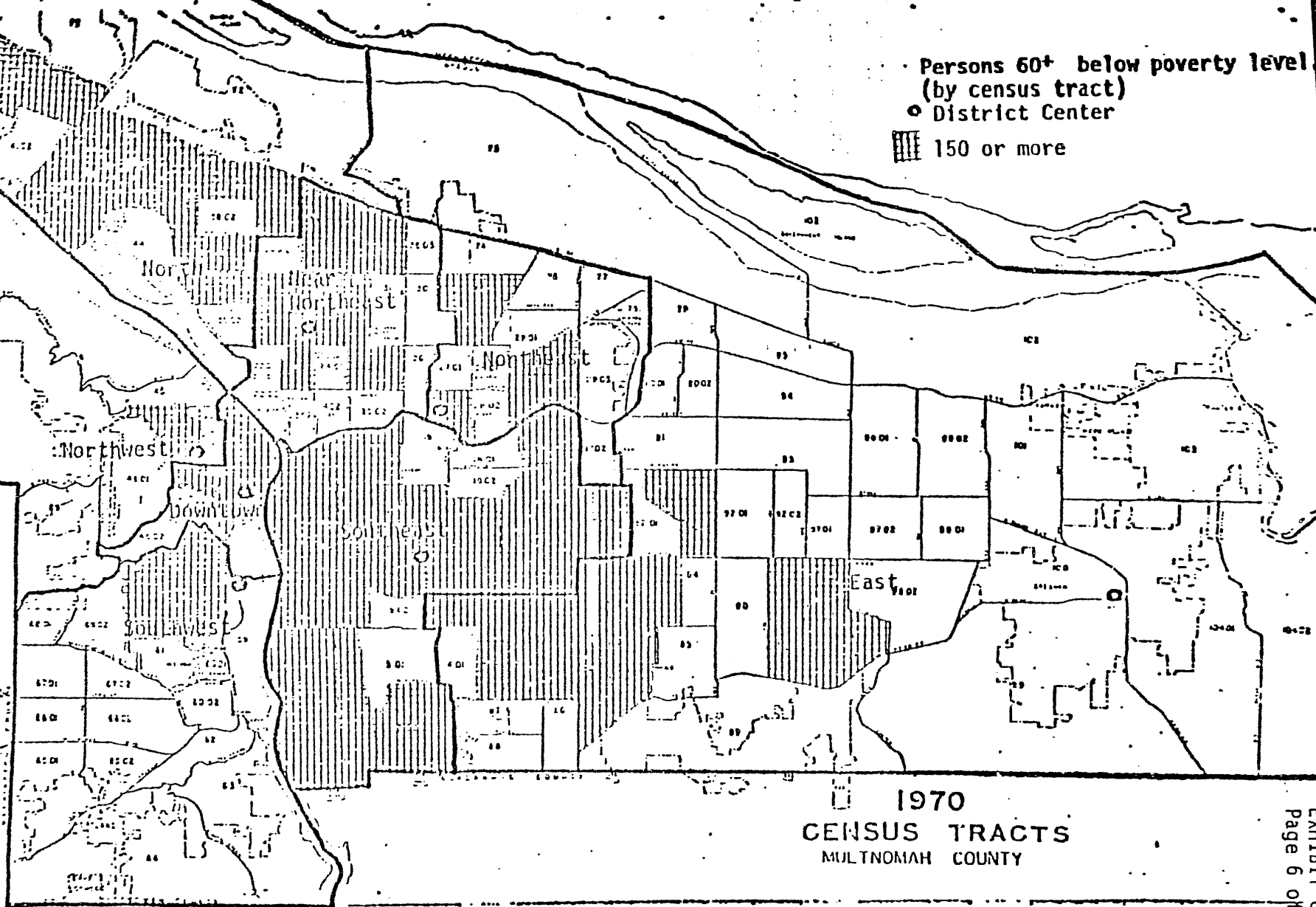
SW: 58

DT: 52

Persons 60+ below poverty level  
(by census tract)

○ District Center

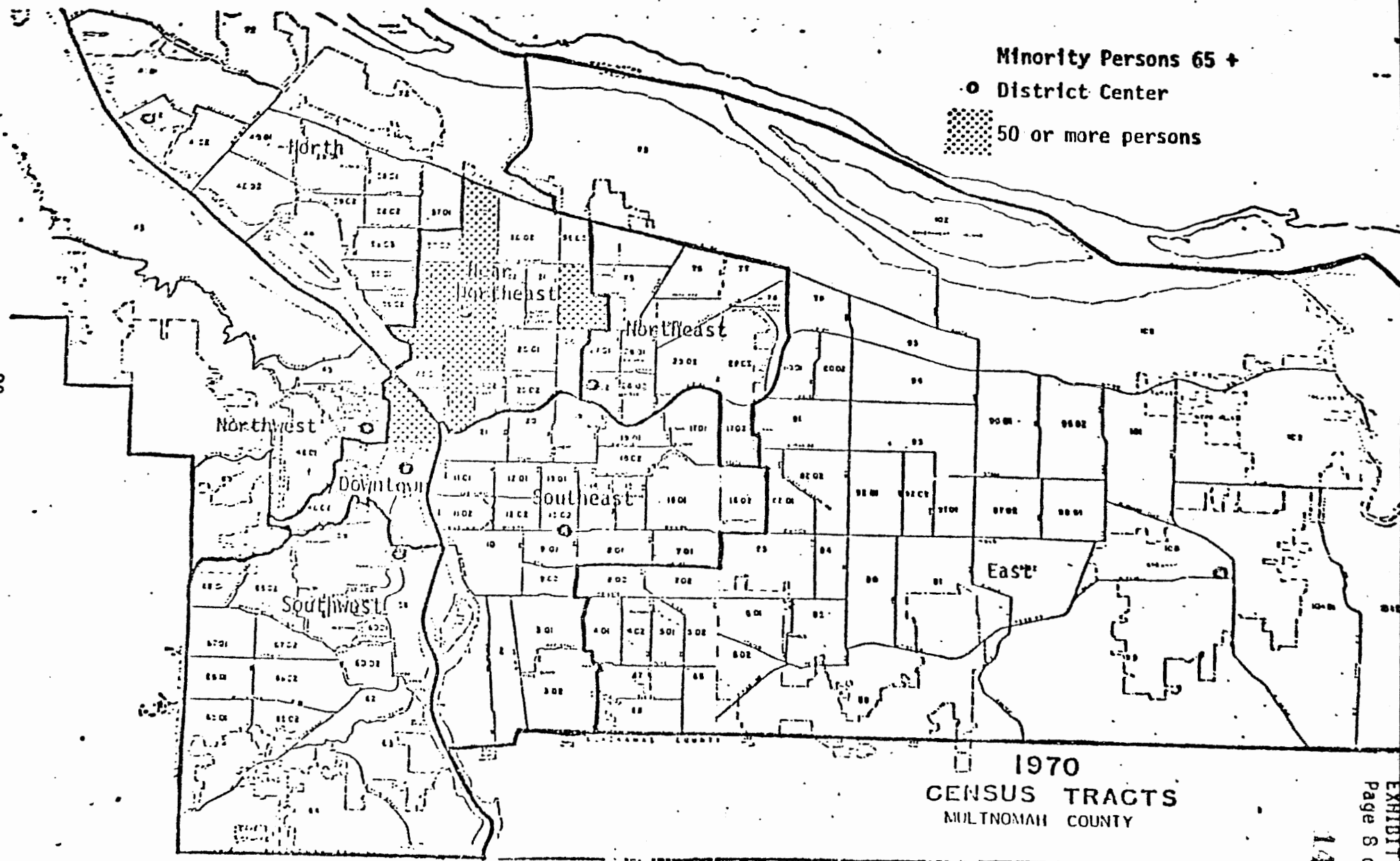
▨ 150 or more



Census Tracts with 150 or more persons 60+ below poverty level.

Area:

East: 4.02, 5.01, 5.02, 6.01, 7.02, 8.02, 82.02, 83, 91  
NE: 27.02, 29.02, 75  
SE: 1, 2, 3.02, 7.01, 8.01, 9.01, 10, 11.01, 11.02, 12.01, 12.02,  
13.01, 13.02, 14, 15, 16.01, 16.02, 17.01, 19, 20, 21  
N/NE: 23.01, 25.02, 32, 33.01, 33.02, 34.01, 34.02, 36.01, 36.02  
NO: 35.01, 37.01, 38.01, 38.02, 38.03, 39.01, 39.02, 40.01, 40.02,  
41.01  
NW: 47, 48, 49  
SW: 58  
DT: 51, 52, 53, 54, 56



1970  
CENSUS TRACTS  
MULTNOMAH COUNTY

149809

Census tracts with 50 or more minority persons 65+

Area:

