# **Poppedand Cupbels**Bureau of Planning and Sustainability · Ted Wheeler, Mayor · Susan Anderson, Director

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### HERE'S HOW TO AVOID COMMON RECYCLING BLUNDERS

### More isn't always better

Not everything goes into the blue recycling roll cart. Rest assured you are doing the right thing when you put items that are on the NO list into the garbage.

Why are some items accepted in the blue roll cart while others are not? The items on the YES list can be sorted, sold, and turned into new materials in a cost-effective way.

### Free yourself from recycling number confusion

Do you search for the symbol and number on the bottom to decide if you should recycle an item? Give your eyes a break! Ignore the numbers; they indicate plastic resin type for manufacturers, not recyclability. Portland's recycling facilities sort containers based on size and shape.

### Leave out the take-out items

To-go containers are not accepted in the blue roll cart. This includes paper and plastic cups, food containers and wrappers, cutlery, and straws. Putting take-out items in the recycling slows down the sorting process, adding cost.

### No plastic bags, please

Plastic bags are on the NO list because they get caught in machinery at the sorting facilities, causing major mechanical slow-downs. Instead, return them to participating retailers.

### Follow the list and relax

Need a recycling refresher? The list of materials accepted in the blue roll cart hasn't changed since 2008. Find a complete guide to Portland recycling on page 2.



# REDUCE, REUSE – AND REFUSE

Does your garbage can fill up fast with bulky take-out containers? Rethink how



to remove plastics and single-use items at home, work or play.

#### Remember to reuse (and reduce disposables)

Make a reusables kit for your car, day bag or bike bag. Include reusable shopping bags, a coffee or travel mug, produce bags, cutlery or small containers for leftovers. After you use something from your kit, replace it when you get home so your kit is always with you and ready for anything.

Having an on-the-go kit is good if you eat out a lot, make frequent stops at the store, or tend to forget your reusables (we all do!).

#### Choose to refuse unwanted items

If you don't need the straw, plastic cutlery, napkins or a bag, say so!

Find more ideas for making simple changes in everyday choices to reduce waste at www.resourcefulpdx.com.

The Bureau of Planning and Sustainability is committed to providing meaningful access. For accommodations, modifications, translation, interpretation or other services, please contact BPS at 503-823-7700 or use City TTY 503-823-6868, or Oregon Relay Service: 711. Traducción o interpretación | Chuyển Ngữ hoặc Phiên Dịch | 翻译或传译 | Письменный или устный перевод | Traducere sau Interpretare | المن المنافعة المناف

# YOUR CURBSIDE GUIDE

www.portlandoregon.gov/bps/carts | 503-823-7202

### **CARBACE** every-other-week or every-four-weeks



**GARBAGE** Coffee cups/lids/pods, paper/plastic plates, take-out food wrappers/containers, drink cups/straws, cutlery, frozen food packaging/trays, plastic "clamshells", plastic caps/lids, plastic bags, facial tissue, painted/stained wood, plywood, incandescent light bulbs, garden hoses.



**MUST BE BAGGED** Pet waste, cat litter, diapers, feminine hygiene products, ashes, sawdust, packaging peanuts, broken glass.



**PLACE IN SEALED CONTAINER** Kitchen fats, cooking oil, grease.



NO: Computers, monitors, TVs, compact fluorescent lightbulbs (CFLs), hazardous waste, chemicals.



**FOOD SCRAPS** Meat, poultry, seafood, bones, cheese, eggshells, bread, pasta, grains, beans, nuts, fruits, vegetables, coffee grounds, spoiled food.



**YARD DEBRIS** Weeds, leaves, vines, grass, small branches, flowers, house plants, plant clippings.



**OTHER** Paper napkins, paper towels, coffee filters, tea bags, pizza delivery boxes .



NO: "Compostable" or "Biodegradable" containers, household garbage, pet waste, diapers, plastic bags, lumber, dirt, ashes, rocks, branches larger than 4" thick and 36" long.



RECYCLE

**PLASTIC** Bottles with a neck (6 oz. or larger), tubs (6 oz. or larger), plant pots (4" or larger), buckets (5 gal. or smaller).



**METAL** Aluminum, tin and steel food cans, empty dry metal paint cans, empty aerosol cans, aluminum foil, scrap metal (smaller than 30" and less than 30 lbs).



**PAPER** Newspapers, magazines, catalogs, phone books, flattened cardboard boxes, scrap paper, cartons (milk, juice, soup), shredded paper (in paper bag).



