

**City Budget Office**  
**City of Portland, Oregon**  
Exhibit A  
Special Appropriation Reporting Form

**Organization Information**

**Organization Name:** Janus Youth Programs, Inc.

**Organization Address:** 707 NE Couch St, Portland, OR, 97232

**Contact Name:** Dennis Morrow

**Phone:** 503-542-4608

**E-mail:** [dmorrow@janusyouth.org](mailto:dmorrow@janusyouth.org)

**Tax ID Number:** 23-7345990

**Amount Awarded by the City of Portland:** \$297,000

**Award Date:** July 1, 2013

**Project Completion Date:** June 30, 2014

**Date Submitted:** July 21, 2014

**Mission of Organization:**

Our Mission: Janus Youth Programs is a leader in creating innovative, community-based services which enhance the quality of life for children, youth, and families. We work in partnership with others to create a safe and healthy community.

**Our Values**

**Respect:** We share a common humanity and we work to affirm the individual uniqueness, worth and capability of each child, family, staff and volunteer.

**Environment:** We strive to create a safe, nurturing environment which promotes trust, honesty, direct communication and personal/professional growth.

**Diversity:** We celebrate the richness created by a variety of cultures, beliefs and life experiences.

**Families:** We believe every child deserves a family or support network which can provide safety, nurturance, a sense of belonging, teaching and guidance and connection to the larger world.

**Creativity:** We encourage creativity, innovation and risk-taking to respond to the rapidly changing needs of children, families and community.

**Partnership:** We actively build partnerships to strengthen community planning, advocacy and delivery of services to children, youth and families.

**Quality:** We work constantly to improve the quality of everything we do in order to be responsible stewards of community resources.

**Purpose of Appropriation:** *(This can be identical to the narrative in the request form).* Please briefly describe how funds from the City were spent. Provide a high-level breakdown of the expenditures explaining staffing on the project, contracts and other major costs. In addition to a written narrative, please fill out the table on the following page.

- The City of Portland provided Janus Youth Programs (who sub-contracted with the Sexual Assault Resource Center) to provide 24/7, 365 days, emergency services including shelter, food, clothing and other client assistance and case management and counseling services.
- 3 FTE Case Managers (2 assigned to the Sexual Assault Resource Center and 1 assigned to Janus Youth Programs)

**Please describe specific outputs/deliverables and related outcomes:**

- See attachments (July 2013- June 2014 Sexual Assault Resource Center and Janus Youth Programs demographic information for youth served)

**PROJECT OR INITIATIVE BUDGET**

**EXPENSES**

Include all expenses related to this project or initiative:

		<u>FTE</u>
Direct Staff costs	\$ <u>94,500</u>	<u>3.0</u>
Internal materials and services	\$ <u>20,718</u>	
Contracts Costs (SARC)	\$ <u>172,000</u>	
Administrative overhead rate	\$ <u>9,782</u>	
<b>TOTAL EXPENSES</b>	<b>\$ <u>297,000</u></b>	

City of Portland Grant Agreement 32000696  
Shelter for CSEC Youth  
07/01/13 - 06/30/14

	Current Month	Year to Date
Total Number of Youth Served	24	24
Total Number of Days at Shelter	868	868

MONTH	Number of Unique Youth
Jul-13	7
Aug-13	8
Sep-13	6
Oct-13	4
Nov-13	4
Dec-13	4
Jan-14	4
Feb-14	5
Mar-14	5
Apr-14	5
May-14	4
Jun-14	5

**DEMOGRAPHIC INFORMATION**

AGE	12	13	14	15	16	17	18
Current Month	0	0	1	9	5	7	3
Year to Date	0	0	1	9	5	7	3

AGE	19	20	21	22
Current Month	0	0	0	0
Year to Date	0	0	0	0

GENDER	Male	Female
Current Month	2	22
Year to Date	2	22

RACE	Caucasian	African American	Asian American	Native American	Hawaiian or Pacific Islander	Mixed Heritage	Hispanic
Current Month	7	5	0	5	0	5	2
Year to Date	7	5	0	5	0	5	2