East: -0-

NE: -0-

SE: -0-

N/NE: 22.01, 23.01, 23.02, 24.01, 33.01, 33.02, 34.01, 34.02,  
36.01, 36.02


NO: -0-

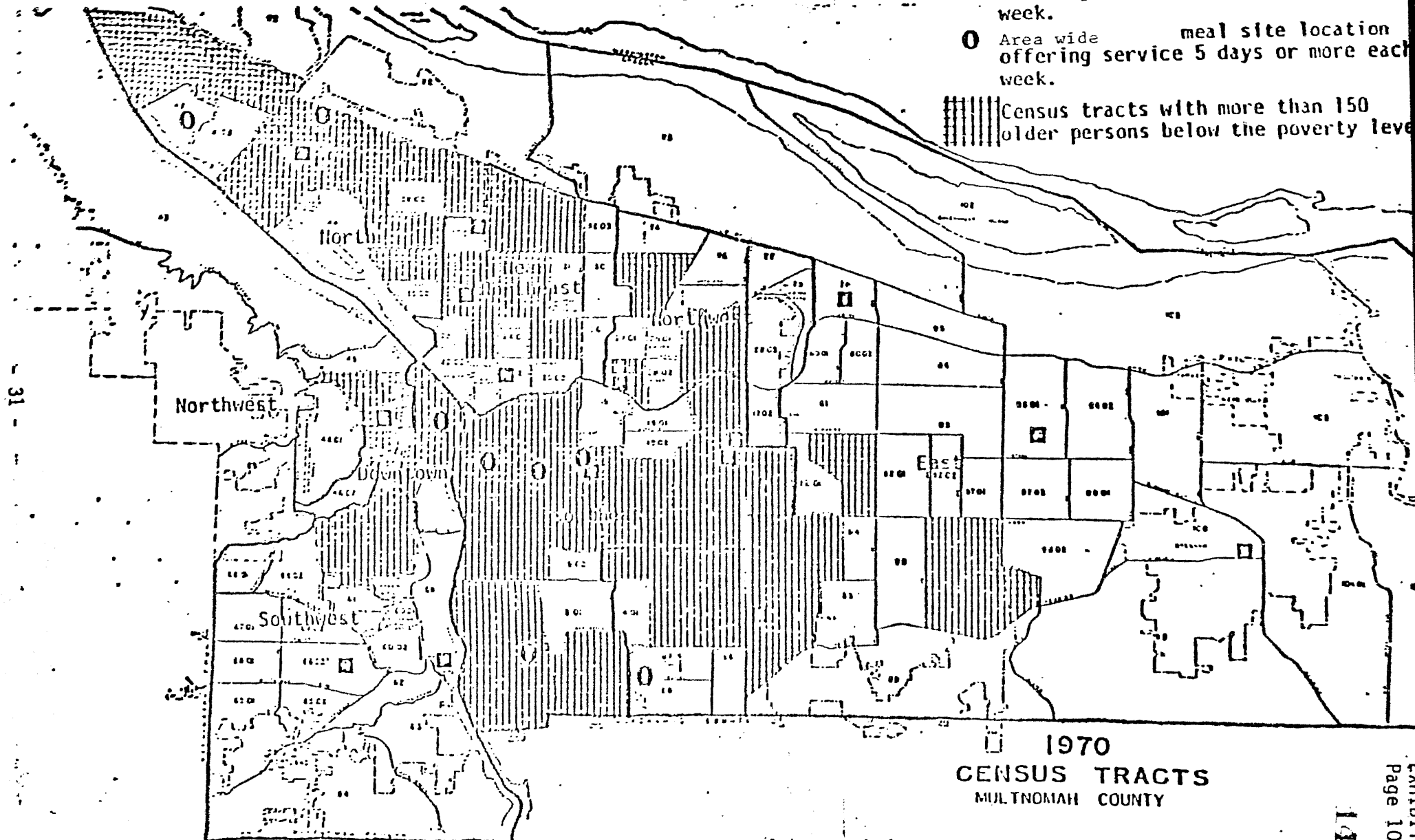
NW: -0-

SW: -0-

DT: 51

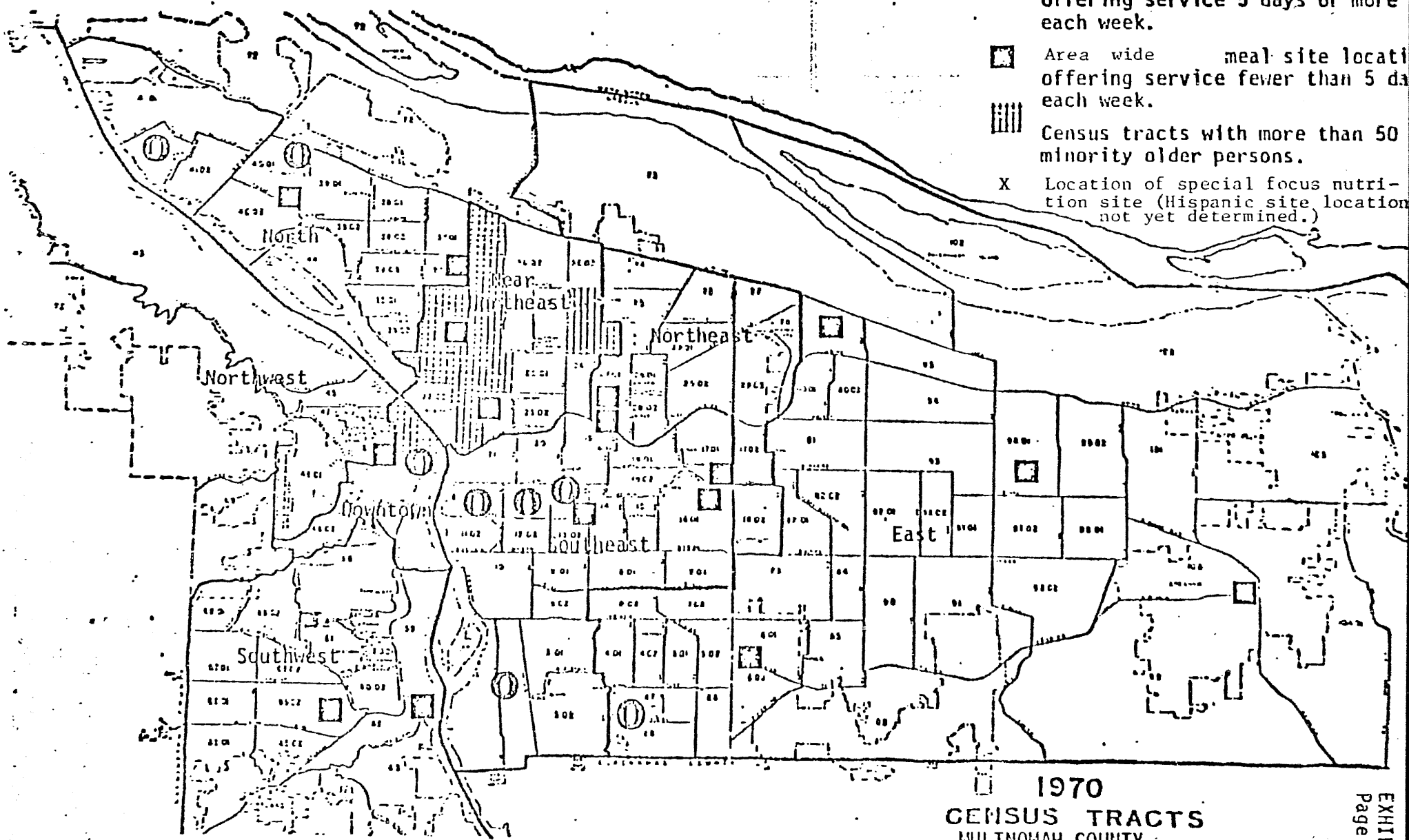


- ☒ Location of special focus nutrition site (Hispanic site location not yet determined.)
- ☐ Area wide meal site location offering service fewer than 5 days a week.
- ☐ Area wide meal site location offering service 5 days or more each week.
-  Census tracts with more than 150 older persons below the poverty level



1970  
CENSUS TRACTS  
MULTNOMAH COUNTY

- Area wide meal site location offering service 5 days or more each week.
- Area wide meal site location offering service fewer than 5 days each week.
- ▨ Census tracts with more than 50 minority older persons.
- X Location of special focus nutrition site (Hispanic site location not yet determined.)



1970  
CENSUS TRACTS  
MULTNOMAH COUNTY

## INVENTORY OF AGING PROGRAMS OPERATED BY OTHER AGENCIES

Meet the Requirements of 1321.77(e)(3)

Providers(s) Name	Service Provided		
Lambert House	Adult Day Care		
Park Forest Care Center	" " "		
Holladay Park Hospital	" " "		
Older Workers' Program	Employment		
Oregon State Employment Svc.	"		
Rent-A-Grandparent	"		
City of Portland	"		
Senior Law Project	Legal Assistance		
Good Samaritan Medical Center	Medical Screening		
Kaiser/Permanente Health Case	"Medicare Plus"		
Salvation Army	Hospital and Home Visitation		
Visiting Nurse Association	In-home nursing		
Woodland Park Mental Health	Mental health svcs.		
University of Oregon Health Sciences Center	Medical and dental		
Multnomah County Department of Human Services	Medical screening, Emergency assistnc., Chronic Disease Program, Weather- ization, Dental Clinic, Community Food and Nutrition, Detoxification, Food Stamps, Mental Health, Edgefield Manor		
Catholic Emergency Assistance	Emergency services		
FISH Emergency	" "		
Albina Action Center	" "		
William Temple House	" "		
Public Guardian and Counselor	Protective services		

## INVENTORY OF AGING PROGRAMS OPERATED BY OTHER AGENCIES

Meet the Requirements of 1321.77(e)(3)

Providers(s) Name	Service Provided		
Social Security District Ofc. ] Multnomah County Dept. of ] Human Services	Social Security Medicare, SSI		
Jewish Family	Homemaker and Counseling		
Y.W.C.A. ] Bureau of Parks and Recreation]	Recreation		
Rose City Senior Center	Nutrition and Recre- ation		
Suicide Personal Crisis Svcs.	Suicide Prevention and Counseling		
Tri-County Community Council	Food Bank, Referral Services		
Retired Senior Volunteers	Volunteer placement		
City of Portland	Crime Prevention Home security and education		
Dental Care for Seniors	Dental Care		
Portland Housing Authority	Housing Assistance		
General German Aid Society	Senior Residence		
- 34 -			

## INVENTORY OF AGING PROGRAMS OPERATED BY OTHER AGENCIES

Meet the Requirements of 1321.77(e)(3)

Providers(s) Name	Service Provided		
Near Northeast District Senior Center	] Information and ] Referral, ] Case Management, ] Discretionary Svcs., ] Services which may include: escort, recreation and edu- cation, friendly visitation, telephone reassurance		
Northeast District Center			
Southeast District Center			
Southwest District Center			
North Portland Senior Center			
Downtown Area Senior Center			
East County Senior Center			
[Note: Within the Administrative Work Plan for FY 1980-1981, AAA will assess the system to determine where and which natural communities will be designated as community focal points.]			

