



TIMBER JOEY of the Portland Timbers needs a whole lot of fuel to pump up Timbers supporters for the big games. Sawing through logs after every goal takes a lot of energy!

Though he doesn't use his chainsaw in the kitchen, he plans ahead for big game-day meals to eat heartily and avoid wasting food. Timber Joey collects food scraps to create nutrient-rich fertilizer that will benefit victory gardens across Portland and keep methane (a potent greenhouse gas) out of the landfill. Everyone living in a single-family home or smallplex (2-4 units) in Portland can add food scraps and yard debris to the green *Portland Composts!* roll cart for curbside collection.

HOW TO MAKE A GOAL FOR THE PLANET

1. Set up the play! Find any kitchen container and line it with newspaper, paper bags or approved compostable bags. These optional liners help keep it clean.

Sprinkle baking soda in it or rub vinegar on the inside of the lid to avoid odors and fruit flies.

2. Trap your scraps! Collect food scraps while preparing

THE CHOICE IS YOURS

Cook from scratch? Lots of scraps? Try reusing something larger like an old kitty litter bucket to collect your food scraps.

Fewer scraps? A kitchen bowl or a yogurt container might be right for you.

meals, scraping plates and cleaning out the refrigerator.

- 3. **Goallil!** Empty your kitchen container, including the liner, into your green *Portland Composts!* roll cart as frequently as you like.
- Red card! Besides the five approved brands of compostable liners, leave out plastic products, even if they say "compostable." These belong in the garbage container.

Watch our videos at www.portlandcomposts.com for easy home composting tips.





SHOW US YOUR FAVORITE CONTAINER by adding the hashtag #INCLUDETHEFOOD on Twitter or Facebook.



We appreciate and extend our thanks to the Portland Timbers and Timber Joey for participating in our INCLUDE THE FOOD campaign, which helps Portland advance our Climate Action Plan goal to reduce carbon emissions 80 percent below 1990 levels by 2050.

The Bureau of Planning and Sustainability is committed to providing meaningful access. For accommodations, modifications, translation, interpretation or other services, please contact BPS at 503-823-7700 or use City TTY 503-823-6868, or Oregon Relay Service: 711. Traducción o interpretación | Chuyển Ngữ hoặc Phiên Dịch | 翻译或传译 | Письменный или устный перевод | Traducere sau Interpretare | آريم أو ش ف سيء المحالية ال المحالية المحالية الم

CARING FOR WHAT'S UNDER YOUR ROOF

Summer is the perfect time to give your home some additional TLC.

SAFETY FIRST

Before you start a home remodeling, demolition or construction project, learn how to avoid toxic materials and handle potential dangers you might encounter, such as asbestos or lead paint.

SEASONAL MAINTENANCE

Taking good care of your home can prevent big problems and save a lot of money in the long run. Tasks like cleaning out your gutters and quickly repairing exposed wood help your home last as long as possible.

When you need to replace materials, consider reclaimed or salvaged. They provide unique character, and often are stronger, more durable and higher quality — and may be less expensive than new materials.

LOCAL RESOURCES

Find these local resources and more on the Resourceful PDX map to help you improve and maintain your home:



- Habitat for Humanity ReStore
- MetroPaint
- The ReBuilding Center
- Green Lents Community Tool Library
- North Portland Tool Library
- Northeast Portland Tool Library
- Southeast Portland Tool Library

www.resourcefulpdx.com/homeimprovement Your go-to for community resources.

DO YOU RENT A HOUSE OR SMALLPLEX?

Garbage, recycling and composting are part of your service.

The landlord is required to provide and pay for curbside collection service if you live in a rental house or smallplex of two to four units. Bills must be in the property owner's name and sent directly to them, not to the rental property address.

Garbage is collected every-other-week and the landlord must provide at least a 20-gallon garbage container per unit. Service includes weekly recycling and composting.





Metro transfer stations require documentation for all loads of construction, remodeling and demolition debris that might contain asbestos.

Asbestos has been used in a variety of building materials — like siding, ceiling and floor tiles, pipe insulation and plaster — for its strength and durability. When material containing asbestos is disturbed during remodeling or demolition, it is extremely hazardous. Small fibers are released into the air, and breathing them in increases the risks of lung disease and cancer. Direct contact with any amount should be avoided throughout your home remodel project, including in the disposal of any garbage or recycling.

To help you stay safe and avoid getting a load rejected at a Metro transfer station:

- Use an accredited inspector to survey your project for materials that might contain asbestos.
- 2. Have any suspect materials tested by a laboratory.
- Bring survey or test results with your load to a Metro transfer station. If you don't have the proper paperwork, your load will be turned away.

Metro's hazardous waste facilities accept — with proper documentation — a maximum of two 25-pound bags of asbestoscontaining material per day from residential customers. Material must be sealed in double, 6-millimeter plastic bags. All other garbage containing asbestos should be taken to the Hillsboro landfill.

Find more information and forms at oregonmetro.gov/asbestosrules or call 503-234-3000.

Where do I toss an



www.portlandoregon.gov/bps/rentals

MORE PLACES TO CALL HOME



From tiny houses to new apartment buildings and all the places in between, Portland's neighborhoods are growing — and growing up. The City of Portland is working to accommodate a greater variety of housing choices for Portlanders throughout the city.