**OUTCOMES**

**PLACEMENT OUTCOME Current Month**

Athena House Long Term	8
Athena House Short Term	14
CSEC	0
Currently in Garfield House Shelter	1
DHS Foster Placement	3
DHS Residential/Secure Placement	0
Home / Guardian	8
Hospitalization	0
Secure Sub Acute	1
Transitional Living Program	0
Unplanned Exit	9

**Year to Date**

8
14
0
1
3
0
8
0
1
0
9

**SERVICES RECEIVED 0**

Met with an SARC Advocate	20
Met with LifeWorks Counselor	10

**Year to Date**

20
10

# Exhibit B

## July 2013 – June 2014 Sexual Assault Resource Center

	2013						2014					
	July	August	September	October	November	December	January	February	March	April	May	June
<b>Contact with an Advocate</b>												
• Less than two hours of service per month	26	27	26	26	29	32	17	35	27	17	16	16
• More than two hours of service per month	49	48	43	46	50	50	29	27	49	39	52	49
<b>Total Youth Served</b>	<b>75</b>	<b>75</b>	<b>69</b>	<b>72</b>	<b>79</b>	<b>82</b>	<b>46</b>	<b>62</b>	<b>76</b>	<b>56</b>	<b>68</b>	<b>65</b>
<b>Number of New Cases</b>	<b>2</b>	<b>6</b>	<b>3</b>	<b>5</b>	<b>3</b>	<b>8</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>0</b>
<b>Ages of Youth Served</b>												
12	1	0	0	0	0	0	0	0	0	0	0	0
13	1	0	0	0	0	1	0	1	1	0	1	1
14	2	4	3	0	0	1	6	7	8	8	7	7
15	12	7	7	7	5	6	9	15	10	10	13	16
16	14	25	16	22	19	16	15	14	19	11	25	27
17	16	11	19	18	24	25	14	25	38	21	23	9
18 and Over	29	28	24	25	31	33	44	62	76	41	69	60
<b>Races of Youth Served</b>												
Caucasian	NOTE: Race data was not being captured during the first six months of the new data reporting requirements.						11	12	14	21	25	22
African American							15	25	30	11	14	14
Asian American							0	0	1	0	1	1
Native American							0	0	0	4	5	6
Hawaiian/Pacific Islander							0	0	0	0	0	0
Bi-Racial/Multi-Racial							15	22	29	16	22	21
Hispanic							2	3	2	4	3	3
<b>Support Services Provided</b>												
Law Enforcement	7	8	1	6	3	5	5	4	7	6	1	8
Judicial	11	11	7	6	8	5	4	0	4	2	6	6
Medical	6	6	5	1	2	4	2	0	2	2	3	4
<b>Total Support Services</b>	<b>24</b>	<b>25</b>	<b>13</b>	<b>13</b>	<b>13</b>	<b>14</b>	<b>11</b>	<b>4</b>	<b>13</b>	<b>10</b>	<b>10</b>	<b>18</b>

Call Out Advocate/Lifeworks Referral Pilot Program  
FINAL SARC DATA: JANUARY-JUNE 2014

SARC Supervisor: Lena Sinha 503.803.4798

SARC Case Manager: Molly Botsford 503.593.3874

Number of women referred to SARC through call outs:

**Missions- 19**

**Hotcalls- 2**

**Additional Sources-**

**Law Enforcement- 21**

**Service Providers/Self- 3**

Total number of survivors referred or enrolled\*:

**NOW- 15**

**RYSE- 19**

**Both- 8**

**Neither/Declined or Ineligible: 7**

\*indicates clients referred / we have not verified enrollment



## CITY OF PORTLAND, OREGON



### Bureau of Police

Charlie Hales, Mayor  
Michael Reese, Chief of Police

1111 S.W. 2nd Avenue • Portland, OR 97204 • Phone: 503-823-0000 • Fax: 503-823-0342

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### BoyStrength Project: Final Report, August 21, 2014

**Staff:** In March, two Assistant Program Specialists were hired for BoyStrength: One staff person to focus on curriculum development, and the other to focus on development of the volunteer training program for men.