- 35 -

INVENTORY OF COMMUNITY SERVICE AREAS AND  
IDENTIFICATION OF DESIGNATED COMMUNITY FOCAL POINTS

Meet the Requirements of 1321.77(e)(4)

Not required per OEA-PI-80-37 dated April 3, 1980.

Community Service Area or  
Community Focal Point

Services Provided

SECTION D. AREA PLAN FOR PROGRESS TOWARD A COMPREHENSIVE,  
COORDINATED SERVICE SYSTEM FOR OLDER PERSONS

PREFACE TO THREE-YEAR AND ONE-YEAR OBJECTIVESAn Overview of the Portland/Multnomah AAA System

The core of the AAA service system is eight district centers which serve eight geographical areas in Multnomah County. These centers provide a focal point for entry into services for seniors at the community level.

Information and Referral (I&R)/Case Management

Information and Referral connects many older persons with needed services. I&R is one of the major services provided by centers. For seniors with multiple needs and severe impairments, intensive assistance is needed. In response to this population, case planning/management is provided. A trained case manager assists the older individual in his/her own home through a process of administering a needs assessment, developing a case plan and monitoring the progress toward assuring service delivery to the older individual.

This process is standardized throughout the AAA system and information is managed through a computerized client tracking system. Three major input documents include: Client Information Form, Needs Assessment Form, and Client Service Form. These components build the master files, and are updated twice monthly. Data includes basic demographic characteristics, information on client circumstances, identification of needs and services provided to meet those needs.

Information is also used for program planning, reporting and contract monitoring.

Discretionary Services

Discretionary Services are also provided by the district center. These services are tailored to specific community needs, and vary from center to center.

Area-Wide Services

District services are augmented by district-wide services, such as transportation, which is provided to individuals as part of their case plan when mobility limitation is an issue. In addition, transportation is provided to



and from nutrition sites for those requiring this service.

Other area-wide services include homemaker/housekeeper services, legal services and Case Management III services.

Area-wide nutrition services are provided in congregate settings and on an in-home basis. Special needs of minority elders are met through area-wide nutrition sites.

Legal services are provided by volunteer attorneys and this year a special project will be funded to develop and file litigation on behalf of the rights of homebound and institutionalized elders.

SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

149809

Objective #1: Title III-B - Social Services - AAA Administration

Three-Year Objective: To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; ongoing monitoring of the Title III-B Projects; system assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

One-Year Objective: To maintain the fiscal and program accountability for the period July 1, 1980, through June 30, 1981, for Title III-B funded projects through accomplishment of the following activities:

1. Prepare and submit four fiscal/program reports;
2. Prepare and submit four administrative cost reports;
3. Conduct four on-site monitoring visits per appropriate contractor;
4. Conduct monthly desk audits and contract status reports for eight contracts;
5. Complete four monitoring/assessment reports;
6. Prepare the annual plan for second funded by Title III-B.

Objective #2: Area Agency on Aging Services - Title III-B - Social Services

Three-Year Objective: To assure a continuum of care for older residents of Portland/Multnomah County by maintaining adequate staff to carry out the functions of coordination and program development through June 30, 1983.

One-Year Objective: To assure a continuum of care for older residents of Portland/Multnomah County by maintaining adequate staff to carry out the functions of coordination and program development through the completion of the following activities during the period from July 1, 1980 through June 30, 1981:

1. To provide staff support and coordination to a housing and income committee composed of community agencies and elderly consumers in the development and preparation of one report including recommendations relating to increased housing options for the elderly and increased options for economic security;
2. To prepare one summary report to the White House Conference on Aging regarding the recommendations generated from community forums;
3. Conduct four public hearings;
4. Schedule and provide staff support through monthly meetings of AAA Advisory Council.

Objective #3a: Access Services/Information (District)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of district information services in response to 82,566 requests for information and assistance by June 30, 1983.

One-Year Objective: To increase access to needed services for elderly residents through the provision of information services in eight district senior centers in response to 27,522 requests for information and assistance during the period from July 1, 1980 through June 30, 1981.

Objective #3b: Access Services/Information (Central)

Three-Year Objective: To respond to 9,000 requests for information and assistance; and to maintain a central file which contains 800 resources by June 30, 1983.

One-Year Objective: To respond to 3,000 requests for information and assistance; and to maintain a central file which contains 800 resources during the period from July 1, 1980 through June 30, 1981.

## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #4a: Access Services/Referral (District)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of 17,988 district referral services by June 30, 1983.

One-Year Objective: To increase access to needed services for elderly residents through the provision of 5,966 district referral services during the period from July 1, 1980 through June 30, 1981.

149809

Objective #4b: Access Services/Referral (Central)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of 1,080 central referral services by June 30, 1983.

One-Year Objective: To maintain access to needed services for elderly residents through the provision of 360 central referral services during the period from July 1, 1980 through June 30, 1981.

Objective #5: Access Services/Transportation

Three-Year Objective: To maintain access to available community services for mobility-limited elderly through resource development that will ensure the provision of 163,830 one-way rides to and from congregate dining sites; and 66,332 one-way rides to obtain needed social services by June 30, 1983.

One-Year Objective: To increase access to available community services and activities for mobility-limited elderly residents through the provision of 54,610 one-way rides to and from area-wide congregate dining sites for 250 individuals; and the provision of 22,444 one-way rides for 864 individuals to obtain needed social services during the period from July 1, 1980 through June 30, 1981.



149809

Objective #6: Access Services - Access (Japanese)

Three-Year Objective: To maintain access to needed services for nutrition participants of Japanese ethnic heritage through the provision of 6,240 one-way rides for elders to and from the Japanese congregate dining site; and the provision of 3,600 education and 2,880 recreational services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participants of Japanese ethnic heritage through the provision of 2,080 one-way rides for elders to and from the Japanese congregate dining site; and provision of 1,200 education and 960 recreation services for 75 individuals during the period from July 1, 1980 through June 30, 1981.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

Objective #7: Access Services - Access (Hispanic)

Three-Year Objective: To increase access to needed services for nutrition participants of Hispanic ethnic heritage through the provision of 288 escort services, 360 outreach services, 3,900 one-way rides to and from the Hispanic congregate dining site; and the development of agreements for the provision of bi-lingual information and referral services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participant elders of Hispanic ethnic heritage through the provision of 96 escort services, 120 outreach services, 1,300 one-way rides to and from the Hispanic congregate dining site; and the development of agreements for the provision of bi-lingual information and referral services for 120 individuals during the period from July 1, 1980 through June 30, 1981.

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

Objective #8: Access Services - Access (Jewish)

Three-Year Objective: To develop access to needed services for nutrition participant elders of Jewish heritage through the provision of 21,150 one-way rides to and from the congregate dining site, 180 education services and 240 recreation services by June 30, 1983.

One-Year Objective: To provide access to needed services for nutrition participant elders of Jewish heritage through the provision of 7,170 one-way rides to and from the congregate dining site, 60 education services and 80 recreation services for 50 individuals during the period August 15, 1980 through June 30, 1981.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

149809

Objective #9: Access Services - Access (Native American)

Three-Year Objective: To maintain access to needed services for nutrition participant elders of Native American heritage through the provision of 3,600 one-way rides to and from congregate dining sites; 600 information and 600 referral services, and 696 escort services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participants of Native American heritage through the provision of 1,200 one-way rides to and from congregate dining sites; 200 information and referral services; and 232 escort services during the period from July 1, 1980 through June 30, 1981.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

Objective #10: In-Home Services - Counseling (Case Management I)

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 45,720 counseling (Case Management I) services by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 15,240 counseling (Case Management I) services to 1,688 individuals during the period from July 1, 1980 through June 30, 1981.

Objective #11: Personal Advocate - Legal

Three-Year Objective: To increase the availability of legal services among the elderly by enlisting 90 volunteer attorneys to provide legal services for 1,644 elderly in senior centers by June 30, 1983.

One-Year Objective: To increase the availability of legal services among the elderly by enlisting 90 volunteer attorneys to provide legal services for 548 low-income elderly in senior centers; and through a full-time attorney, prepare and file an impact litigation on behalf of institutionalized elders during the period from July 1, 1980 through June 30, 1981.

