

Portland, Oregon
FINANCIAL IMPACT and PUBLIC INVOLVEMENT STATEMENT
For Council Action Items

(Deliver original to Financial Planning Division. Retain copy.)

1. Name of Initiator Barbara Shaw	2. Telephone No. 823-3339	3. Bureau/Office/Dept. Portland Housing Bureau
4a. To be filed date April 10, 2013	4b. Calendar (Check One) Regular <input checked="" type="checkbox"/> Consent <input type="checkbox"/> 4/5ths <input type="checkbox"/>	5. Date Submitted to Commissioner's office and FPD Budget Analyst: March 27, 2013
6a. Financial Impact Section: <input checked="" type="checkbox"/> Financial impact section completed		6b. Public Involvement Section: <input checked="" type="checkbox"/> Public involvement section completed

1) Legislation Title:

*Authorize a \$3,142,568 loan from the Interstate Corridor Urban Renewal Area budget to support the development of a residential facility by LifeWorks NW. (Ordinance)

2) Purpose of the Proposed Legislation:

Authorize funding of \$3,142,568 from the Interstate Corridor Urban Renewal Area budget for a facility to be constructed in Northeast Portland by LifeWorks NorthWest ("LifeWorks NW" or "LWNW") with 16 transitional housing units and a treatment facility offering recovery services for drug and alcohol addictions. Action also provides authority for execution of funding-related documents by the PHB Director, subject to approval as to form by City Attorney.

3) Which area(s) of the city are affected by this Council item? (Check all that apply—areas are based on formal neighborhood coalition boundaries)?

- | | | | |
|--|---|------------------------------------|--------------------------------|
| <input type="checkbox"/> City-wide/Regional | <input checked="" type="checkbox"/> Northeast | <input type="checkbox"/> Northwest | <input type="checkbox"/> North |
| <input type="checkbox"/> Central Northeast | <input type="checkbox"/> Southeast | <input type="checkbox"/> Southwest | <input type="checkbox"/> East |
| <input type="checkbox"/> Central City | | | |
| <input type="checkbox"/> Internal City Government Services | | | |

FINANCIAL IMPACT

4) Revenue: Will this legislation generate or reduce current or future revenue coming to the City? If so, by how much? If so, please identify the source.

No future revenue is expected from this project.

5) Expense: What are the costs to the City related to this legislation? What is the source of funding for the expense? (Please include costs in the current fiscal year as well as costs in future years. If the action is related to a grant or contract please include the local contribution or match required. If there is a project estimate, please identify the **level of confidence.)**

Action will result in the investment of \$3,142,568 from the City's "Affordable Housing Set-Aside" in the Interstate Corridor Urban Renewal Area budget. This amount is currently budgeted for this use, and will be disbursed on or about May 1, 2013.

6) Staffing Requirements:

- **Will any positions be created, eliminated or re-classified in the current year as a result of this legislation?** *(If new positions are created please include whether they will be part-time, full-time, limited term, or permanent positions. If the position is limited term please indicate the end of the term.)*

No.

- **Will positions be created or eliminated in future years as a result of this legislation?**

No.

(Complete the following section only if an amendment to the budget is proposed.)

7) Change in Appropriations *(If the accompanying ordinance amends the budget please reflect the dollar amount to be appropriated by this legislation. Include the appropriate cost elements that are to be loaded by accounting. Indicate "new" in Fund Center column if new center needs to be created. Use additional space if needed.)*

Fund	Fund Center	Commitment Item	Functional Area	Funded Program	Grant	Sponsored Program	Amount

PUBLIC INVOLVEMENT

8) Was public involvement included in the development of this Council item (e.g. ordinance, resolution, or report)? Please check the appropriate box below:

- YES:** Please proceed to Question #9.
 NO: Please, explain why below; and proceed to Question #10.


The project was selected for City funding under a competitive process in 2011, PHB's "NOFA Fall 2011". The process included a review of proposals by a Citizens Advisory Committee that made recommendations on the merits of various proposals to the Portland Housing Bureau. The Committee recommended that the City provide gap funding to this project.

