

MODEL CITIES FOSTER CARE PROJECT  
PROPOSAL FOR THIRD ACTION YEAR

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## Model Cities Foster Care Project

During the Second Action Year of the Model Cities Program the Multnomah County Juvenile Court proposed, and received funding for, a special foster care project for delinquent and pre-delinquent children from the Model Cities Neighborhood. Although the resources of the project were and are for any child in the area needing them, the main factor underlying the establishment of the project was the dirth of foster homes for such children of minority races and the desire to give service to the children within the Model Neighborhood.

Effective April 1, 1972, the Children's Services Division assumed the responsibility for the continuation of this project which was expanded and enriched.

There is a broad base of factors which support this proposal:

1. This will allow CSD an opportunity to meet more adequately the need of foster care in the Model Neighborhood.
2. For the children in foster care in the project there will be intensive and extensive counselling and supportive services. Similar appropriate services will be available to their parents and foster parents.
3. Educational, cultural and recreational enrichment will be individualized according to the needs of each child.
4. Psychological/psychiatric services and/or consultation can be more extensive than is currently possible under the regular foster care program.

5. With close liaison and coordination with the Juvenile Department, it is anticipated that some of the children who are identified by their Counseling and Detention Intake Units as needing foster care could be directly referred to CSD for inclusion in this project and prevent unnecessary long stays in detention, or repeated failure in the child's own home resulting in further deterioration or complication of the problem.
6. This proposal will allow CSD an opportunity to continue the establishment of a uniform and realistic method of determining adequate special payment rates based upon specific needs of the child and the specific service or activity expected of the Foster Parent.
7. Under this project, professional foster parenting would be encouraged and promoted for the first time through provision of educational and/or training courses.
8. The foster care payment rate scale provides, for the first time, a mechanism for obtaining data which will succinctly delineate the needs of children who require special care or services. It also provides a concrete means by which the agency and foster parents arrive at a "contract" of expectations.
9. This project will provide for some research and evaluation activities in foster care which our current foster care program does not allow. Through this effort we can document the effects and results and if successful, use the experience to upgrade foster care services statewide.

## MODEL CITIES FOSTER CARE PROJECT

## SUMMARY

This proposal is for a continuation of the Model Cities Specialized Foster Home Program. Planning for children's needs had been severely limited by foster home resources. There was and is a need for the continuation of a Foster Home program to care for children in the Model Neighborhood. Too often, because of a lack of these foster home resources, children are kept too long in detention facilities, shelter care institutions or left in own homes which do not meet their needs. They may also be returned to their own homes, after a brief stay in detention, which cannot provide an adequate structure for the child and the child becomes involved in subsequent delinquencies or other anti-social behavior. Some of the problems of helping children in the Model Cities are also due to environmental and cultural forces which are sometimes inconsistent with mainstream American middle class society. The CSD, therefore, proposes to continue the Model Cities Specialized Foster Home project for the Model Cities Third Action Year and, if funded, through the use of Title IV A funds will be able to continue to expand and enrich the program to include specialized foster homes and specialized staff in the third action year.

I. Purpose:

To provide an enriched foster family care program in the Model Cities Neighborhood through intensive recruitment, supervision, and the continuation of a fee-for-service to pay foster parents as a means of more adequately meeting the needs of these children and to encourage families with marginal incomes to become foster parents.

## II. Beneficiaries:

1. Residents of the Model Cities Neighborhood
2. The approximately 20 children who are recipients of the proposal
3. The 20 or more Model Neighborhood families who will be certified as foster family homes for the project
4. Model Neighborhood parents of the children who are placed in the foster family project
5. Model Neighborhood residents who are employed in the project

## III. Content and Operation:

This project will include the following functions:

Function 1 - Continue, expand and enrich the foster family care project

Function 2 - Establish a Model Cities Foster Parents Federation

Function 3 - Provide training and employment for Model Neighborhood residents

Function 4 - Develop a liaison with the Model Neighborhood schools

These four functional elements are sufficient for providing alternative care and extended services to disadvantaged children by actively recruiting and using resources within the Model Neighborhood.

Besides using the usual news media to advertise the need for foster parents in this area, it is proposed that the staff will make personal contact with the MN citizens to actively recruit and develop foster homes. Training during the third action year will be intensified and purchased from educational institutions, as appropriate and warranted.

Function 1 - Continue, expand and enrich the Foster Family Care Project.

The Children's Services Division will utilize its already existing differential board rates, and will establish a fee-for-service with desig-

nated levels of expectations to be added to the basic rate as an aid in the recruitment of foster homes of low or marginal incomes. In addition to the board rate and fee-for-service, it is recommended that special rate payments be made for the care of specific children who exhibit highly exceptional problems. These rates will be commensurate with the skills and services required of the foster parents for the extraordinary care given.