NO: Plastic bags, plastic caps/lids, diapers, propane cylinders, coffee cups/lids/pods, plastic "clamshells," Styrofoam<sup>™</sup>, plastic containers under 6 oz., prescription medicine bottles.





**GLASS BOTTLES & JARS** Place in yellow bin or other plastic container with a "glass only" sticker.





**MOTOR OIL** Put in a leakproof, clear plastic jug with lid and place next to carts for recycling.



NO: Light bulbs, drinking glasses, vases, broken glass, ceramics.

### **BLUE CART** HIGHLIGHT

## TOP 6 ITEMS TO KEEP OUT **OF YOUR CURBSIDE RECYCLING**



- **1.** Plastic bags, plastic film and wrappers
- 2. Paper and plastic drink cups, straws and coffee cups
- **3.** Frozen food boxes and trays
- 4. To-go containers and "clamshells"
- 5. Styrofoam<sup>™</sup> blocks and foam peanuts
- 6. Diapers, of course!

These items belong in the garbage.







Garbage pick-up for EVERY-OTHER-WEEK customers Garbage pick-up for EVERY-OTHER-WEEK AND EVERY-FOUR-WEEK customers

Weekly pick-up of green and blue carts and yellow bin for ALL CUSTOMERS

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\*HOLIDAY SCHEDULE DETAILS NO COLLECTION DECEMBER 25 AND JANUARY 1. YOUR CURBSIDE COLLECTION WILL HAPPEN ONE DAY LATER THE WEEKS OF CHRISTMAS AND NEW YEAR'S DAY. MONDAY COLLECTIONS REMAIN THE SAME. FRIDAY COLLECTIONS WILL HAPPEN ON SATURDAY. ALL OTHER HOLIDAYS ARE REGULAR COLLECTION DAYS.

**Reminder:** Customers must contact their garbage and recycling company within two days of a missed collection. Additional charges will apply if materials are not curbside by 6 a.m. or if a return pick-up is needed due to improper preparation.



...I can transform a fridge full of produce in just a couple of hours...I get more value from my food budget, I eat better throughout the week, and I throw away less.//

— Marisa McClellan



Food preservation expert Marisa McClellan of **www.foodinjars.com** shares a new—and much easier—approach to canning that uses common kitchen equipment and smaller jars.

# Q: Canning sounds intimidating. How do you make it less scary?

- A: The very best way to let go of any fears surrounding canning is to take a class (whether in person or by video), or to find an experienced friend and get them to can with you. Some of the best starter recipes include blueberry jam, applesauce and pickled green beans (they stay crisp better than cucumbers).
- Q: How do you use small-batch canning to reduce food waste in your life?
- A: Whenever I find myself with more produce than I can eat each week, I pull everything out and start to triage. Anything that keeps on its own goes back in the crisper (things like potatoes, cabbage, and cauliflower). Then, I divide things up into four categories—jam, pickles, pesto, spreads—and roll my sleeves up to get started.

Read the full interview: www.portlandcurbsider.com

### **SELLING YOUR HOME?**

### Know the score!

Learn about the **NEW** City of Portland Home **Energy Score requirement** 

www.pdxhes.com





### ¿PLANEA VENDER **SU CASA?**

¡Conozca el diagnóstico de energia!

El diagnóstico de energia o Energy Score, es un **NUEVO** requisito que le ayuda a obtener información de el gasto electrico de casas en la Ciudad de Portland. Para obtener más información, visite

www.pdxhes.com



Get a reminder the day before! Sign up for weekly email reminders and check your collection schedule at www.garbagedayreminders.com.





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### **INSIDE**:

- NEW 2018-2019 garbage collection schedule.
- Recycle with confidence: Guide inside!
- Find out what to keep out of your recycling - it may surprise you.







After an annual review of system costs, the Portland City Council approved a garbage and recycling bill increase of \$2.55 per month for most customers in Portland.



Garbage rates & recycling information available

After five years of stable rates, the 2018 increase is needed to cover higher costs for recycling, labor, fuel and garbage disposal. In particular, new quality standards for recycled materials sold to international manufacturers require local recycling facilities to hire additional workers.

معلومات عن أسعار نقل النفايات والتدوير متوفرة

#### ゴミ料金およびリサイクル情報提供可能

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Informații disponibile referitoare la tarifele pentru colectarea gunoiului și reciclare

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可获取垃圾等级和回收信息

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Tarifas de recolección de basura e información de reciclaje disponibles

Тарифи на вивезення сміття і інформацію з питань утилізації можна отримати

Thông tin về tỷ lệ rác thải và tái chế đang sẵn có

www.portlandoregon.gov/bps/garbagerates

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