9) If "YES," please answer the following questions:

- a) **What impacts are anticipated in the community from this proposed Council item?**
- b) **Which community and business groups, under-represented groups, organizations, external government entities, and other interested parties were involved in this effort, and when and how were they involved?**
- c) **How did public involvement shape the outcome of this Council item?**
- d) **Who designed/implemented the public involvement related to this Council item?**
- e) **Primary contact for more information on this public involvement process (name, title, phone, email):**

10) Is any future public involvement anticipated or necessary for this Council item? Please describe why or why not.

A "Good Neighbor Agreement" will be negotiated between LWNW and the neighborhood prior to occupancy.



Traci Manning, Bureau Director

Date

185963



It is a cold and rainy night in Portland. Michelle, addicted to drugs and alcohol, lies alone under the bridge she calls home. Her children, her health, her dignity, her hope have all been taken from her. Perhaps you have seen her.



Everything you need to know about helping an entire community by providing help and HOPE to a single, solitary woman starts with turning this page.



THE CENTER FOR HOPE & RECOVERY

AN INTEGRATED PROGRAM DEDICATED TO WOMEN AND THEIR CHILDREN





HOPE STARTS HERE

Building a center that brings together a proven residential drug and alcohol treatment program, permanent substance-free family housing and a supportive broader community.

Project Network: a program of LifeWorks NW, serving predominantly African American women and children, is creating a best-in-class treatment facility dedicated to moving women and their children from a life challenged by addiction and mental illness to productive family lives in recovery. LifeWorks NW will own and operate the treatment facility.

Home Forward will own and operate the substance-free family housing in the adjacent Beech Street Apartments.

This innovative collaboration provides a treatment facility and permanent housing that helps families to:

- BUILD A SOLID BASE OF RECOVERY
- MAINTAIN A CRUCIAL SUPPORT NETWORK
- SUSTAIN THE SUCCESS OF THEIR TREATMENT
- REMAIN IN THEIR LOCAL COMMUNITY

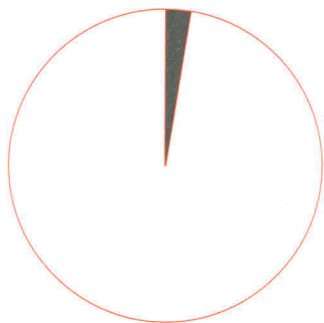
THE NEED

THE STATISTICS ARE STAGGERING; THE NEED IS GREAT

HOUSING UNITS NEEDED FOR
PROGRAM GRADUATES ANNUALLY

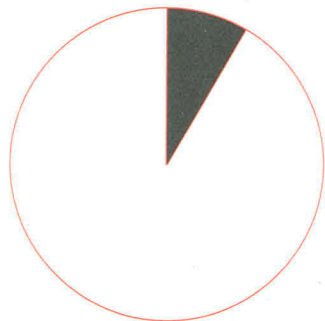
HOUSING UNITS
AVAILABLE ANNUALLY

75 VS 7



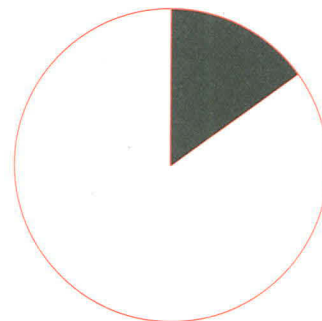
2.5%

of children in Oregon are African American



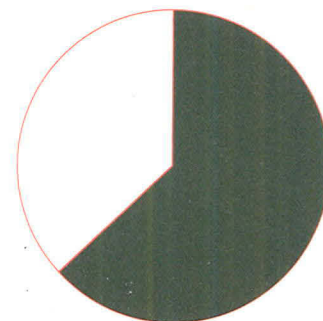
8.3%

of children in Oregon foster care are African American



14.93%

of Multnomah County residents use illicit drugs (the highest in the country)
National Survey on Drug Use and Health, 2006-2008