**Consultants:** Two consultants were hired: One contributed to the curriculum development with his expertise of engaging men to end violence against women. The other consultant, a database analyst successfully developed and installed the BoyStrength database with pre and post surveys and evaluations. This database enables us to generate specific qualitative and quantitative reports.

**Materials:** The following materials and supplies were ordered: BoyStrength T-Shirts (uniform for instructors), visual aids, journals, graduation certificates, BoyStrength bracelets, teaching bags and supplies including speakers, drums, soft basketballs, and other small items to enhance the classroom learning experience.

**Training:** Received from YogaCalm was attended 4 staff and 4 potential volunteer instructors. YogaCalm has proven success in working with youth nationwide with activities and exercises that have been implemented into the curriculum, including: yoga poses, breathing, visualization and mindfulness techniques to build empathy and emotional strength.

**Volunteer Instructor Training:** In June, there were 7 BoyStrength volunteers (6 men and 1 GirlStrength instructor) who completed approximately 72 hours of training in violence prevention topics including: anti-oppression and equity, rape culture, sexual assault, domestic and dating violence, CSEC, gang involvement, the impact of trauma on the brain and nervous system, being an active bystander, personal safety, assertiveness, yoga and mindfulness training.

### Completed Pilot Programs and Camps

Catlin Gabel School (8<sup>th</sup> grade)

Vestal Middle School (6<sup>th</sup> grade)

Open Meadows (6-8 grade)

Arleta SUN School (camp for 10-12 year olds)

Friendly House Community Center (camp for 10-12 year olds)

Multnomah Arts Center (camp for 10-12 year olds)

*Open Meadows and Vestal identified as recruiting areas for trafficking*

The above schools and 2 of the 3 camps received concurrent GirlStrength programs

### Confirmed 2014 Fall Programs

**Alder Elementary School (East), 5<sup>th</sup> Grade**

Free or reduced lunch: 95.6%

**Ron Russell Middle School (East), 7<sup>th</sup> & 8<sup>th</sup> graders**

Free or reduced lunch: 87.6%

### Program Requests in Process for Fall and 2015

**Harvey Scott School (NE) Grade TBA**

Free or reduced lunch: 86.9%

**Harrison Park SUN program, (SE), Grade TBA**

Free/reduced lunch 86%

**Ivy Montessori Public Charter School (NE), 8<sup>th</sup> Grade**

**Whitman Elementary School (SE), 5<sup>th</sup> grade**

Free or reduced lunch: 84.6%



*"Fostering awareness, promoting healthy choices, and empowering boys to be leaders in non-violence."*

## Sampling of Data Collected from Pre & Post Questionnaires (April-August, 2014)

Students participating in the BoyStrength Program were given a pre and post questionnaire to evaluate the skills and knowledge gained after participating in the Program. There were a total of 17 questions. The questions with the highest gains are represented below.

### Data Sample

Knowledge & Skills with Highest Gains	Overall Increase
<b>Violence against Women</b>	
I believe that if I treat women & girls as equals that I can <b>reduce sexual violence</b> against women & girls.	36.8%
I know that <b>sex trafficking</b> is a real problem.	29.6%
<b>Trauma and Self-care</b>	
I use breathing to <b>calm my emotions and thoughts</b> .	28.6%
I trust and use my <b>instinct or gut feeling</b> to keep me safe.	28.6%
I believe it is important to <b>talk to a trusted adult</b> after something violent or bad happens to me.	23.8%
I know how to get help if I am approached by a <b>person, group or gang that is unsafe</b> .	23.8%
<b>Bystander Intervention and Bullying</b>	
I know how to keep myself from <b>being bullied</b> in different situations.	23.8%
I <b>speak up for others</b> that are being bullied or made fun of.	22.7%
<b>Assertive Communication</b>	
I express <b>my feelings in a non-violent way</b> (talking about feelings, walking away, breathing, etc).	36.8%

Average overall increase in knowledge and skills for entire sampling (108 students) increased by 25%.