149809

## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #12: Title III-C-1 Nutrition (Congregate) - AAA Administration

Three-Year Objective: To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; on-going monitoring of Title III-C-1 Projects; systems assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

One-Year Objective: To maintain the fiscal and program accountability for the period July 1, 1980 through June 30, 1981 for Title III-C-1 Projects through the accomplishment of the following activities:

1. Preparation and submission of four fiscal/program reports;
2. Preparation and submission of four administrative cost reports;
3. Conduction of four on-site monitoring visits per appropriate contractor;
4. Conduction of 60 desk audits and contract status reports for five nutrition contracts;
5. Completion of four monitoring/assessment reports;
6. Preparation of the annual plan for section funded by Title III-C-1;
7. Preparation of the required U.S.D.A. reports for five nutrition contracts;
8. Development of a packet of training materials on nutrition for use in congregate dining facilities;
9. Development of a long-range plan for nutrition for elders of Portland/Multnomah County, including provision for site selection.

Objective #13: Congregate Dining (Area-wide)

Three-Year Objective: To increase sound nutrition habits among the elderly by providing 527,998 nutritionally balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among the elderly by providing 172,666 nutritionally balanced meals to 3,500 persons in a congregate setting during the period from July 1, 1980 through June 30, 1981.



Objective #14: Congregate Meals/Congregate Dining (Japanese)

Three-Year Objective: To increase sound nutrition habits among the elderly of Japanese ethnic heritage experiencing greatest social and economic need by providing 24,960 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among the elderly of Japanese ethnic heritage experiencing greatest social and economic need by providing 8,320 nutritionally-balanced meals to 75 elders in a congregate setting during the period from July 1, 1980 through June 30, 1982.

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

Objective #16: Congregate Meals/Congregate Dining (Jewish)

Three-Year Objective: To increase sound nutrition habits among elders of Jewish heritage in greatest social and economic need by providing 22,080 meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Jewish heritage in greatest social and economic need by providing 7,360 nutritionally-balanced meals for 32 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

---

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR PLAN OBJECTIVES

Objective #15: Congregate Meals/Congregate Dining (Hispanic)

Three-Year Objective: To increase sound nutrition habits among the elders of Hispanic ethnic heritage experiencing greatest social and economic need by providing 21,440 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Hispanic ethnic heritage in greatest social and economic need by developing a congregate meal site to provide 8,375 nutritionally-balanced meals to 35 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

Objective #17: Congregate Meals/Congregate Dining (Native American)

Three-Year Objective: To increase sound nutrition habits among elders of Native American heritage experiencing greatest social and economic need by providing 24,660 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Native American heritage in greatest social and economic need by providing 4,650 meals to 50 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #18: Title III-C-2 Nutrition (Home Delivered) - Program Management

Three-Year Objective: To increase sound nutrition habits among homebound elderly through the delivery of 626,778 nutritionally-balanced meals by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among homebound elders through the delivery of 208,926 nutritionally balanced meals to 1,800 individuals in their homes during the period from July 1, 1980 through June 30, 1981.

Objective #19: Oregon Project Independence/AAA Administration

Three-Year Objective: To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; on-going monitoring of the Oregon Project Independence Projects; system assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

One-Year Objective: To maintain the fiscal and program accountability for the period from July 1, 1980 through June 30, 1981 for the Oregon Project Independence Projects by the accomplishment of the following activities:

1. Preparation and submission of four fiscal/program reports;
2. Preparation and submission of four administrative cost reports;
3. Conduction of four on-site monitoring visits per appropriate contractor;
4. Conduction of desk audits as required;
5. Completion of monitoring/assessment reports as required;
6. Preparation of the annual plan section funded by Oregon Project Independence;
7. Preparation and submission of Oregon Project Independence reports.

## Planning and Service Area

## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #20: In-Home Services/Counseling (Case Management II)

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing counseling services/Case Management II for 1,692 individuals by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing counseling services/Case Management II for 564 individuals during the period from July 1, 1980 through June 30, 1981.

SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #21: In-Home Services/Counseling (Case Management III/Protective Services)

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 13,379 hours of counseling (Case Management III) by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 4,493 hours of counseling (Case Management III) for 108 individuals during the period from July 1, 1980 through June 30, 1981.



## SUMMARY LISTING OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective # 22: In-Home Services/Homemaker

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 66,804 hours of homemaker services by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 22,268 hours of homemaker services during the period from July 1, 1980 through June 30, 1981.

Objective #23: In-Home Services/Housekeeper

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 40,983 hours of housekeeper services by June 30, 1983.

One-Year Objective: To maintain independent and dignified living among frail elderly by providing 22,268 hours of housekeeper services for 180 individuals during the period from July 1, 1980 through June 30, 1981.

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #1: Title III-B - Social Services - AAA Administration

**Three-Year Objective:** To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; ongoing monitoring of the Title III-B Projects; system assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

**One-Year Objective:** To maintain the fiscal and program accountability for the period July 1, 1980, through June 30, 1981, for Title III-B funded projects through accomplishment of the following activities:

1. Prepare and submit four fiscal/program reports;
2. Prepare and submit four administrative cost reports;
3. Conduct four on-site monitoring visits per appropriate contractor;
4. Conduct monthly desk audits and contract status reports for eight contracts;
5. Complete four monitoring/assessment reports;
6. Prepare the annual plan for second funded by Title III-B.

**Objective Narrative:** The City of Portland, as the Area Agency on Aging, is responsible for maintaining fiscal and programmatic accountability within local, state and federal guidelines. Categories of activities include:

- 1) Personnel management to assure adequate staffing to carry out mandated functions;
- 2) Maintenance of a system of fiscal accountability, assuring effective and efficient receipt and expenditure of funds;
- 3) Implementation of contracting procedures to assure quality delivery of services;
- 4) Maintenance of fiscal and programmatic auditing procedures to assure accountability within guidelines;
- 5) Maintain an adequate reporting system capable of producing timely and accurate required program and financial reports.

This objective was selected to ensure the effective and efficient administration of the area plan.

---

Objective #2: Area Agency on Aging Services - Title III-B - Social Services

Three-Year Objective: To assure a continuum of care for older residents of Portland/Multnomah County by maintaining adequate staff to carry out the functions of coordination and program development through June 30, 1983.

One-Year Objective: To assure a continuum of care for older residents of Portland/Multnomah County by maintaining adequate staff to carry out the functions of coordination and program development through the completion of the following activities during the period from July 1, 1980 through June 30, 1981:

1. To provide staff support and coordination to a housing and income committee composed of community agencies and elderly consumers in the development and preparation of one report including recommendations relating to increased housing options for the elderly and increased options for economic security;
  2. To prepare one summary report to the White House Conference on Aging regarding the recommendations generated from community forums;
  3. Conduct four public hearings;
  4. Schedule and provide staff support through monthly meetings of AAA Advisory Council.
- 

Objective Narrative: Assuring that AAA services and other community services are maximally responsive to the real needs of older people is at the core of the AAA's responsibility.

In operationalizing this objective, the AAA will have a dual focus. First, to assess the service system community-wide through analysis of critical issue areas pertinent to the elderly. This will provide direction in the establishment of a continuum of care, i.e., a system of services which allows flexibility for the elderly in receiving the level of care that is most appropriate to their needs. Second, to involve the community, through hearings and the Advisory Council, in the allocation of the AAA's own resources. Through these citizen participation processes, the AAA will continue to be open to the widest possible cross-section of ideas and approaches in addressing the problems of older people.

Objective #3a: Access Services/Information (District)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of district information services in response to 82,566 requests for information and assistance by June 30, 1983.

One-Year Objective: To increase access to needed services for elderly residents through the provision of information services in eight district senior centers in response to 27,522 requests for information and assistance during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A major barrier preventing many older persons from obtaining needed health and social services is the lack of knowledge needed to identify and gain access to available community resources.

Information services give the elderly current knowledge of the opportunities available in the community to meet their needs.

In order to make this readily available, community-based neighborhood centers will provide information services. Current information on neighborhood and county-wide services are provided by district centers.

The AAA contracts with a community agency to provide an updated central resource file assures updated information for providers at the district centers.

Objective #3b: Access Services/Information (Central)

Three-Year Objective: To respond to 9,000 requests for information and assistance; and to maintain a central file which contains 800 resources by June 30, 1983.

One-Year Objective: To respond to 3,000 requests for information and assistance; and to maintain a central file which contains 800 resources during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A major barrier preventing many older persons from obtaining needed health and welfare services is the lack of knowledge needed to identify and gain access to available community resources. In most cases, the problem which exists for seniors, as for the needy population as a whole, is not lack of services, but that services are many and fragmented.

A related problem is inadequate coordination among various social service agencies which hampers effective utilization of resources. This problem is attested by overlaps in service, agency names which are confusingly similar, varied eligibility criteria, including geographic criteria, all of which represent an unintelligible maze to the older person in need.

The provision of information services is critical to giving elders current knowledge of opportunities and services which are available in the community to meet their needs. Furthermore, there is a critical need to continually update and expand resource files of services available in the community.

In order to maintain a current resource file which is available to other agencies serving the elderly and provide additional information services, the AAA has selected this objective to maintain the service level to elders in Portland/Multnomah County.

This objective will be achieved through a contract with an agency, yet to be selected. The agency will provide this service through a central telephone number.

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective #4a: Access Services/Referral (District)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of 17,988 district referral services by June 30, 1983.

One-Year Objective: To increase access to needed services for elderly residents through the provision of 5,966 district referral services during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A major barrier preventing many older persons from obtaining needed health and welfare services is the lack of knowledge needed to identify and gain access to available community resources. In most cases, the problem which exists for seniors as for the needy population as a whole is not lack of services, but that services are many and fragmented.

A related problem is inadequate coordination among various social service agencies which hampers effective utilization of resources. This problem is attested by overlaps in service, agency names which are confusingly similar, varied eligibility criteria, including geographic criteria, all of which represent an unintelligible maze to the older person in need.