Key activities relating to Function I are as follows:

Activity 1-1 - Recruit, screen, and certify foster homes in the MN area

Activity 1-2 - Screen and place children in certified foster homes

Activity 1-3 - Provide counseling services for foster parents in relation to children placed in their care

Activity 1-4 - Provide individual and/or group counseling for children and their parents

Activity 1-5 - Provide enriched educational recreational and cultural activities for children placed in foster family care.

Function 2 - Develop a Model Cities Foster Parents Federation.

It is planned that this Federation will negotiate and be established as a part of the Tri-County Foster Parents Association. By maintaining a degree of autonomy the foster parents from the MN will be able to focus on neighborhood problems related to the children placed in their care. The Federation will establish its own purpose, goals and objectives. Consultation will be available from a CSD staff member.

Key activities relating to this function are:

Activity 2-1 - Consult with the Region I Foster Parent Association  
relating to formation of a MN FP Federation subsidiary

Activity 2-2 - Draw up necessary organization papers - (bylaws and  
constitution, etc.) with consultation available from  
CSD .

Activity 2-3 - Elect officers

Activity 2-4 - Establish a specific program in relation to children  
in foster care in the Model Neighborhood with con-  
sultation available from CSD

Function 3 - Provide training and employment for Model Neighborhood residents.

Informal group discussions as well as purchased educational courses will be provided for foster parents and staff to develop skills and understanding of the children who have needed placement in this project. Positions to be filled in relation to this staff will be advertised in the Model Neighborhood. Foster families certified for this project will reside in the Model Neighborhood.

Key activities relating to this function are:

Activity 3-1 - Recruit residents for participation in program

Activity 3-2 - Develop training program for staff and foster parents

Activity 3-3 - Provide educational and/or training opportunities for  
staff and foster parents.

Activity 3-4 - Enter into contract for purchase of educational courses  
with such agencies as Division of Continuing Education,  
community colleges, adult education, etc.

Function 4 - Develop a liaison with the schools as a means of unifying  
mutual efforts and coordinating resource utilization between

the schools, and foster parents. Children's Services Division and other social agencies on behalf of children in the project. This will also allow for a process by which children identified by the schools as exhibiting obvious parental neglect or other indications suggesting the need for protective service, to be referred to Children's Services Division for appropriate remedial action.

Through liaison activities with the schools, it will be possible to set up a working relationship which will improve communications and encourage cooperation between the foster parents, CSD staff, and school personnel.

This team effort will make it possible to focus the combined resources of everyone upon the foster child in the project toward a common objective. This collective effort will make it possible to have a massive impact upon the child, preventing further deterioration and speeding up the amelioration of the problem and facilitating an earlier return to his own home.

Activity 4-1 - Establish a communication system between the school and the Model Cities Specialized Foster Home program.

Activity 4-2 - Identify resources available to either or both school and agency which can be maximized for the benefit of the child

Activity 4-3 - Define and clarify the roles and functions of the school, and CSD employees who are working with the child in the Foster Care Project.

Activity 4-4 - Co-ordinate the activities of school, foster parents, CSD and other social agencies so that the child can utilize the schools educational programs to the maximum extent of his abilities and potential.

IV. Timetable:

For the third action year, the timetable is as follows:

Begin to develop a research and evaluation model: June 15, 1972

Establish liaison with schools: September, 1972

Begin to organize Foster Parents Association: July, 1972

Begin to develop and implement training plans for foster parents: July, 1972

Begin to develop and implement recreational and cultural activities: July, 1972

Begin the ongoing program of placement of children in foster care: July, 1972

V. Project Administration:

The project will be administered through the Children's Services Division through its Multi-Service Center District Office.

VI. Project Coordination:

To be most effective coordination will be necessary or, at least desirable with the following agencies:

Albina Legal Aid Society

Portland Public Schools

Neighborhood Youth Corps

Albina Youth Opportunity School

Young Men's Christian Association

Young Women's Christian Association

Welfare Division

Health Department

U of O Medical School

Model Cities Police Community Relations

Multnomah Juvenile Court

Portland Metropolitan Steering Committee

C-CAP

Highland Community Center

Metropolitan Youth Commission

Albina Ministerial Association

Model Cities Child Care Centers

Oregon State University Extension Service

Metropolitan 4-C's

State of Oregon - Albina Multi-Service Center

VII. Monitoring and Evaluation:

This project will be evaluated according to the following criteria and other criteria as agreed upon by Model Cities and Children's Services Division.

To supplement the evaluation for Model Cities, CSD will design and implement a means of evaluating this project to determine in short terms and long term qualitative as well as quantitative terms the impact of various components of the project:

Monitoring for Model Cities will be done through monthly and, or quarterly reports. The following are some process - output measures by which the project process will be judged.