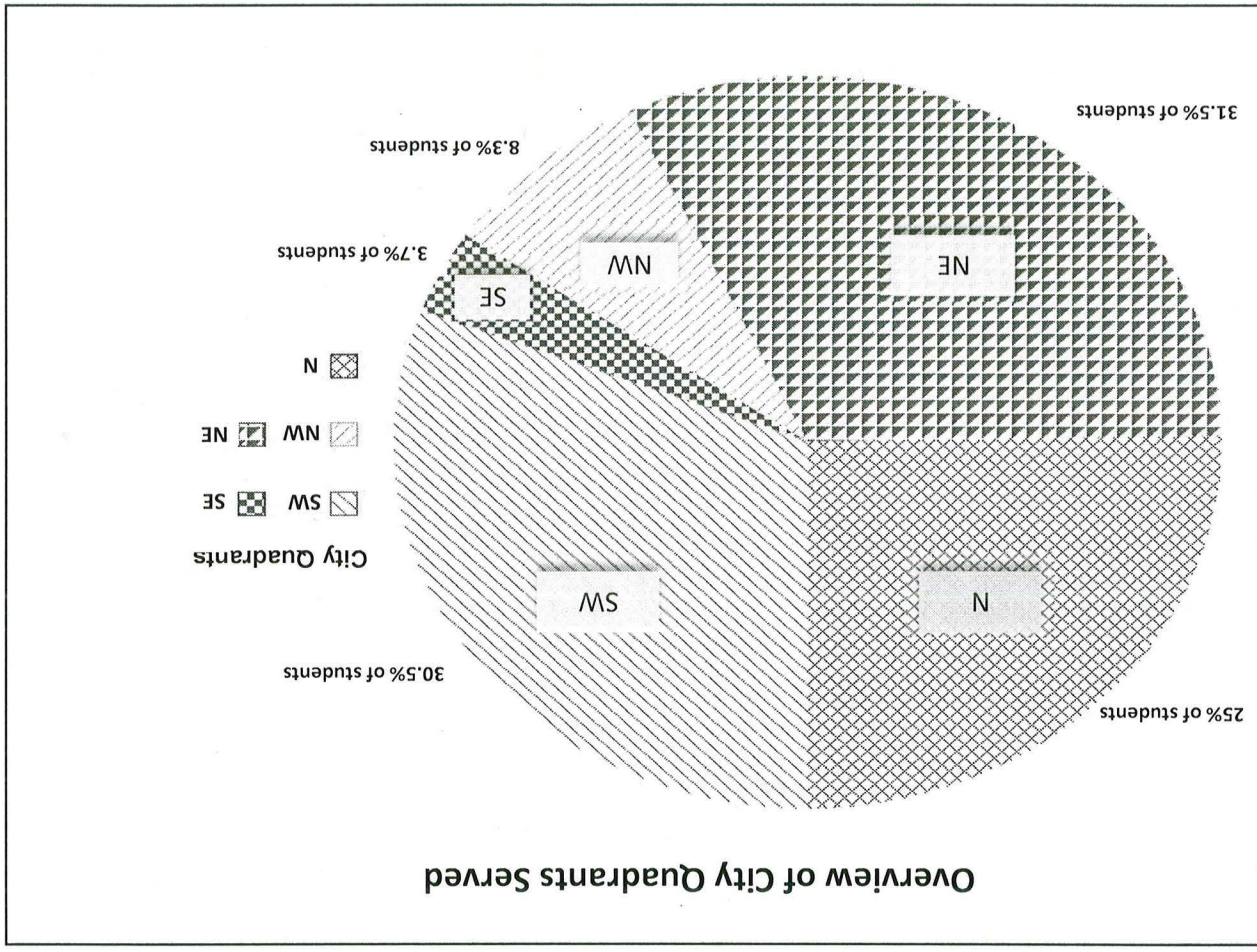
"Fostering awareness, promoting healthy choices, and empowering boys to be leaders in non-violence."

