

Do It Yourself – Chemical-Free Deodorant

1/3 cup coconut oil

¼ cup baking soda

¼ cup arrowroot starch

6 drops essential oil

Instructions:

1. Mix baking soda and arrowroot
2. Mash in coconut oil until blended
3. Add essential oils, if desired
4. Place the mixture in an empty glass jar
- 5.

To use, just warm a small amount between your fingers until it turns into liquid, and apply