1. Enrich and expand the foster family care program

\_\_\_\_\_ number of MN residents applying for foster home certification

\_\_\_\_\_ number of MN residents certified as foster parents

\_\_\_\_\_ number of placements available

\_\_\_\_\_ number of children referred for placement in the MN FH Project

\_\_\_\_\_ number of children in certified foster homes

\_\_\_\_\_ number of own (natural) parents receiving individual counseling

- \_\_\_\_\_ number of children who return home
- \_\_\_\_\_ number of above regular rates paid
- \_\_\_\_\_ number of children who have been in the project who have been returned home but who have returned to the foster home project
- \_\_\_\_\_ number of children receiving on-going medical/dental/psychiatric care while in foster care
- \_\_\_\_\_ number of MN staff employed on this project

2. Establish a Model Cities Foster Parent Group:

- \_\_\_\_\_ number of group formation meetings (or organizational meetings) attended by foster parents
- \_\_\_\_\_ number of foster families attending Federation meetings

3. Provide Training and Employment for Model Cities Residents:

- \_\_\_\_\_ number of MN residents involved in a foster parent training program
- \_\_\_\_\_ number of CSD staff involved in a foster parent training program
- \_\_\_\_\_ number of parents of children in foster care involved in a training program
- \_\_\_\_\_ number of formal educational courses provided for staff/foster parents and parents who are MN residents
- \_\_\_\_\_ number of informal but planned discussions attended by parents/foster parents/staff/and other interested MN residents.

VIII. Citizen Participation:

Model Neighborhood residents will be involved in the selection of the four top positions in this project.

MN residents will be members of the Foster Parents Association

MN residents will be involved in the planning of programs and in the evaluation of the program through the Model Cities Child Care Centers Advisory Committee

MN residents will be employed in the project staff

MN residents will be certified as foster parents

Children of the MN will benefit from the improved working relationships with the Model Cities District office of CSD

IX. Resident Employment:

All job vacancies will be advertised in the MN. A Citizens Planning Board member will be involved in the screening process

There will continue to be opportunities for employment of Model Neighborhood residents on all levels. The director will be responsible for recruiting for staff positions from the Model Neighborhood resident populations.

X. Budget:

## MODEL CITIES FOSTER CARE BUDGET

<u>Category</u>	<u>Estimated Cost</u>	<u>Federal</u>	<u>Other</u>
Personnel	\$ 55,524	\$41,643	\$13,881
Contracted Services	52,892	31,394	21,498
Local Travel	3,360	2,520	840
Consumable Supplies	1,858	1,393	465
Space	<u>4,920</u>	<u>3,690</u>	<u>1,230</u>
Totals	\$ 118,554	\$80,640	\$37,914

Contracted service

Adm & Audit - 10% salaries  
\$5,552

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April 12, 1972

<u>Personnel</u>			<u>Total</u>	<u>Federal</u>	<u>Other</u>
1 Local Worker III	878	100% 12	\$10,536	\$7,902	\$2,634
1 Caseworker II	796		9,552	7,164	2,388
1 Caseworker II	796		9,522	7,164	2,388
2 Human Resource Assistant	624		14,976	11,232	3,744
1 Clerk III	443		5,316	3,987	1,329
 Total Personnel			 49,932	 37,449	 12,483
Fringe @11.2%			<u>5,592</u>	<u>4,194</u>	<u>1,398</u>
Total			\$ 55,524	\$ 41,643	\$ 13,881

## Space

TotalFederalOther

Office space - 1,000 square  
feet @ \$.41 per square foot  
per mo x 12

\$ 4,920

\$ 3,690

\$ 1,230

April 12, 1972

Consumables

	<u>Total</u>	<u>Federal</u>	<u>Other</u>
Student fees	\$ 400	\$ 300	\$ 100
Desk supplies @ \$6.25 per mo x 6 persons x 12	450	337	113
Postage @ \$30 per mo x 12	360	270	90
Telephone - 3 instruments @\$18 per mo x 12	<u>648</u>	<u>486</u>	<u>203</u> 162
Total	\$ 1,858	\$ 1,393	\$ 465

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April 12, 1972

**Local Travel**

	<u>Total</u>	<u>Federal</u>	<u>Other</u>
Staff travel - 4,000 miles per month x 12 @ \$.07 per mile	\$ 3,360	\$ 2,520	\$ 840

## Consultant and Contract Services

	<u>Total</u>	<u>Federal</u>	<u>Other</u>
1. Fee-for-service 20 children @ \$50 per mo x 12	\$12,000	\$9,000	\$3,000
2. Board @ \$35 per mo x 6 children x 12	6,120	2,459	3,661
3. Board @ \$105 per mo x 14 children x 12	17,640	7,086	10,554
4. Special Rates - \$35 per mo x 6 children x 12	2,520	1,890	630
5. Foster and Natural Parents training development	3,000	2,250	750
6. Professional Staff development	3,000	2,250	750
7. Psychiatric and Psychological consultation @ \$255 per mo	3,060	2,295	765
8. Auditing and administrative services 10% of total personnel	<u>5,552</u>	<u>4,164</u>	<u>1,388</u>
Total Cost	\$ 52,892	\$ 31,394	\$ 21,498