EXHIBIT "A"

AMENDMENT

TO

FIRE AND POLICE DISABILITY, RETIREMENT AND DEATH BENEFIT PLAN

In order to comply with Section 656.802(7)(a)-(e) of the Oregon Revised Statutes, Laws relating to Workers' Compensation and Safe Employment in Oregon, the City of Portland's Fire and Polce Disability, Retirement and Death Benefit Plan, set out in Chapter 5 of the City Charter, is amended by ordinance as follows:

The Council of the City of Portland directs:

- 1. The Bureau of Fire and Police Disability and Retirement extend eligible firefighters and police officers the Post Traumatic Stress Disorder/Acute Stress Disorder presumptions as provided under Oregon Workers' Compensation Law.
- 2. That in doing so, effective September 29, 2019, FPDR utilize the criteria for Post Traumatic Stress Disorder/Acute Stress Disorder presumptions when processing claims filed on or after September 19, 2019 for firefighters and police officers covered under Chapter 5 of the Portland Charter as follows:

ORS Section 656.802

- (7)(a) As used in this subsection:
- (A) "Acute stress disorder" has the meaning given that term in the DSM-5.
- (B) "Covered employee" means an individual who, on the date a claim is filed under this chapter:
- (i) Was employed for at least five years by, or experienced a single traumatic event that satisfies the criteria set forth in the DSM-5 as Criterion A for diagnosing post-traumatic stress disorder while employed by, the state, a political subdivision of the state, a special government body, as defined in ORS 174.117, or a public agency in any of these occupations:
 - (I) A full-time paid firefighter;
 - (II) A full-time paid emergency medical services provider;
 - (III) A full-time paid police officer;
 - (IV) A full-time paid corrections officer or youth correction officer;
 - (V) A full-time paid parole and probation officer; or
 - (VI) A full-time paid emergency dispatcher or 9-1-1 emergency operator; and
- (ii) Remains employed in an occupation listed in sub-subparagraph (i) of this subparagraph or separated from employment in the occupation not more than seven years previously.
- (C) "DSM-5" means the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association.
 - (D) "Post-traumatic stress disorder" has the meaning given that term in the DSM-5.

- (E) "Psychiatrist" means a psychiatrist whom the Oregon Medical Board has licensed and certified as eligible to diagnose the conditions described in this subsection.
- (F) "Psychologist" means a licensed psychologist, as defined in ORS 675.010, whom the Oregon Board of Psychology has certified as eligible to diagnose the conditions described in this subsection.
- (b) Notwithstanding subsections (2) and (3) of this section, if a covered employee establishes through a preponderance of persuasive medical evidence from a psychiatrist or psychologist that the covered employee has more likely than not satisfied the diagnostic criteria in the DSM-5 for post-traumatic stress disorder or acute stress disorder, any resulting death, disability or impairment of health of the covered employee shall be presumed to be compensable as an occupational disease. An insurer or self-insured employer may rebut the presumption only by establishing through clear and convincing medical evidence that duties as a covered employee were not of real importance or great consequence in causing the diagnosed condition.
- (c) An insurer's or self-insured employer's acceptance of a claim of post-traumatic stress disorder or acute stress disorder under this subsection, whether the acceptance was voluntary or was a result of a judgment or order, does not preclude the insurer or the self-insured employer from later denying the current compensability of the claim if exposure as a covered employee to trauma that meets the diagnostic criteria set forth as Criterion A in the DSM-5 for post-traumatic stress disorder or acute stress disorder ceases being of real importance or great consequence in causing the disability, impairment of health or a need for treatment.
- (d) An insurer or self-insured employer may deny a claim under paragraph (c) of this subsection only on the basis of clear and convincing medical evidence.
- (e) Notwithstanding ORS 656.027 (6), a city that provides a disability or retirement system for firefighters and police officers by ordinance or charter that is not subject to this chapter, when accepting and processing claims for death, disability or impairment of health from firefighters and police officers covered by the disability or retirement system, shall apply:
 - (A) The provisions of this subsection;
- (B) For claims filed under this subsection, the time limitations for filing claims that are set forth in ORS 656.807 (1) and (2).