

COUNSELING AND REFERRAL PROGRAM

The Office of Public Affairs, and the Bureau of Human Resources, recommends the City-County Commission on Aging receive \$45,889 from the City of Portland to maintain 6 Field Counselors and 3 drivers at the Northwest Pilot Project, Southeast Senior Service Center and Peninsula Project ABLE. Federal funding cut-backs will mean the loss of this staff which has been serving approximately 1,800 older adults in the City. This request will ensure continued service.

## COUNSELING AND REFERRAL PROGRAMS

PROBLEM DESCRIPTION

## Condition:

Three counseling and referral programs that have been providing services to approximately 1,800 older citizens face cutbacks unless funding is sustained by general fund dollars.

## Impact:

The Northwest Pilot Project, the Southeast Senior Service Center, and Peninsula Project ABLE have been helping older adults in Portland receive needed services since April, 1972. Since that time, they have identified, counseled with, referred, and provided transportation to about 1,800 older adults who suffer from chronic illnesses, poverty, and lack of needed services and who have not known of appropriate community resources for which they are eligible.

Federal funding cutbacks will end service to this large number of older people on October 30, 1973 unless local resources can maintain present levels of staffing. The result of ending services to this population will be to cut them off from their linkage to services that can sustain their independent living and reduce their isolation from society.

PROGRAM GOAL

To assist 1,800 older adults in Portland retain their access to social and health services that can sustain their independence as long as possible.

OBJECTIVES

1. To maintain 1,800 older adults' access to needed community health and welfare resources through June 30, 1974.
2. To maintain 1,800 older adults' contacts with the community through June 30, 1974.

PRODUCTIVITY INDICATORS

1. Number of individuals provided transportation.
2. Number of individuals referred for medical services.
3. Number of individuals referred for housekeepers.

## COUNSELING AND REFERRAL PROGRAMS

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4. Number of individuals referred for social welfare services.
5. Number of individuals referred for meals on wheels.
6. Number of individuals referred for nursing services.
7. Number of individuals referred for housing.
8. Number of individuals provided with supportive counseling.
9. Number of individuals served by volunteer visitors.

PROGRAM DESCRIPTION

The Northwest Pilot Project, the Southeast Senior Service Center, and Peninsula Project ABLE have all received their funding for their counseling and referral programs from Federal sources through the City-County Commission on Aging. These agencies have recommended the staff needed to do the counseling and transportation; staff workers have been placed on the Commission's payroll, but have been supervised by on-site staff. Letters of agreement have been written between the Commission and each agency, specifying the scope of work and results to be achieved. The Commission has, therefore, been the agency held accountable for monitoring and evaluating staff performance. This arrangement will continue under this funding proposal.

Counselors and drivers hired under this program are responsible for being the link between the older people in three areas of high density of elderly population and a number of existing community health, housing, and social welfare services. Older people have been sought out, their needs have been evaluated by paraprofessional workers, and they have been referred and brought (if necessary) to appropriate services that can maintain their independence.

Approximately 1,800 older people have been thus identified and served and continue to need the assistance of the staff of these agencies. Activities include searching and finding isolated older people, assessing needs, making referrals to appropriate resources, providing supportive counseling, transportation, and volunteer friendly visitors recruited from the neighborhood to reduce isolation.

The Northwest Pilot Project and Peninsula Project ABLE have been given vehicles by the American Red Cross, which also pays mileage costs. The Southeast Senior Service Center does not have such an arrangement with the Red Cross and needs funds for mileage in order to provide transportation.

The City-County Commission on Aging will provide coordination, payroll, monitoring and evaluation of the program.

TOTAL COUNSELING AND REFERRAL BUDGETPersonnel

6 Field Counselors \$491/mo/8 mos.	\$23,568
3 Drivers \$491/mo/8 mos.	<u>11,784</u>
	35,352
Fringe Benefits @ 17%	<u>6,009</u>
Total Personnel	41,361

Consumable Supplies

Office Supplies - 6 Counselors - \$10 mo./8 mos.	480
Postage - 6 Counselors - \$10 mo/8 mos.	<u>480</u>
Total Supplies	960

Local Mileage

6 Counselors 400 mi. mo./8 mo./ @ .14 mi.	2,688
1 Driver 1,000 mi. mo/8 mo./ @.11 mi.	<u>880</u>
Total Mileage	3,568

Total Budget	<u>\$45,889</u>
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COUNSELING AND REFERRAL BUDGETNORTHWEST PILOT PROJECTPersonnel

2 Field Counselors	\$491 mo/8 mos.	7,856
1 Driver	\$491 mo/8 mos.	<u>3,828</u>
		11,784
Fringe Benefits @ 17%		<u>2,003</u>
Total Personnel		13,787

Consumable Supplies

Office Supplies	2 Counselors - \$10 mo ea./8 mos.	160
Postage	2 Counselors - \$10 mo ea./8 mos.	<u>160</u>
		320

