

**Please check which category you are nominating this person for:**

	Advocacy	An individual or organization that has exhibited outstanding advocacy efforts on behalf of people with disabilities in the City of Portland
X	Community Inclusiveness	An individual, organization, or program that has made a significant effort to include people with disabilities in the community in the City of Portland
	Lifetime Achievement	An individual that has spent a significant portion of their life working to improve the accessibility and inclusivity of people with disabilities in the City of Portland
	Transportation	An individual or organization that has worked to improve the accessibility of the City of Portland in regard to transportation issues
	Youth Achievement	An individual under the age of 25 either with a disability or who has contributed to the disability community in a way that promotes inclusivity and awareness in the City of Portland

Name of Nominee: Angela Weaver Phone: 503-494-1250

Address: 707 SW Gaines Road, Portland OR 97239 Email: weaverro@ohsu.edu

Name of Nominator Rob Boy Phone: 503-494-5361

Email of Nominator: boyr@ohsu.edu

In one page or less, please tell us why this individual, organization or program should be honored with the 2009 "Making a Difference" in disability award in the category for which you are nominating them.

Some ideas of things to share could include:

- How has the nominee worked to advocate for the disability community?
- What impact or observable change has occurred due to their efforts?
- An example or story that highlights why the nominee should be honored.

# Angela Weaver – Community Inclusiveness Award

Angela Weaver has worked to improve the health and wellness of people with disabilities for more than twelve years. As the Health Educator at the Oregon Office on Disability and Health, she helped develop the Healthy Lifestyles curriculum and training program. She has conducted over 75 training sessions for people with disabilities in Oregon and around the country. These programs teach people with disabilities how to make better choices about what they eat, the importance of physical activity in being healthy, and how to advocate for your own well-being.

Angela is currently serves as the Project Coordinator for the Oregon Office on Disability & Health. One project she contributes to is the Community Engagement Initiative. This project works with communities around the state to find workable solutions to problems that people with disabilities face. Through this project, community members with disabilities are able to take an active role in improving the conditions

She has also worked tirelessly to develop, plan, and promote the annual Celebrate Wellness conference. Celebrate Wellness draws over 100 participants each year since it began in 2000. This conference teaches people with disabilities how to live healthier, and happier, lives.

Angela has worked hard to ensure that people with disabilities have access to health care, she trains people on how best to care for themselves, and additionally, she has worked throughout the state (and nationally) to train others on her successful curriculums.