63%

of children in Oregon foster care have a parent who abuses drugs and/or alcohol
2010 Child Welfare Data Book, Oregon Department of Human Services

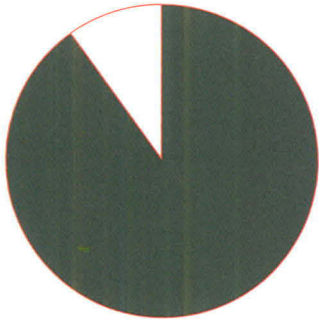
\$4069

MEDIAN MONTHLY INCOME FOR A FAMILY OF 3 IN PORTLAND



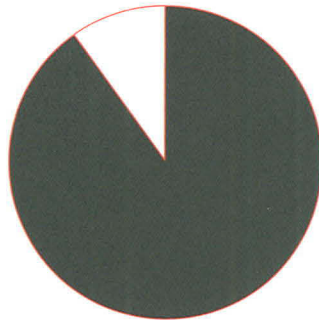
\$750

MEDIAN MONTHLY INCOME FOR A FAMILY OF 3 ENTERING PROJECT NETWORK



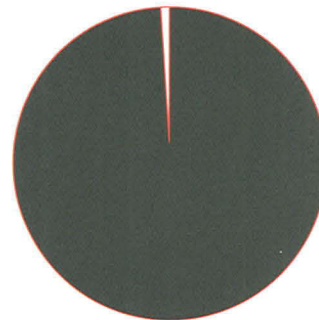
90%

of women served by Project Network have used more than one drug



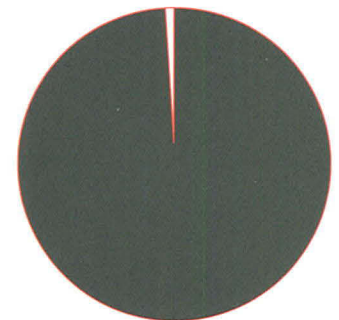
90%

of women served by Project Network have made two or more attempts to treat their substance abuse problems



99%

of women served by Project Network have experienced multiple traumas, including childhood sex abuse and domestic violence



99%

of women served by Project Network are involved in both the child welfare and criminal justice systems

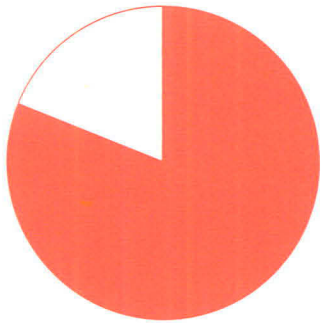
WHY US?

THE SUCCESS OF THE PROGRAM IS POWERFUL



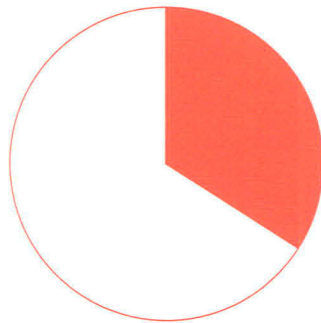
SUSTAINS SOBRIETY, MAINTAINS NETWORKS, SUPPORTS ONGOING EDUCATION, CREATES PRODUCTIVE CITIZENS