The provision of referral services is critical to insure that elders are placed in contact with appropriate services and that follow-up occurs to insure that the older person received those services.

In providing referrals to services which are County-wide, as well as those unique to neighborhoods in Multnomah County, the Area Agency has selected district contractors to provide referral services.

This objective will be achieved through contracts with Friendly House, Neighborhood House, Peninsula Project ABLE, MCCA, Northwest Pilot Project, Hollywood Senior Center, PACT, Inc., and a contractor to be determined.

149809

Objective #4b: Access Services/Referral (Central)

Three-Year Objective: To maintain access to needed services for elderly residents through the provision of 1,080 central referral services by June 30, 1983.

One-Year Objective: To maintain access to needed services for elderly residents through the provision of 360 central referral services during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A major barrier preventing many older persons from obtaining needed health and welfare services is the lack of knowledge needed to identify and gain access to available community resources. In most cases, the problem which exists for seniors as for the needy population as a whole is not lack of services, but that services are many and fragmented.

A related problem is inadequate coordination among various social service agencies which hampers effective utilization of resources. This problem is attested by overlaps in service, agency names which are confusingly similar, varied eligibility criteria, including geographic criteria, all of which represent an unintelligible maze to the older person in need.

The provision of referral services is critical to insure that elders are placed in contact with appropriate services and that follow-up occurs to insure that the older person receives those services. To augment referral services at the district level by providing a central referral component, the AAA has selected this objective to maintain the service level to elders in Portland/Multnomah County.

This objective will be achieved through a contract with an agency yet to be selected. The agency will provide this service through a central telephone number.



STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #5: Access Services/Transportation

Three-Year Objective: To maintain access to available community services for mobility-limited elderly through resource development that will ensure the provision of 163,830 one-way rides to and from congregate dining sites; and 66,332 one-way rides to obtain needed social services by June 30, 1983.

One-Year Objective: To increase access to available community services and activities for mobility-limited elderly residents through the provision of 54,610 one-way rides to and from area-wide congregate dining sites for 250 individuals; and the provision of 22,444 one-way rides for 864 individuals to obtain needed social services during the period from July 1, 1980 through June 30, 1981.

---

Objective Narrative: Inadequate transportation services limit elderly persons in the utilization of available community services and resources and heighten the social isolation often experienced with increasing age. The Urban Mass Transit Administration has identified the cost of obtaining transportation services, the availability of appropriate services, and the physical demands made on passengers by the design of transportation facilities as three major barriers to transportation among the elderly. Elderly persons who become isolated from community services and activities because of lack of transportation may suffer from neglect or may be institutionalized at a higher cost to the community.

Based on a 1976 public survey, it is estimated that there are 13,186 elderly persons who live within the Portland city limits who have significant interference with mobility. Cost of transportation services may be a barrier to an estimated 18,004 residents age 65 or older who have incomes below 125% of the poverty level.

Elderly persons with mobility limitations need curb-to-curb special transportation services to enable them to shop and carry out other tasks necessary to independent living, to utilize health and other needed community services, and to participate in a wide array of community activities.

This objective was selected in response to felt needs in the community as expressed by the Advisory Committee on Aging and through testimony at public hearings. It will be achieved through a contract with Tri-County Metropolitan Transit District.

Transportation services will be provided for case management as a part of the case plan, developed by case managers. The nutrition transportation will be provided for individuals requiring this service to and from congregate meal sites.

STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #6: Access Services - Access (Japanese)

Three-Year Objective: To maintain access to needed services for nutrition participants of Japanese ethnic heritage through the provision of 6,240 one-way rides for elders to and from the Japanese congregate dining site; and the provision of 3,600 education and 2,880 recreational services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participants of Japanese ethnic heritage through the provision of 2,080 one-way rides for elders to and from the Japanese congregate dining site; and provision of 1,200 education and 960 recreation services for 75 individuals during the period from July 1, 1980 through June 30, 1981.

---

Objective Narrative: A major barrier inhibiting participation by older persons in needed social, health, and welfare services is the lack of available mechanisms to facilitate access. This can be especially problematic for minority elderly where the language, religious, and cultural differences exacerbate the already considerable problems of access. Lack of awareness of available services, lack of mobility, and feelings of confusion and insecurity highlight the need for access services for the elderly.

In developing the nutrition program for Japanese American elders, the AAA has defined a clearcut need for services which facilitate access. Transportation and recreation and education events will encourage and enable elderly Japanese Americans to participate in needed service programs.

This objective was selected to maintain services to Japanese elders responsive to needs identified by the Japanese community. It will be achieved through a contract with the Japanese Ancestral Society.

This service will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other AAA services as required.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #7: Access Services - Access (Hispanic)

Three-Year Objective: To increase access to needed services for nutrition participants of Hispanic ethnic heritage through the provision of 288 escort services, 360 outreach services, 3,900 one-way rides to and from the Hispanic congregate dining site; and the development of agreements for the provision of bi-lingual information and referral services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participant elders of Hispanic ethnic heritage through the provision of 96 escort services, 120 outreach services, 1,300 one-way rides to and from the Hispanic congregate dining site; and the development of agreements for the provision of bi-lingual information and referral services for 120 individuals during the period from July 1, 1980 through June 30, 1981.

---

Objective Narrative: A major barrier inhibiting participation by older persons in needed social, health and welfare services is the lack of available mechanisms to facilitate access. This can be especially problematic for minority elderly where language, religious, and cultural differences accelerate the already considerable problems of access. Lack of awareness of available services, lack of mobility, and feelings of confusion and insecurity highlight the need for access services for the elderly.

In developing the nutrition program for the Hispanic elders, the AAA has defined a clear cut need for services which facilitate access; transportation, escort and outreach services which will encourage and enable Hispanic elders to participate in this program.

This objective was selected to maintain services to Hispanic elders responsive to needs identified by the Hispanic community. It will be achieved through a contract with the Community of Spanish Speaking People of Oregon. In addition, this contract will provide for the development of bi-lingual information and referral services which specifically address the needs of Hispanic elders.

---

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #8: Access Services - Access (Jewish)

Three-Year Objective: To develop access to needed services for nutrition participant elders of Jewish heritage through the provision of 21,150 one-way rides to and from the congregate dining site, 180 education services and 240 recreation services by June 30, 1983.

One-Year Objective: To provide access to needed services for nutrition participant elders of Jewish heritage through the provision of 7,170 one-way rides to and from the congregate dining site, 60 education services and 80 recreation services for 50 individuals during the period August 15, 1980 through June 30, 1981.

---

Objective Narrative: A major barrier inhibiting participation by older persons in needed social, health and welfare services is the lack of available mechanisms to facilitate access. This can be especially problematic for minority elderly where language, religious, and cultural differences accelerate the already considerable problems of access. Lack of awareness of available services, lack of mobility, and feelings of confusion and insecurity highlight the need for access services for the elderly.

In developing the nutrition program for Jewish elderly, the AAA has defined a clear cut need for services which facilitate access; transportation, recreation and education events which will encourage and enable Jewish elderly to participate in this program.

This objective was selected in order to increase the service level to Jewish elders in Portland/Multnomah County. The Jewish community presented evidence of need for a meal program for Jewish elders and requested AAA support to complement social activities already available. It will be achieved through a contract with the Mittleman Jewish Community Center.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

Objective #9: Access Services - Access (Native American)

Three-Year Objective: To maintain access to needed services for nutrition participant elders of Native American heritage through the provision of 3,600 one-way rides to and from congregate dining sites; 600 information and 600 referral services, and 696 escort services by June 30, 1983.

One-Year Objective: To increase access to needed services for nutrition participants of Native American heritage through the provision of 1,200 one-way rides to and from congregate dining sites; 200 information and referral services; and 232 escort services during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A major barrier inhibiting participation by older persons in needed social, health and welfare services is the lack of available mechanisms to facilitate access. This can be especially problematic for minority elderly where language, religious and cultural differences accelerate the already considerable problems of access. Lack of awareness of available services, lack of mobility, and feelings of confusion and insecurity highlight the need for access services for the elderly.

In developing the nutrition program for Native American elders, the AAA has defined a clear cut need for services which facilitate access; transportation, recreation, and educational events will encourage and enable elderly Native Americans to participate in the needed service programs.

This objective was selected to maintain services to Native American elders responsive to needs identified by the Urban Native American community. It will be achieved through a contract with the Urban Indian Council. In addition, this contract will provide for the development of linkages with information and referral services which specifically address the needs of Native American elders.

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

Objective #10: In-Home Services - Counseling (Case Management I)

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 45,720 counseling (Case Management I) services by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 15,240 counseling (Case Management I) services to 1,688 individuals during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Elderly persons often experience a wide array of problems related to the physical and financial decline associated with old age in our society. Many elderly persons who remain in their own homes suffer from neglect because they do not utilize available community resources to meet their needs. Others who are institutionalized could be provided essential services in their own homes at a lower cost to the community.

In Portland/Multnomah County, one third of residents aged 65+ and live alone; approximately 22% of individuals 65+ have income below poverty lines (this figure would be greater if adjusted for inflation); 20% of residents have disabilities so serious as to make them homebound or able to get outside with difficulty; 19% of the County's residents are over age 60. Counseling (case management I) services solve elders' problems through extended referral in which professionals or paraprofessionals apply their knowledge to problems presented by clients. They give direct guidance and assistance in the utilization of needed health and social services, and/or assist clients to recognize and institute personal change that will lead to a more satisfactory life.