Local Mileage

2 Counselors	400 mi. mo./8 mos.-.14 mi.	<u>896</u>
Total		15,003

COUNSELING AND REFERRAL BUDGETPeninsula Project ABLEPersonnel

2 Field Counselors \$491/mo/8 mos	7,856
1 Driver \$491/mo/8 mos	<u>3,928</u>
	11,784
Fringe Benefits @ 17%	<u>2,003</u>
Total personnel	13,787

Consumable Supplies

Office Supplies - 2 Counselors - \$10 mo ea/8 mos.	160
Postage - 2 Counselors - \$10 mo ea/8 mos.	<u>160</u>
Total supplies	320

Local Mileage

2 Counselors 400 mi. mo/ 8 mos/ .14 mi.	<u>896</u>
Total	15,003

COUNSELING AND REFERRAL BUDGET  
SOUTEAST SENIOR SERVICE CENTER

Personnel

2 Field Counselors	\$491 mo/8 mos.	7,856
1 Driver	#491 mo/8 mos.	<u>3,028</u>
		11,787
Fringe Benefits @ 17%		<u>2,003</u>
		13,787

Consumable Supplies

Office Supplies 2 Counselors - \$10 mo. ea./8 mos.	160
Postage 2 Counselors - \$10 mo. ea./8 mos.	<u>160</u>
	320

Local Mileage

2 Counselors 400 mi. mo./8 mos. @ .14 mi	896
1 Driver 1,000 mi. mo/8 mos/@ .11 mi.	<u>880</u>
	1,776
Total	15,888



## ORDINANCE No. 137351

An Ordinance authorizing an agreement by and between the City of Portland and the City-County Commission on Aging to provide for counseling and referral and transportation services to older citizens of the City at a cost to the City of \$45,889, authorizing the Auditor to issue warrants pursuant thereto, and declaring an emergency.

The City of Portland ordains:


Section 1. The Council finds that the City-County Commission on Aging is presently funding three centers which provide special services for senior citizens in the City (Northwest Pilot Project, Southeast Senior Service Center, and Peninsula Project Able); that due to cutbacks in Federal funding of these programs, services presently benefitting 1,800 senior citizens may be terminated; that in order to enable continuation of counseling, referral and transportation services for senior citizens, the City should execute an agreement with the City-County Commission on Aging; that said agreement should substantially comply with the project narrative and budget attached to the original only hereof as Exhibit "A," and by this reference made a part hereof; that said agreement shall provide for reimbursement to the City-County Commission on Aging in an amount not to exceed \$45,889; that the sum of \$45,889 is available to the City within the special appropriation for senior citizen programs; now, therefore, the City Attorney hereby is directed to prepare an agreement by and between the City of Portland and the City-County Commission on Aging to provide services substantially similar to those described in Exhibit "A" attached hereto; the Mayor and Commissioner of Public Affairs hereby are authorized to execute said agreement and the Mayor and Auditor hereby are authorized to draw and deliver warrants pursuant thereto.

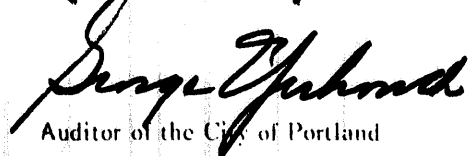
Section 2. Inasmuch as this ordinance is necessary for the immediate preservation of the public health, peace and safety of the City of Portland in this: In order that specialized services to senior citizens may continue without undue delay; therefore, an emergency hereby is declared to exist and this ordinance shall be in force and effect from and after its passage by the Council.

Passed by the Council, OCT 17 1973

Commissioner Schwab  
October 12, 1973  
MAL:at

Attest:

  
Mayor of the City of Portland

  
Auditor of the City of Portland

Calendar No. 3227

# ORDINANCE No. 137351

Title

An Ordinance authorizing an agreement by and between the City of Portland and the City-County Commission on Aging to provide for counseling and referral and transportation services to older citizens of the City at a cost to the City of \$45,889, authorizing the Auditor to issue warrants pursuant thereto, and declaring an emergency.

### THE COMMISSIONERS VOTED AS FOLLOWS:

	Yeas	Nays
Anderson	1	
Ivanic	1	
McCready	1	
Schwab	1	
Goldschmidt	1	

### FOUR-FIFTHS CALENDAR

Anderson	
Ivanic	
McCready	
Schwab	
Goldschmidt	

INTRODUCED BY
COMMISSIONER SCHWAB

DRAWN BY
MAL:at
Date October 12, 1973

NOTED BY THE COMMISSIONER
Alfairs
Finance and Administration
Safety
Utilities
Works
City Attorney

NOTED BY THE CITY AUDITOR
APPROVED

By	City Engineer
Date	

Filed OCT 12 1973

**GEORGE YERKOVICH**  
Auditor of the CITY OF PORTLAND

By Quellen Bessone  
Deputy