



National Recreation and Park Association

186145

March 11, 2013

Sue Glenn
Portland Parks and Recreation
1120 SW Fifth Ave., Suite 1302
Portland, OR 97204

Dear Sue,

The National Recreation and Park Association (NRPA) considered many applicants from park and recreation agencies across the country for the "Park Prescriptions" grant opportunity. We are pleased to inform you that Portland Parks and Recreation has been selected as one of five communities to receive a grant in the amount of \$10,000. The grant period is March 1, 2013 to December 31, 2013.

This grant opportunity is the result of a partnership between NRPA and the National Recreation Foundation to link local healthcare systems and park and recreation agencies to increase physical activity in youth from disadvantaged urban communities who are, or who are at risk for overweight or obesity. You will be one of five communities working in collaboration with health professionals to prescribe exercise programs to youth to increase physical activity, self-confidence and nurture long-term healthy behaviors.

Over the course of the grant period, Portland Parks and Recreation is expected to:

- Through a partnership with local health professionals engage 100 youth in a prescribed exercise program (e.g., walking programs, swimming, sports that do not require a specific landscape such as soccer, dance, or track)
- Submit quarterly reports that include the following information (a template will be furnished by NRPA)
 - Program description – A brief overview of the program and use of funds
 - Program details – Specifics on progress and accomplishments of the program (including participant information such as demographics and participant feedback)
 - Evaluation – The impact the program and funds have had
 - Partners – The inclusion and involvement of partners in the program (including successes and challenges of your relationship with your local health professionals)
 - Sustainability – Plans for continuing activities/relationships
 - Funding – Updates on how the grant funds are being spent including a budget
- Attend NRPA "Park Prescriptions" related webinar and other applicable educational opportunities
- Participate in regularly scheduled conference calls (monthly calls are anticipated)
- Host a site visit from NRPA staff once during the grant period
- Submit data required for completion of NRPA's online agency survey tool, PRORAGIS (Lite or Full versions)
- When planning your prescribed exercise program, we ask that you:



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- Develop take-home materials for children to share with and educate their caretakers
- Work to create/enhance/sustain your relationship with your local health professionals
- Assist in furnishing information for a collection of case studies as well as with developing content for Parks & Recreation magazine, NRPA Express (e-newsletter) and other NRPA communications channels as requested.

Please acknowledge your agreement to the terms above by signing below. Upon receipt of this signed form, a check will be issued for your grant funds.

Name of Agency

Primary Point of Contact

Signature

Email for Primary Contact

Printed Name

Telephone for Primary Contact

EIN Number

Once signed, please scan and send this to kmay@nrpa.org or mail to 22377 Belmont Ridge Road, Ashburn VA 20148. NRPA will send you the program report template and additional information via e-mail within the next 45 days. Please do not hesitate to contact me should you have any questions at 703.858.2176 or via email at kmay@nrpa.org.

Sincerely,

Kellie May

Program Manager

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