Counseling (case management I) is provided for individuals showing a need for ongoing maintenance services and periodic monitoring to prevent development of more serious problems which would threaten independent living.

This objective was selected to maintain case management services to elders in Portland/Multnomah County, and will be achieved through contracts with eight district centers.

Objective #11: Personal Advocate - Legal

Three-Year Objective: To increase the availability of legal services among the elderly by enlisting 90 volunteer attorneys to provide legal services for 1,644 elderly in senior centers by June 30, 1983.

One-Year Objective: To increase the availability of legal services among the elderly by enlisting 90 volunteer attorneys to provide legal services for 548 low-income elderly in senior centers; and through a full-time attorney, prepare and file an impact litigation on behalf of institutionalized elders during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: A 1975 survey by the American Bar Foundation Bureau of Social Science Research reports that 23% of the elderly poor need a lawyer. Applied to 1970 Multnomah County Census data, an estimated 4,870 low income elders over 60 require legal services. In 1975, Multnomah County Legal Aid records show that 635 clients were aged 65 or older. Approximately 4,200 individuals require legal services to meet the established need.

A study by the National Senior Citizens Law Center in 1975 cited confusion and limited transportation as two barriers to older people in making appropriate utilization of legal services. This may be attributed to the priorities, types of services offered by Legal Aid (restricted because of funding limitations), difficulty for older people to reach Legal Aid offices and lack of knowledge and acceptance by older people of Legal Aid services.

Legal Aid services are greatly under-utilized by older people in Portland/Multnomah County (8% of Legal Aid clients are 65 or older compared with 34% of low income persons age 60 or older in the general population).

Legal services which meet the range of legal problems experienced by low income older persons will be provided in locations reasonably convenient and comfortable for older persons.

The objective was selected to maintain legal services to elders in the community and to expand the opportunity to institutionalized elders in accordance with the emphasis in the 1978 amendments to the Older Americans Act. This is responsive to felt needs in the community as expressed by the Advisory Committee on Aging and through testimony at public hearings. It will be achieved through a contract with Legal Aid and a non-financial agreement with the Multnomah Bar.

Objective #12: Title III-C-1 Nutrition (Congregate) - AAA Administration

Three-Year Objective: To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; ongoing monitoring of Title III-C-1 Projects; systems assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

One-Year Objective: To maintain the fiscal and program accountability for the period July 1, 1980, through June 30, 1981, for Title III-C-1 Projects through the accomplishment of the following activities:

1. Prepare and submit four fiscal/program reports;
2. Prepare and submit four administrative cost reports;
3. Conduct four on-site monitoring visits per appropriate contractor;
4. Conduct 60 desk audits and contract status reports for five nutrition contracts;
5. Complete four monitoring/assessment reports;
6. Prepare the annual plan for section funded by Title III-C-1;
7. Prepare the required U.S.D.A. reports for five nutrition contracts;
8. Develop a packet of training materials on nutrition for use in congregate dining facilities;
9. Develop a long-range plan for nutrition for elders of Portland/Multnomah County, including provision for site selection.

Objective Narrative: The City of Portland, as the Area Agency on Aging, is responsible for maintaining fiscal and programmatic accountability within local, state and federal guidelines. Categories of activities include:

- 1) Personnel management to assure adequate staffing to carry out mandated functions;
- 2) Maintenance of a system of fiscal accountability, assuring effective and efficient receipt and expenditure of funds;
- 3) Implementation of contracting procedures to assure quality delivery of services;
- 4) Maintenance of fiscal and programmatic auditing procedures to assure accountability within guidelines;
- 5) Maintain an adequate reporting system capable of producing timely and accurate required program and financial reports.

This objective was selected to ensure the effective and efficient administration of the area plan.



Objective #13: Congregate Dining (Area-wide)

Three-Year Objective: To increase sound nutrition habits among the elderly by providing 527,998 nutritionally balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among the elderly by providing 172,666 nutritionally balanced meals to 3,500 persons in a congregate setting during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Poor nutrition habits among the elderly, in conjunction with other physical, social and economic changes associated with increasing age may result in a pattern of living which causes malnutrition and loss of normal independent functioning. Many elderly persons do not eat adequately because 1) they cannot afford to do so, (or) 2) they lack the knowledge and/or skills to select and prepare nourishing and well-balanced meals, 3) they have feelings of rejection and loneliness which obliterate the incentive necessary to prepare and eat a meal alone.

National priorities have established that persons with social and economic needs are in greater need of services. 1970 census data shows that in Multnomah County there are 97,498 persons aged 60 and older. Of these aged 65 and older, 23,747 live alone; 2,079 are minority, and 21,096 have incomes below 125% of poverty level (Older Oregonians' Universe 1974). The 1970 Project Find national survey shows that 31% of the elderly reported they could not prepare their own meals without assistance. To promote better health through improved nutrition there is a need to provide low cost nutritionally sound meals in strategically placed centers.

This objective was selected to maintain services responsive to felt needs in the community as expressed by the Advisory Committee on Aging and through testimony at public hearings. It will be achieved through a contract with Loaves and Fishes Centers, Inc.

STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #14: Congregate Meals/Congregate Dining (Japanese)

Three-Year Objective: To increase sound nutrition habits among the elderly of Japanese ethnic heritage experiencing greatest social and economic need by providing 24,960 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among the elderly of Japanese ethnic heritage experiencing greatest social and economic need by providing 8,320 nutritionally-balanced meals to 75 elders in a congregate setting during the period from July 1, 1980 through June 30, 1982.

---

Objective Narrative: Poor nutrition habits among the elderly, in conjunction with other physical, social and economic changes associated with increasing age, may result in a pattern of living which causes malnutrition and loss of normal independent functioning. Many elderly persons do not eat adequately because 1) they cannot afford to do so; (or) 2) they lack the knowledge and/or skill to select and prepare nourishing and well-balanced meals; (or) 3) they have limited mobility which may impair their capacity to shop and cook for themselves; (or) 4) they have feelings of rejection and loneliness which obliterates the incentive necessary to prepare and eat a meal alone.

According to national priorities, preference for AAA services is given to older persons with greatest economic or social need. A sample of Japanese American elders in Portland/Multnomah County revealed 162 persons living below the poverty level, reflecting a clear need for low cost nutritious meals. Further evidence of need is reflected in the survey in the numbers of elderly Japanese Americans who do not currently eat three meals a day, who live alone, and have mobility problems. In addition, English is a second language for many Japanese elders; this prevents participation/socialization in the area-wide nutrition project and other AAA support services.

This objective was selected to maintain services to Japanese elders responsive to needs identified by the Japanese community. It will be achieved through a contract with the Japanese Ancestral Society.

---

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services required.

## Planning and Service Area

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

Objective # 15: Congregate Meals/Congregate Dining (Hispanic)

Three-Year Objective: To increase sound nutrition habits among the elders of Hispanic ethnic heritage experiencing greatest social and economic need by providing 21,440 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Hispanic ethnic heritage in greatest social and economic need by developing a congregate meal site to provide 8,375 nutritionally-balanced meals to 35 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Poor nutrition habits among the elderly in conjunction with other physical, social and economic changes associated with increasing age may result in a pattern of living which causes malnutrition and loss of normal independent functioning. Many elderly persons do not eat adequately because 1) they cannot afford to do so; (or) 2) they lack the knowledge and/or skill to select and prepare nourishing and well-balanced meals; (or) 3) they have limited mobility which may impair their capacity to shop and cook for themselves; (or) 4) they have feelings of rejection and loneliness which obliterates the incentive necessary to prepare and eat a meal alone.

According to national priorities, preference for AAA service is given to older persons with greatest economic or social need. Since many Hispanic elders have different dietary preferences, meals served through the area-wide nutrition projects do not address their particular needs. In addition, English is a second language for many Hispanic elders; this prevents participation/socialization in the area-wide nutrition project and other AAA support services.

This objective was selected to maintain services to Hispanic elders responsive to needs identified by the Hispanic community. It will be achieved through a contract with the Committee of Spanish Speaking People of Oregon.

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

---

Objective #16: Congregate Meals/Congregate Dining (Jewish)

Three-Year Objective: To increase sound nutrition habits among elders of Jewish heritage in greatest social and economic need by providing 22,080 meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Jewish heritage in greatest social and economic need by providing 7,360 nutritionally-balanced meals for 32 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

---

Objective Narrative: Poor nutrition habits among the elderly, in conjunction with other physical, social and economic changes associated with increasing age, may result in a pattern of living which causes malnutrition and loss of normal independent functioning. Many elderly persons do not eat adequately because 1) they cannot afford to do so; (or) 2) they lack the knowledge and/or skills to select and prepare nourishing and well-balanced meals; (or) 3) they have limited mobility which may impair their capacity to shop and cook for themselves; (or) 4) they have feelings of rejection and loneliness which obliterate the incentive necessary to prepare and eat a meal alone.

There are approximately 2,063 Jewish individuals age 60 and over residing in the Portland area. Many Jewish elders are immigrants; places of origin include Eastern Europe, Sephardic Jews from Spain, and recent Russian immigrants. Language barriers for these elders prevent socialization in the area-wide meal sites. Another major barrier to participation of Jewish elders is the food served at area-wide sites. This age cohort keeps kosher or kosher-style food. The dietary custom permits only certain foods and prescribes preparation and serving in a particular manner.

This objective was chosen in order to increase the service level to elders in Portland/Multnomah County with special focus on those in greatest social need. The Jewish community presented evidence of need for a meal program for Jewish elders and requested AAA support to complement social activities already available. It will be achieved through a contract with the Mittleman Jewish Community Center.