**Overview of City Quadrants Served**

2014 Spring Programs		2014 Summer Camps	
Vestal Elementary	NE	Arleta SUN School	SE
Open Meadows	N	Friendly House	NW
Catlin Gabel	SW	Multnomah Arts Center	SW

**Quadrant**

**Quadrant**





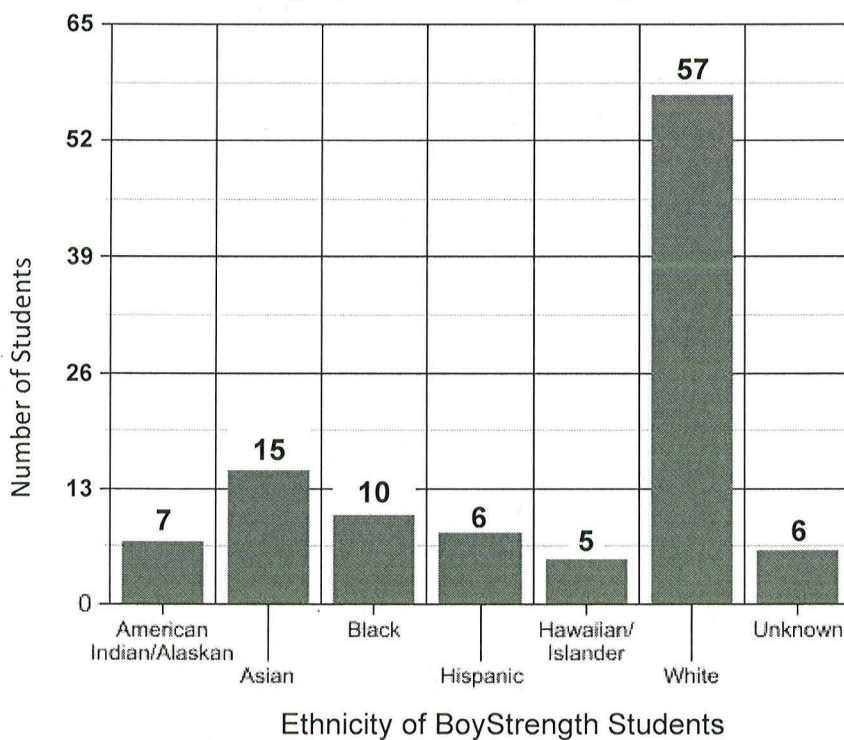


*"Fostering awareness, promoting healthy choices, and empowering boys to be leaders in non-violence."*

### Demographics of BoyStrength Students

Ethnicity	Students	
American Indian/Alaska Native	7	(6.4%)
Asian	15	(13.8%)
Black	10	(9.25%)
Hispanic	8	(7.4%)
Hawaiian/Pacific Islander	5	(4.3%)
White	57	(52.7%)
Unknown	6	(5.5%)
<b>Total Number of Students</b>	<b>108</b>	

### Demographics of BoyStrength Students





## New Options for Women

Service Director: Gary Kissel-Nielsen (503) 358-6665

Program Coordinator: Kristin Williams

(503) 545-3212

## Demographics for Women 18-25 Years of Age in NOW Program 1/1/2014-6/30/2014

Total Number of Clients Served: 28      New Clients Since Last Report: 6

Average Age of Population Served: 21

## Races of Population Served:

Clients Reporting Only 1 Race: 18      64%

Clients Reporting More than 1 Race: 10      36%

	Clients Reporting More than 1 Race			Only 1 Race Reported**	Percentage of all clients
	Race1	Race2	Total*		
White:	4	4	8	9	32%
Black/African-American:	2	1	3	4	14%
NativeAmerican:	2	2	4	2	7%
Hispanic:	1	2	3	2	7%
Asian	0	0	0	1	4%
Other:	0	1	1	0	0%
	9	10	-	18	64%

\*Number of **multiracial** clients who reported **any** of this heritage\*\*Number of clients who reported **only** this heritage