6 MONTHS AFTER TREATMENT



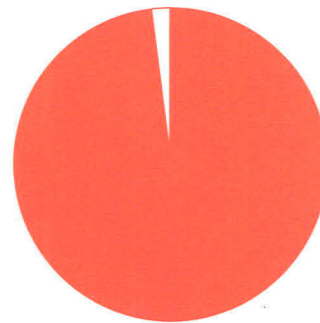
81%

of women reported being drug- and alcohol-free



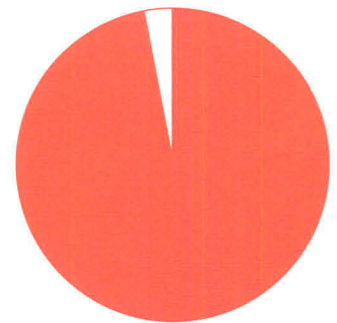
34%

of women found employment or were enrolled in school/training



98%

of women had no further involvement with the criminal justice system



97%

of women reported positive changes in their life, sobriety, and/or relationships

PROJECT NETWORK: A PROGRAM OF LIFEWORKS NW

A FIRM FOUNDATION FOR A PRODUCTIVE FUTURE





A SUCCESSFUL, INTEGRATED AND VISIONARY PROGRAM

The women and children served by Project Network often come from circumstances best described by words like horrific and hopeless, choosing alcohol and drugs as avenues to blunt their pain. Project Network: a program of LifeWorks NW is a successful, integrated and visionary program that treats women with drug and alcohol addiction and mental illness and reunites them with their children. This approach strengthens

women as individuals, as breadwinners, as parents and as community members. This is the foundation upon which they will build a productive future.

Successful programs for women with substance abuse issues are rare. Programs that address the needs of both addicted women and their children are rarer still. Project Network has proven that with the correct mix of support,

education, treatment and follow through, women can overcome a life of addiction and become parents who contribute to the good of the communities in which we live and work.

On average, women stay in the treatment program for six months with a goal of becoming clean and sober, reuniting with their children, and transitioning to permanent supported housing.

CHILD DEVELOPMENT

RAISING HEALTHY AND CONFIDENT CHILDREN

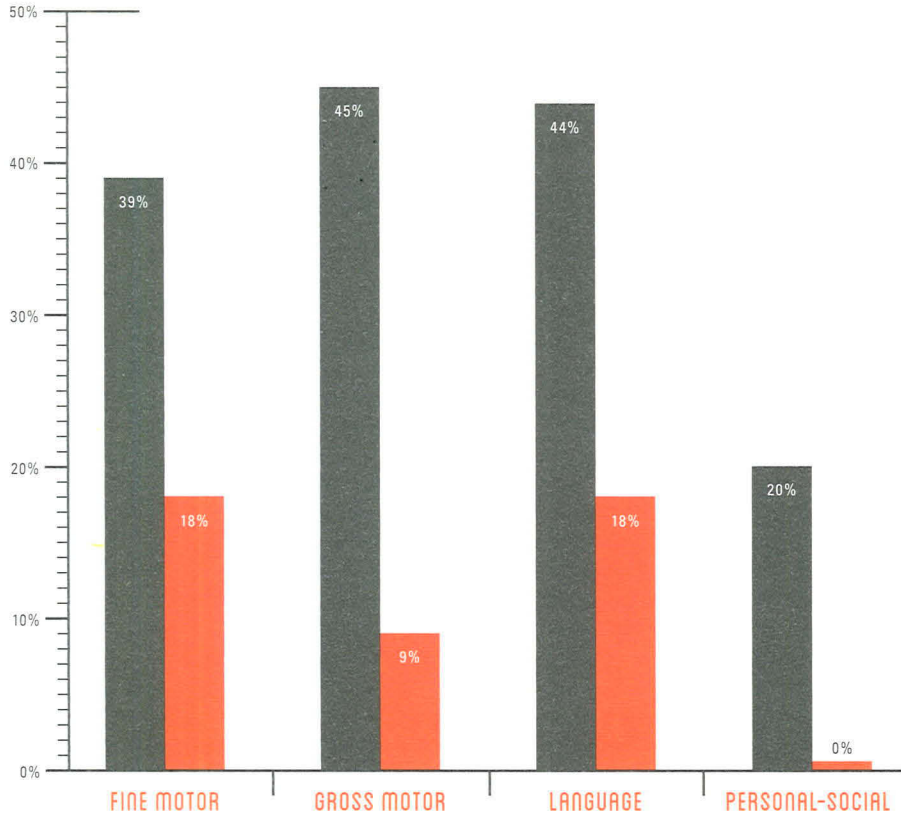
REUNITING WOMEN WITH THEIR CHILDREN IS A KEY GOAL OF PROJECT NETWORK

This approach benefits not only the women, but has far-reaching significance for the children and the community. Children in the foster care system suffer significant losses; separated from their biological families, their homes, their friends, neighbors and teachers, these children are often at a significant disadvantage in recognizing their potential and reaching positive goals.