---

**Note:** These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

149809

Objective #17: Congregate Meals/Congregate Dining (Native American)

Three-Year Objective: To increase sound nutrition habits among elders of Native American heritage experiencing greatest social and economic need by providing 24,660 nutritionally-balanced meals in a congregate setting by June 30, 1983.

One-Year Objective: To increase sound nutrition habits among elders of Native American heritage in greatest social and economic need by providing 4,650 meals to 50 elders in a congregate setting during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Poor nutrition habits among the elderly in conjunction with other physical, social and economic changes associated with increasing age may result in a pattern of living which causes malnutrition and loss of normal independent functioning. Many elderly persons do not eat adequately because 1) they cannot afford to do so; (or) 2) they lack the knowledge and/or skill to select and prepare nourishing and well-balanced meals; (or) 3) they have limited mobility which may impair their capacity to shop and cook for themselves; (or) 4) they have feelings of rejection and loneliness which obliterates the incentive necessary to prepare and eat a meal alone.

According to national priorities, preference for AAA services is given to older persons with greatest economic or social need. The 1976 report of the National Indian Conference on Aging highlights the particular nutritional needs of Native American citizens, the lack of availability of familiar and nutritional foods in Federal food programs as contributing to malnourishment among older Native Americans.

In addition, social and cultural differences often inhibit participation by Native Americans in the area-wide nutrition project. This objective was selected to maintain services to Native American elders responsive to needs identified by the Urban Native American community. It will be achieved through a contract with the Urban Indian Council.

Note: These services will not have restrictions or limitations for individuals of other ethnic groups requiring services. Individuals receiving these services will be linked to other appropriate Area Agency on Aging services as required.

149809

---

**Objective # 18: Title III-C-2 Nutrition (Home Delivered) - Program Management**

---

**Three-Year Objective:** To increase sound nutrition habits among homebound elderly through the delivery of 626,778 nutritionally-balanced meals by June 30, 1983.

**One-Year Objective:** To increase sound nutrition habits among homebound elders through the delivery of 208,926 nutritionally balanced meals to 1,800 individuals in their homes during the period from July 1, 1980 through June 30, 1981.

---

**Objective Narrative:** In addition to those reasons outlined in Objective #13 (Congregate Dining) many elders also have mobility limitations which may impair their capacity to shop and cook for themselves.

The 1970 Project Find national survey shows that 30% of the elderly could not shop for food. A HEW Report (1973) shows that 20% of the population 60 years and older have interference with mobility. In fact, a 1976 public survey estimated that there are 13,186 elderly persons who live within the Portland city limits who have significant interference with mobility. To promote better health through improved nutrition, there is a need to provide low cost nutritionally sound meals in the home.

This objective was selected in order to maintain needed services in accordance with grant requirements for elders in Portland/Multnomah County. The objective will be achieved through a contract with Loaves and Fishes, Inc.

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

149809

Objective #19: Oregon Project Independence/AAA Administration

Three-Year Objective: To ensure the effective and efficient administration of the Area Agency on Aging by maintaining appropriate staff to provide sound fiscal management; ongoing monitoring of the Oregon Project Independence Projects; system assessment and evaluation to refine/redefine objectives; and to develop a comprehensive plan to ensure a coordinated service system for the elderly of the City of Portland/Multnomah County by June 30, 1983.

One-Year Objective: To maintain the fiscal and program accountability for the period from July 1, 1980, through June 30, 1981, for the Oregon Project Independence Projects by the accomplishment of the following activities:

1. Prepare and submit four fiscal/program reports;
2. Prepare and submit four administrative cost reports;
3. Conduct four on-site monitoring visits per appropriate contractor;
4. Conduct desk audits as required;
5. Complete monitoring/assessment reports as required;
6. Prepare the annual plan section funded by Oregon Project Independence;
7. Prepare and submit Oregon Project Independence reports.

Objective Narrative: The City of Portland, as the Area Agency on Aging, is responsible for maintaining fiscal and programmatic accountability within local, state and federal guidelines. Categories of activities include:

- 1) Personnel management to assure adequate staffing to carry out mandated functions;
- 2) Maintenance of a system of fiscal accountability, assuring effective and efficient receipt and expenditure of funds;
- 3) Implementation of contracting procedures to assure quality delivery of services;
- 4) Maintenance of fiscal and programmatic auditing procedures to assure accountability within guidelines;
- 5) Maintain an adequate reporting system capable of producing timely and accurate required program and financial reports.

This objective was selected to ensure the effective and efficient administration of the area plan.

## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

---

Objective #20: In-Home Services/Counseling (Case Management II)

Three-Year Objective: To maintain dignified and independent living among frail elderly individuals by June 30, 1983, by providing counseling services/Case Management II for 1,692 individuals.

One-Year Objective: To maintain dignified and independent living among frail elderly individuals during the period from July 1, 1980 through June 30, 1981, by providing counseling services/Case Management II for 564 individuals.

---

Objective Narrative: Elderly persons often experience a wide array of problems related to the physical and financial deadlines associated with old age in our society. Many elderly persons who remain in their own homes suffer from neglect because they do not utilize available community resources to meet their needs. Others who are institutionalized could be provided essential services in their own homes at a lower cost to the community.

In Portland/Multnomah County, one third of residents aged 65+ live alone; approximately 22% of individuals 65+ have income below poverty lines (this figure would be greater, if adjusted for inflation); 20% of residents have disabilities so serious as to make them homebound or able to get outside with difficulty; 19% of the County's residents are over age 60. Counseling (case management II) services solve elders' problems through extended referral in which professionals or paraprofessionals apply their knowledge to problems presented by clients. They give direct guidance and assistance in the utilization of needed health and social services, and/or assist clients to recognize and institute personal change that will lead to a more satisfactory life.

Counseling (case management II) is provided to individuals needing intervention and intensive casework to sustain independent living.

This objective was selected in order to maintain the level of case management II services to elders in Portland/Multnomah County and will be achieved through contracts with eight district centers.



## STATEMENT OF THREE-YEAR AND ONE-YEAR AREA PLAN OBJECTIVES

149809

Objective #21: In-Home Services/Counseling (Case Management III/Protective Services)

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 13,379 hours of counseling (Case Management III) by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 4,493 hours of counseling (Case Management III) for 108 individuals during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Elderly persons often experience a wide array of problems related to the physical and financial deadlines associated with old age in our society. Many elderly persons who remain in their own homes suffer from neglect because they do not utilize available community resources to meet their needs. Others who are institutionalized could be provided essential services in their own homes at a lower cost to the community.

In Portland/Multnomah County, one third of residents aged 65+ live alone; approximately 22% of individuals 65+ have income below poverty lines (this figure would be greater, if adjusted for inflation); 20% of residents have disabilities so serious as to make them home-bound or unable to get outside with difficulty; 19% of the County's residents are over age 60. Counseling (case management III) services solve elders' problems through extended referral in which professionals or paraprofessionals apply their knowledge to problems presented by clients. They give direct guidance and assistance in the utilization of needed health and social services, and/or assist clients to recognize and institute personal change that will lead to a more satisfactory life.

Counseling (case management III) is provided to clients with complex social, emotional, and physical situations requiring immediate and comprehensive social casework in order for them to achieve dignified, independent living.

This objective was selected in order to maintain the level of case management III services to elders in Portland/Multnomah County and will be achieved through contracts with eight district centers.

Objective #22: In-Home Services/Homemaker

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 56,804 hours of homemaker services by June 30, 1983.

One-Year Objective: To maintain dignified and independent living among frail elderly by providing 22,268 hours of homemaker services during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Elderly individuals at times face crisis situations in which they require immediate and intensive assistance in order to maintain normal functioning. When such situations arise, elderly persons are often in danger of neglect or exploitation because of inadequate income, declining health, social isolation, and lack of knowledge of available service. Declining health and physical strength make it increasingly difficult for many physically and mentally impaired, frail, elderly persons to perform personal care tasks necessary to sustain independent living.

Homemaker services must be employed to assist these individuals remain in their home, and continue to live in independence and dignity.

A study by Ethel Shanas in 1971 indicates that 19% of persons over 60 are physically or mentally impaired to the degree that homemaker/housekeeper services are needed to sustain independent living. A 1975 study by the Committee on Aging estimates that 20% of the present nursing home population would not require such care if in-home assistance were available.

This objective was selected to maintain services responsive to felt needs in the community as expressed by the Advisory Committee on Aging and through testimony at public hearings. It will be achieved through a contract with an agency to be determined.

149809

Objective #23: In-Home Services/Housekeeper

Three-Year Objective: To maintain dignified and independent living among frail elderly by providing 40,983 hours of housekeeper services by June 30, 1983.

One-Year Objective: To maintain independent and dignified living among frail elderly by providing 22,268 hours of housekeeper services for 180 individuals during the period from July 1, 1980 through June 30, 1981.

Objective Narrative: Elderly individuals at times face crisis situations in which they require immediate and intensive assistance in order to maintain normal functioning. When such situations arise, elderly people are often in danger of neglect or exploitation because of inadequate income, declining health, social isolation, and lack of knowledge of available service. Declining health and physical strength make it increasingly difficult for many physically and mentally impaired, frail, elderly persons to perform routine household tasks necessary to sustain independent living.

Housekeeper services must be employed to assist these individuals remain in their homes and continue to live in independence and dignity.