## Hometown of Population Served:

Portland:	19	68%
Gresham:	1	4%
Other:	8	29%
	28	100%

Referral Sources:	Court:	12	43%
	PO:	1	4%
	SARC:	1	4%
	DHS:	1	4%
	None Given:	4	14%
	Other:	9	32%
	Total:	28	100%

	MH Treatment	CD Treatment	Groups	Mentoring, Comm. Outreach, or Case Mgmt.
Services Received:				
Number of Women Receiving:	25	17	12	16
Percentage:	89%	61%	43%	57%



## New Options for Women

Service Director: Gary Kissel-Nielsen (503) 358-6665

Program Coordinator: Kristin Williams (503) 545-3212

### Women 18-25 Years of Age Receiving Services in NOW Program 1/1/2014-6/30/2014

Client ID	Begin Date	End Date	Received MH Services	Received CD Services	Attended Groups	Received Mentoring, Comm. Outreach, or Case Mgmt.	Age on Date of Service	Race1	Race2	Home City	State	Referral Source
118258	11/5/2012		x	x	x	x	22	White/Caucasian	NativeAmerican	Portland	OR	none
35520	4/15/2013	2/14/2014	x				22	White/Caucasian	None	Portland	OR	Court
112210	4/18/2013	5/28/2014	x	x	x	x	25	Hispanic (Mexico)	White/Caucasian	Portland	OR	Court
74386	6/17/2013	1/10/2014			x		21	White/Caucasian	Other	Portland	OR	none
118257	7/11/2013		x			x	21	White/Caucasian	NativeAmerican	Portland	OR	SARC
45508	9/5/2013		x		x		21	White/Caucasian	Hispanic (Mexico)	Boring	OR	Court
90688	9/5/2013	3/18/2014	x				20	White/Caucasian	None	Gresham	OR	Off. Mike Gallagher
129404	10/14/2013		x	x		x	23	White/Caucasian	None	Portland	OR	Court
140322	10/17/2013		x	x	x		22	Asian	None	Oregon City	OR	none
141210	11/6/2013	5/27/2014	x	x	x		23	White/Caucasian	Black/African American	Clackamas	OR	Court
18405	11/16/2013	2/4/2014	x				23	White/Caucasian	None	Portland	OR	Self
128088	12/17/2013		x	x			19	NativeAmerican	White/Caucasian	Portland	OR	PCT
104538	1/6/2014	1/6/2014	x			x	24	Black/African-American	None	Portland	OR	Court
105904	1/13/2014					x	20	Hispanic (Mexico)	None	Portland	OR	none
2048	1/24/2014		x	x	x	x	23	White/Caucasian	None	Vancouver	WA	Off. Mike Gallagher
100937	1/24/2014		x	x	x	x	20	Black/African American	Hispanic (Puerto Rico)	Portland	OR	Self
2668	2/11/2014			x			19	White/Caucasian	None	Vancouver	WA	Court
2784	2/13/2014	2/25/2014	x		x	x	19	Hispanic (Other)	None	Portland	OR	PPB
127823	2/17/2014		x	x	x	x	22	Black/African American	None	Portland	OR	NWWC
1242	2/20/2014		x	x			24	White/Caucasian	None	Portland	OR	PO
125371	2/27/2014		x	x	x		23	White/Caucasian	None	Portland	OR	Court
140994	3/18/2014	3/19/2014	x			x	22	Black/African American	None	Portland	OR	PPB
4257	3/20/2014		x	x	x	x	20	NativeAmerican	None	Portland	OR	DHS
126971	4/11/2014		x	x		x	21	Black/African-American	None	Portland	OR	Court
96496	5/15/2014		x			x	19	NativeAmerican	White/Caucasian	Portland	OR	Self
5408	5/27/2014		x	x		x	21	Black/African-American	White/Caucasian	Vancouver	WA	Court
130878	6/2/2014		x	x			19	NativeAmerican	None	Tualatin	OR	Court
4914	6/13/2014		x	x		x	23	White/Caucasian	None	Oregon City	OR	Court
Total:			25	17	12	16						

See Demographic Report for Summary