The women who graduate from Project Network have been taught child development skills that allow them to create a productive and caring life for themselves and for their children. Even more importantly, they have access to ongoing support for understanding and attaining the skills to parent positively. These women now have the tools to raise children who will be supported in realizing their potential, reaching their goals and breaking the cycle of poverty, substance abuse and mental illness.

■ AT ENTRY
■ POST-TREATMENT

REDUCED DEVELOPMENTAL RISK IN CHILDREN
PERCENTAGE WITH A DEVELOPMENTAL *DELAY* OR *RISK OF DELAY*
DECREASES CONSIDERABLY IN ALL DEVELOPMENTAL AREAS



IMPROVEMENT SHOWN BY CHILDREN REUNITED IN
TREATMENT WITH THEIR MOTHERS

FINE AND GROSS MOTOR SKILLS
LANGUAGE
PERSONAL DEVELOPMENT
SOCIAL DEVELOPMENT



PROJECT NETWORK: A PROGRAM OF LIFEWORKS NW

CREATING A CYCLE OF ACCOMPLISHMENT AND HOPE

BECOME CLEAN & SOBER

TREATMENT & COUNSELING: Learning the steps and principles of recovery from addiction and mental health challenges helps create a foundation for developing healthier and more productive behaviors.

EDUCATION: Establishing long-term sobriety comes with education and insight, as women learn to identify their triggers and vulnerabilities and engage refusal skills.

HEALTH & WELLNESS: Addressing the health concerns of residents, medical staff are able to offer support and expertise through medical screenings and referral, medication management, health awareness, wellness education and related interventions.

REUNITE WITH CHILDREN

CHILD DEVELOPMENT: Educating and coaching residents on proven effective intervention strategies allows children to improve across several developmental stages, catching up to their peers.

PARENTING SKILLS & COMMUNICATION: Learning to engage their children in nurturing and meaningful ways with the help of a therapist provides the structure, consistency and esteem essential for healthy parent-child relationships.

MATERNAL & CHILD HEALTH: Educating residents regarding routine cycles of healthcare for well-baby and well-child check-ups and identifying special needs provides mothers with appropriate resources to address healthcare concerns.

WORK & GIVE BACK

MENTORING: Mentoring of new residents by women further along in the program provides essential support and reduces anxiety. For longer-term residents, mentoring allows them the satisfaction and reinforcement of giving back.

LIFE SKILLS: Managing to live within a budget, learning effective communication skills, developing supportive friendships, monitoring personal stress levels, and engaging in successful parenting skills all give women the sense of empowerment essential to establishing a life of recovery.

CAREER DEVELOPMENT: Obtaining a high school diploma or GED, vocational training, and employment promotes independence and fosters family stability.

BUILD SUPPORT

COMMUNITY CONNECTIONS: Fostering connections for well-being by linking families with quality childcare, schools and health care providers establishes a platform for long-term success.

SPIRITUAL CONNECTIONS: Supporting a spiritual connection for each resident is one of the most significant factors for a successful recovery.

RECOVERY SUPPORT NETWORK: Connecting graduating residents to community resources provides support for ongoing recovery, including alumni gatherings, participation in support groups and strengthening involvement in self-help networks and communities.

RETURN TO THE COMMUNITY

HOUSING: Connecting graduates with permanent alcohol- and drug-free housing is essential for them to remain clean and sober, retain full custody of their children, and to eliminate the risk of returning to previous associations with drug suppliers and users.