A study by Ethel Shanas in 1971 indicates that 19% of persons over 60 are physically or mentally impaired to the degree that homemaker/housekeeper services are needed to sustain independent living. A 1975 study by the Committee on Aging estimates that 20% of the present nursing home population would not require such care if in-home assistance were available.

This objective was selected to maintain services responsive to felt needs in the community as expressed by the Advisory Committee on Aging and through testimony at public hearings. It will be achieved through a contract with an agency to be determined.

SECTION E. NUTRITION PROJECT

149809

JUSTIFICATION FOR TRANSFER OF TITLE III-C CONGREGATE MEALS MONIES  
TO HOME DELIVERED MEALS

The Portland/Multnomah AAA requests a transfer of \$259,552 from Title III-C-1 to Title III-C-2. This represents 33% of the Title III-C-1 grant.

This transfer is necessary to avoid disruption of home-delivered meals to elderly housebound residents who are currently receiving this service and who continue to need home-delivered meals in order to sustain independent living.

The AAA conducted an assessment of the home-delivered meal program in the fall of 1979 and determined that the persons receiving home-delivered meals were appropriate recipients in accordance with the eligibility criteria and in their present situations were not likely participants in a congregate program.

The Portland/Multnomah County Area Agency on Aging is seeking to encourage participation in the congregate program through the maintenance of transportation services to and from congregate meal sites. In FY 8-81 the AAA proposes the development of two new congregate nutrition programs directed toward the special needs of Jewish and Hispanic elders. The AAA in this plan also proposes that the area-wide nutrition contractor that provides both congregate and home-delivered meals reduce the percentage of home-delivered meals from 60% in FY 79-80 to 55% in FY 80-81.

In addition, the work plan for AAA in FY 1980-81 includes the development of a long-range plan in relation to the nutrition needs of the elderly of Multnomah County. This plan will include:

1. Distinction between Meals on Wheels and congregate meals;
2. Site selection;
3. Directing services to those in greatest economic/social needs, including planning for minorities.

Eligibility Criteria: All residents of Multnomah County age 60 and older are eligible for nutrition services, with additional criteria for home-delivered meals.

Eligibility for home-delivered meals is determined by center staff and volunteers who establish that an individual meets the following additional criteria: 1) lives within a delivery area; 2) is able to feed him/herself; 3) is housebound and unable to participate in congregate meals by reason of illness, incapacitating disability or other conditions or circumstances which prevent convenient and comfortable utilization of congregate meal sites; 4) is unable to shop and prepare his/her own meals; 5) is able to provide for other meals; 6) can eat the general or modified meals prepared by the project; and 7) needs home-delivered meals for at least one week.

Additional material relating to the provision of home-delivered meals was submitted to the Office of Elderly Affairs as part of the FY 1979-80 Supplemental Grant grant proposal in a letter dated April 11, 1980.

SECTION F. AREA AGENCY BUDGETS

IIIC-1; IIIC-2; IVA  
OPI

AREA AGENCY BUDGET

FISCAL YEAR 1981

OBJECTIVE NUMBER			CASH			RESOURCES		IN-KIND RESOURCES				GRAND TOTALS	
			OEA FUNDS	PROGRAM INCOME	MATCH	U.S.D.A.	OTHER RESOURCES	MATCH	COMMODITIES	OTHER RESOURCES			
1	AAA Administration	A	83,875*	-0*	42,959*	N/A	76,605*	-0*	-0*	-0*	203,439*	681,559*	
2	AAA Services	P	52,558*	-0*	32,208*	N/A	393,354*	-0*	-0*	-0*	478,120*	-----	
3a	Access Svcs/Information (District)	A	8,814	-0-	-0-	N/A	-0-	-0-	-0-	-0-	8,814	97,760	
		P	79,327	-0-	9,619	N/A	-0-	-0-	-0-	-0-	88,846	-----	
3b	Access Svcs/Information (Central)	A	1,629	-0-	-0-	N/A	-0-	-0-	-0-	-0-	1,629	17,146	
		P	14,660	-0-	857	N/A	-0-	-0-	-0-	-0-	15,517	-----	
	INFORMATION -- SUBTOTAL	A	10,443*	-0*	-0*	N/A	-0*	-0*	-0*	-0*	10,443*	114,906*	
		P	93,987*	-0*	10,476*	N/A	-0*	-0*	-0*	-0*	104,463*	-----	
4a	Access Svcs/Referral (District)	A	8,814	-0-	-0-	N/A	-0-	-0-	-0-	-0-	8,814	97,760	
		P	79,327	-0-	9,619	N/A	-0-	-0-	-0-	-0-	88,946	-----	
4b	Access Svcs/Referral (Central)	A	1,629	-0-	-0-	N/A	-0-	-0-	-0-	-0-	1,629	17,146	
		P	14,660	-0-	857	N/A	-0-	-0-	-0-	-0-	15,517	-----	
	REFERRAL -- SUBTOTAL	A	10,443*	-0*	-0*	N/A	-0*	-0*	-0*	-0*	10,443*	114,906*	
		P	93,987*	-0*	10,476*	N/A	-0*	-0*	-0*	-0*	104,463*	-----	
5	Access Svcs/Transportation	A	23,945	-0-	-0-	N/A	-0-	-0-	-0-	-0-	23,945	252,052	
		P	215,504	-0-	12,603	N/A	-0-	-0-	-0-	-0-	228,107	-----	
6	Access Svcs/Access (Japanese)	A	-0-	-0-	-0-	N/A	-0-	-0-	-0-	-0-	-0-	-----	
		P	10,163	-0-	535	N/A	-0-	-0-	-0-	-0-	10,698	10,698	
7	Access Svcs/Access (Hispanic)	A	-0-	-0-	-0-	N/A	-0-	-0-	-0-	-0-	-0-	-----	
		P	10,163	-0-	535	N/A	-0-	-0-	-0-	-0-	10,698	10,698	
8	Access Svcs/Access (Jewish)	A	-0-	-0-	-0-	N/A	-0-	-0-	-0-	-0-	-0-	-----	
		P	10,163	-0-	535	N/A	-0-	-0-	-0-	-0-	10,698	10,698	
9	Access Svcs/Access (Native Amer.)	A	-0-	-0-	-0-	N/A	-0-	-0-	-0-	-0-	-0-	-----	
		P	10,163	-0-	535	N/A	-0-	-0-	-0-	-0-	10,698	10,698	
	ACCESS SERVICES -- SUBTOTAL	A	44,831*	-0*	-0*	N/A	-0*	-0*	-0*	-0*	44,831*	524,656*	
		P	444,130*	-0*	35,695*	N/A	-0*	-0*	-0*	-0*	479,825*	-----	
10	In-Home Svcs/Counseling (C. Mgmt. I)	A	18,163*	-0*	-0*	N/A	-0*	-0*	-0*	-0*	18,163*	200,865	
		P	163,464*	-0*	19,238*	N/A	-0*	-0*	-0*	-0*	182,702*	-----	
11	Personal Advocacy -- Legal	A	3,749*	-0*	-0*	N/A	-0*	-0*	-0*	-0*	3,749*	39,458*	
		P	33,749*	-0*	1,973*	N/A	-0*	-0*	-0*	-0*	35,709*	-----	
	GRAND TOTAL	A	150,618**	-0**	42,959**	N/A	76,605**	-0**	-0**	-0**	270,182**	1,446,551**	
		P	693,901**	-0**	89,114**	N/A	393,354	-0**	-0**	-0**	1,176,369**	-----	
RESOURCE TOTAL		N/A	844,519	-0-	132,073	N/A	469,959	-0-	-0-	-0-	1,446,551	-----	

OPI

FISCAL YEAR 1981

Page 2 of 8

[illegible]



179809

[illegible]

149809

Planning and Service Area:

EXHIBIT F-2a

Page 5 of 8LOCAL MATCH, DONATIONS AND  
OTHER RESOURCES PARTICIPATIONCASH RESOURCESOLDER AMERICANS  
ACTOREGON PROJECT  
INDEPENDENCE

III-B

MATCH	DONA- TIONS	OTHER RE- SOURCES	SOURCE	AMOUNT
x			AAA Administration City/County General Fund	\$ 42,959
x			AAA Services -- City/County General Fund	32,208
x			District Centers -- Contractor	9,619
x			Central I & R -- Contractor	857
x			District Centers -- Contractor	9,619
x			Central I & R -- Contractor	857
x			Tri-Met -- Cash	12,603
x			Japanese Ancestral Society	535
x			Committee of Spanish-Speaking People of Oregon (COSSPO)	535
x			Mittelman Jewish Community Center	535
x			Urban Indian Council	535
x			Eight Centers	19,238
x			Legal Aid	1,973
		x	AAA Administration City/County General Fund	76,605
		x	AAA Services City/County General Fund	393,354
T O T A L				\$ 602,032
LIST BY SOURCE AND AMOUNT, ITEMS PROPOSED AS LOCAL PARTICIPATION IN THE PROJECT.				

Planning and Service Area:

LOCAL MATCH, DONATIONS AND  
OTHER RESOURCES PARTICIPATION

CASH RESOURCES

☐

OLDER AMERICANS  
ACT

☒

OREGON PROJECT  
INDEPENDENCE

MATCH	DONA- TIONS	OTHER RE- SOURCES	SOURCE	AMOUNT
		x	Contractor to be selected	\$ 5,984
		x	Contractor to be selected	9,931
		x	Contractor to be selected	5,556
TOTAL				\$ 21,371
LIST BY SOURCE AND AMOUNT, ITEMS PROPOSED AS LOCAL PARTICIPATION IN THE PROJECT.				