Are you curious about what the Bureau of Planning and Sustainability is doing to encourage more and better housing options? Find out at:

www.portlandoregon.gov/bps/housing

old tub?

Ask Metro about remodel clean-up.





oregonmetro.gov/tub 503-234-3000





RRAG

GAF

This replaces your

current calendar.

-20

Garbage pick up for **EVERY-OTHER-WEEK** customers Garbage pick up for EVERY-OTHER-WEEK AND EVERY-FOUR-WEEK customers

Green compost, blue recycle and yellow glass bin collected EVERY WEEK

Set your containers out by 6 a.m. and remove within 24 hours of pick-up 🖕

Visit www.garbagedayreminders.com to sign up for collection day email reminders and to find the collection day for your street address.																															
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*HOLIDAY SCHEDULE DETAILS NO COLLECTION DECEMBER 25 AND JANUARY 1. YOUR CURBSIDE COLLECTION WILL HAPPEN ONE DAY LATER THE WEEKS OF CHRISTMAS AND NEW YEAR'S DAY. FRIDAY COLLECTIONS WILL HAPPEN ON SATURDAY. ALL OTHER HOLIDAYS ARE REGULAR PICK-UP DAYS.

Reminder: Customers must contact their garbage and recycling company within two days of a missed collection. Additional charges will apply if materials are not curbside by 6 a.m. or if a return pick-up is needed due to improper preparation.

QUICK REFERENCE GUIDE

Find a detailed list at www.portlandoregon.gov/bps/carts or call the Curbside Hotline at 503-823-7202.



NO: Computers, monitors, TVs, compact fluorescent light bulbs (CFLs), hazardous waste, chemicals.

OWNERS

ERFEZER

NO: "Compostable" containers, pet waste, plastic bags, lumber, dirt, ashes, branches larger than 4" thick and 36" long.

Portland

ADEBRIC

NO: Plastic bags, diapers, propane cylinders, plastic clam shells, coffee cups/lids/pods, plastic containers under 6 oz.

Portland Recycles!

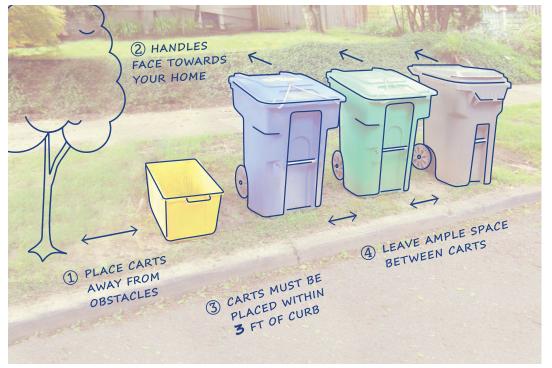
NO: Light bulbs, vases, broken glass, ceramics, lids, drinking glasses

Portland Recycles!

PLACE MOTOR OIL IN A CLEAR JUG NEXT TO BINS

WORKING TOGETHER FOR A SMOOTH COLLECTION DAY!

Garbage, recycling and composting drivers work hard every day to collect materials from all over Portland. When setting out your roll carts, be mindful of their placement and location.



If space allows, this is the best way to place your roll carts:

- Place carts away from obstacles like trees, cars, mailboxes, poles and basketball hoops.
- 2 Face the cart handle toward your home.
- ③ Place carts within 3 feet of the curb (required).
- (4) Leave up to 3 feet between carts to allow the truck's mechanical arm to operate more freely.

Don't forget to put away your roll carts after collection. We understand that space is limited for some customers. Your efforts to place carts using these guidelines whenever possible are appreciated!

Visit www.portlandoregon.gov/bps/carts for more tips.



503-823-7202
f facebook.com/PortlandBPS **t**witter.com/PortlandBPS



INSIDE:

- NEW 2017-2018
 curbside collection schedule inside!
- Composting with Timber Joey!
- Do you rent a house or smallplex?
- More places to call home.



GARBAGE BILLS ARE CHANGING





Garbage rates & recycling information available

معلومات عن أسعار نقل النفايات والتدوير متوفرة

Every year the City of Portland sets residential recycling, composting and garbage collection rates based on a thorough evaluation of what it costs to provide these services to residents. Beginning this July, rates will increase slightly for Portland customers due to increased operating costs, including fuel.

Most customers will see an increase of 10 cents on their monthly bill or less than 1 percent for the 35-gallon garbage roll cart collected every other week. This is the first recycling, composting and garbage rate increase in five years, and rates are still lower than they were in 2012.

Find new rates at **www.portlandoregon.gov/bps/rates** or call your garbage and recycling company.

ゴミ料金およびリサイクル情報提供可能

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Informații disponibile referitoare la tarifele pentru colectarea gunoiului și reciclare

Доступны расценки на вывоз мусора и сведения о переработке

可获取垃圾等级和回收信息

Macmuulaadka qiimaha qashinka iyo dib u warshadeyntiisa waa la helayaa

Tarifas de recolección de basura e información de reciclaje disponibles

Тарифи на вивезення сміття і інформацію з питань утилізації можна отримати

Thông tin về tỷ lệ rác thải và tái chế đang sẵn có

www.portlandoregon.gov/bps/garbagerates

Printed on 100% post-consumer recycled paper.