CASE MANAGEMENT: Continuing access to mental health and addiction services at LifeWorks NW provides an array of individual and group counseling services to support reintegration within the community. Case management is the linchpin, minimizing relapse while maximizing stability and long-term well-being.

REPEAT

PROJECT TEAM

A COORDINATED COMPREHENSIVE EFFORT

The Center for Hope and Recovery represents the extraordinary collaboration of two organizations with deep roots, significant expertise and innovative programming. Project Network is dedicated to serving women with addiction and mental health challenges, reuniting them with their families and supporting them as they become active and productive members of the community.

Project Network is a well-established, nationally recognized residential drug and alcohol treatment program that provides culturally responsive services to support primarily African American women and their children. Responsibility for Project Network was assumed by LifeWorks NW because of the organization's strong reputation of service and successful outcomes. LifeWorks NW is completely committed to securing the future success of this critical program.

Currently, Project Network is housed in an apartment property built in 1928. In 2007, it was determined by the board of LifeWorks NW that the structure, while safe and adequate, was extremely limited in its ability to adapt to changing needs.

LIFEWORKS NW

Life Works When You Get the Support You Need

The mission of LifeWorks NW is to promote a healthy community by providing quality and culturally responsive addiction and mental health services across the lifespan. Founded in 1961, LifeWorks NW has earned a significant reputation in competently delivering success in difficult-to-achieve outcomes. Through nationally recognized, culturally responsive prevention, mental health and addiction services, expert teams deliver the highest quality individual and group treatment. These important programs benefit children, teens, adults, families and the community as a whole.



HOME FORWARD (FORMERLY THE HOUSING AUTHORITY OF PORTLAND)

Hope. Access. Potential.

The mission of Home Forward is to assure that the people of the community are sheltered. Home Forward has a special responsibility to those who encounter barriers to housing because of income, disability or special need. Home Forward will continue to promote, operate and develop affordable housing that engenders stability, self-sufficiency, self-respect and pride in its residents and represents a long term community asset. Home Forward will be a community leader to create public commitment, policy and funding to preserve and develop affordable housing.

THE PLACE

CENTER FOR HOPE AND RECOVERY



SUCCESSFUL TREATMENT

Successful treatment of women with drug and alcohol addiction and mental health challenges is the foundational step in transforming lives without hope into productive lives in recovery.

TRANSFORMATIONAL PROCESS

The second step in this transformational process is breaking the generational cycle of addiction and hopelessness by strengthening and reuniting these women with their children.

SUSTAINED RECOVERY

The final, and single most important, step in this process toward sustained recovery is access to safe, permanent, affordable alcohol- and drug-free family housing.

The Center for Hope and Recovery will include residential addiction and mental health treatment and new permanent, supportive housing. The treatment center, owned and operated by LifeWorks NW, will include 12 two-bedroom suites and 4 three-bedroom suites.

THE PROGRAM

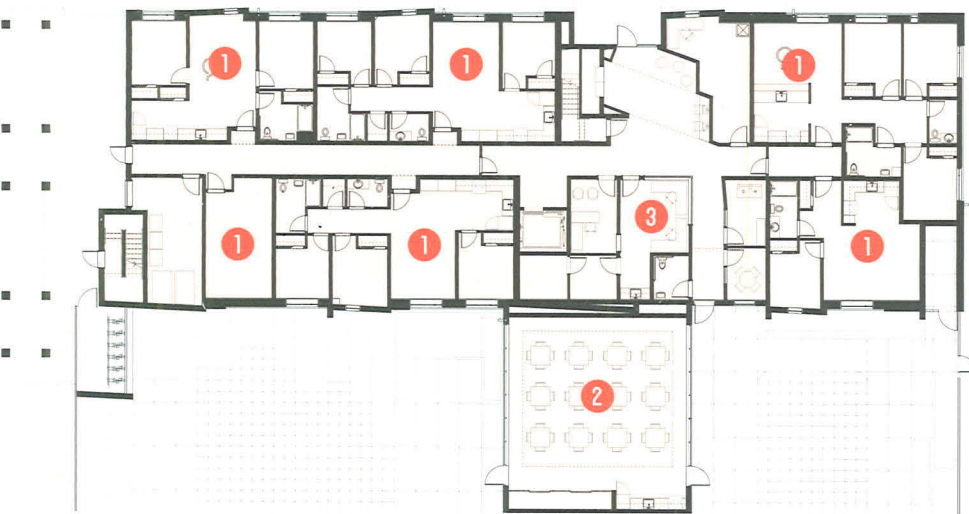
A BLUEPRINT FOR TRANSFORMATIONAL GENERATIONAL CHANGE



THE TREATMENT FACILITY

The mission of Project Network: a program of LifeWorks NW is to provide comprehensive family-focused and community-based services in a culturally responsive and gender-sensitive manner to women, children and families. This new treatment facility will ensure this mission is fulfilled.

1. CHILD DEVELOPMENT CENTER
2. COMMUNITY ROOM / SHARED SPACE
3. TREATMENT AND COUNSELING ROOMS
4. CLASSROOMS
5. FAMILY GATHERING ROOM
6. OUTDOOR FAMILY GATHERING SPACE
7. OFFICES



PERMANENT HOUSING

Ongoing services for residents living in the Home Forward housing will provide the opportunity for mentoring, group support and case management.

1. APARTMENT LAYOUTS
2. COMMUNITY ROOM / SHARED SPACE
3. OFFICES

A BETTER BOTTOM LINE

Targeted for LEED Gold certification, The Center for Hope and Recovery will capture savings in energy and water use and will offer a healthy, toxin-free home for those who live, learn and recover there. Living sustainably requires taking good care of yourself, your family, your community and the Earth. This facility will support those goals both physically and programmatically.

Additionally, by using a single team of professionals to design and construct both the treatment center and the permanent housing, design compatibility is ensured and public and private resources are leveraged in the most efficient manner possible.

YOUR HELP

YOUR GIFT IS AN INVESTMENT IN OUR COLLECTIVE FUTURE





THERE IS NO BETTER TIME TO ACT THAN NOW

As physical and behavioral health services become increasingly integrated throughout Oregon, more and more individuals suffering from addiction will be seeking treatment.

Increasing the number of client beds at Project Network ensures that additional women and their children can be treated and more women can be reunited with their children.

Increasing the number of drug- and alcohol-free affordable housing units enables the length of stay in treatment to decrease and allows families to be moved quickly into the supportive permanent housing environment they need for continued recovery. This approach serves a greater number of families, making efficient and effective use of limited resources.

THE CENTER FOR HOPE & RECOVERY

A COLLABORATIVE DEVELOPMENT FOR FAMILIES



The foundation of the world in which we live is, without question, healthy families and productive citizens. Transformation occurs when visionary missions are made possible through generosity. Individual women and their children can only break the cycle of addiction and hopelessness with help from others more fortunate.

Join us in building a place where a brighter future will be built for families in need and, through their success, a brighter future for us all.

"What we have done for ourselves alone dies with us; what we have done for others and for our community remains and is immortal."

-Anonymous



LIFEWORKS
N O R T H W E S T

TAKE THE HAND OF THIS WOMAN WHO HAS LOST ALL HOPE
GIVE HER THIS VERY REAL CHANCE TO OVERCOME HER ADDICTION
GIVE HER BACK HER CHILDREN
GIVE HER A PLACE TO MAKE THIS CHANGE PERMANENT
GIVE HER THE CHANCE TO TAKE THE HAND OF ANOTHER WOMAN IN NEED

Today, Michelle lives a life of recovery full of hope for herself and her children. Gainfully employed, supporting her 4 children, she volunteers at Project Network, encouraging women on their road to recovery and giving back to her community.

Take the hand of a person in need for someday they will hold another's hand, and another, and another all the way to generational transformation.

