

Portland Curbsider

Bureau of Planning and Sustainability • Charlie Hales, Mayor • Susan Anderson, Director

Summer 2013



Composting Works! Garbage Rates Going Down

Thanks to your efforts to reduce waste and recycle and compost more, Portland residential customers will see a slight decrease on their monthly garbage bill, beginning July 1, 2013. Overall, rates are down about 1 percent.

Since changes to the curbside collection service went into effect in 2011, Portland residents have reduced garbage going to the landfill by 37 percent, while increasing composting and recycling. At the same time, garbage and recycling companies have reduced costs for collecting food scraps and yard debris and the cost for composting those materials remains less than landfill disposal. This rate decrease for residential customers comes even with garbage and recycling companies' investments in safer, less-polluting trucks and other increases in disposal costs.

New rates can be found by calling your garbage and recycling company or at www.portlandoregon.gov/bps/rates.



Summer is upon us! It's time for bountiful produce, gardening, backyard barbecues and picnics in the park. With bulky watermelon rinds, bones from barbecued meats, corn cobs and weeds from the garden, there's no better time to take advantage of curbside composting. Compost made from the citywide program is already showing up in our community gardens, demonstrating how our food scraps and plant waste can take on new life as a valuable resource.

What works for your household?

Almost 80 percent of Portland households are already composting their food scraps. If you want to ramp up or recommit to food scrap composting, here are some helpful tips:

1. Keep your kitchen container in a convenient location.
2. Collect food scraps when preparing meals, scraping plates and cleaning out the fridge. Trimmings from house plants can also be added.
3. Empty food scraps (and liner, if you use one) into your green composting roll cart frequently and set it out for weekly pick-up.

Find the right container

There are a variety of creative kitchen compost containers to fit your space and style. You may even be able to use something you already have around the house. Here are a few ideas:

- For a smaller household, an empty quart-size yogurt container works well for collecting food scraps and cleans up easily in the dishwasher.
- A bucket with a lid can work well for a larger family. Make some room for it under the kitchen sink or store it next to the garbage can.
- Looking for something stylish that you can keep on your kitchen counter? Options abound in the housewares department of many local stores.

Keep it clean

Empty and wash your kitchen container frequently to keep odors and fruit flies at bay. Approved compostable bags can be used as liners and are available at most grocery stores. A list of approved bags and how-to videos on lining your container with thriftier options, such as brown paper bags or newspaper can be found at www.portlandoregon.gov/bps/carts.

Whether you choose to purchase them or make your own, liners help in keeping your kitchen container and green roll cart clean.

Save the space in your garbage container for garbage and turn your food scraps and plant waste into something valuable!

Your 2013–2014 Garbage Collection Schedule Is On Page 3

**BE RESOURCEFUL
SAVE MORE. LIVE MORE.**

Opportunities to share about in Portland

There are many local options to get what you need — from tools and toys to books and bread makers — through borrowing, sharing, swapping or renting.

Cut down on clutter and save money by checking out these community resources.

Tool libraries

Tool libraries are a great place to find tools for your home and garden projects. There are several libraries around Portland to help you borrow the right tools for the job.

- **Green Lents Community Tool Library**
www.tools.greenlents.org
- **North Portland Tool Library**
www.northportlandtoollibrary.org
- **Northeast Portland Tool Library**
www.neptl.org
- **Southeast Portland Tool Library**
www.septl.org

Kitchen items

Kitchen shares offer dehydrators, canning equipment, ice cream makers, juicers, mixers, bread makers, durable dishes and more.

- **Home Goods Library**
www.knowthyfood.com/homegoods-library
- **Kitchen Share Southeast**
www.kitchenshare.org
- **North Portland Preserve and Serve**
www.preserveandserve.org

Swap shops

Swap shops have indoor (and sometimes outdoor) play spaces where members can also share clothes, toys, books and even community space.

- **Eastside Swap & Play**
www.eastsideswapandplay.com
- **Sunnyside Swap Shop**
www.sunnysideswapshop.org
- **Swapnplay Community Sharing**
www.swapnplay.org
- **Woodlawn Swap n Play**
www.woodlawnswnplay.org



Where do you go to Be Resourceful?

Share it with us at www.ResourcefulPDX.com

Take the guesswork out of garbage day!

Check your schedule and sign up for email reminders at www.portlandoregon.gov/bps/schedule



ALSO AVAILABLE ON YOUR MOBILE DEVICE

We're here to help.
Online: www.portlandcomposts.com
Hotline: 503-823-7202
Email: wasteinfo@portlandoregon.gov

How to read your garbage schedule

Garbage in the city of Portland is collected every-other-week for most customers and every-four-weeks for some customers.

Recycling and composting are collected every week.

JULY 2013						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Every-other-week AND every-four-week garbage

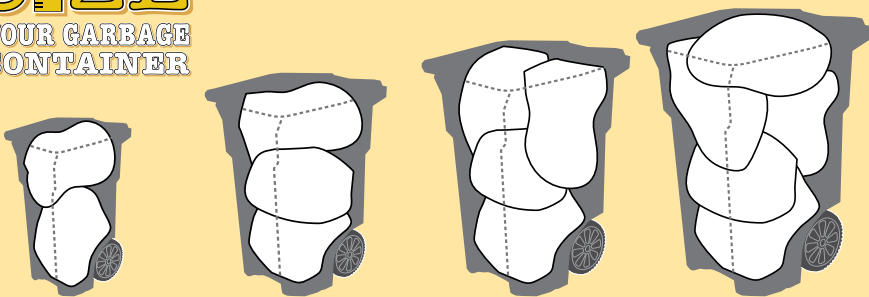
Every-other-week garbage

Call your garbage and recycling company or look online if you do not know which day of the week your carts are collected.

Property owners are responsible for setting up and paying for service for their renters. Talk to your landlord about service changes or if you need to set out bulky items or extra garbage.

RIGHT SIZE YOUR GARBAGE CONTAINER

Choose the garbage container that fits your household's needs.



20* GALLON Roll Cart	35 GALLON Roll Cart	60 GALLON Roll Cart	90 GALLON Roll Cart
60 POUNDS Weight Limit	85 POUNDS Weight Limit	135 POUNDS Weight Limit	175 POUNDS Weight Limit
Approximately 2 TALL Kitchen Bags	Approximately 3 TALL Kitchen Bags	Approximately 4 TALL Kitchen Bags	Approximately 5 TALL Kitchen Bags

*20-gallon roll carts are not available to every-four-week customers. Some 20-gallon service customers will receive a modified 35-gallon roll cart.

Don't forget: you can set out an extra can or bag of garbage on your collection day for a one-time \$5 fee, or increase to a larger garbage container for an additional \$5-7 per month.

Recycle more.

Take spent batteries to a recycler.

Recycle less.

Or get rechargeables and don't.



Learn where to go. Get tips to reduce and reuse. Metro helps with every question about how and what to recycle.

Ask Metro.

503-234-3000
www.oregonmetro.gov



PLEASE DO NOT PUT THESE ITEMS IN BLUE RECYCLING ROLL CARTS



Plastic bags and film (bread and newspaper bags, bubble wrap), clamshell take-out containers, plastic cups and lids, plastic toys, plastic trays, garden hoses, CDs, DVDs, tape cases, jewel cases, VHS tapes, cassette tapes, Styrofoam™ coffee cups or freezer boxes.

Materials not accepted in the blue recycling cart belong in the garbage container, or you can contact Metro's Recycling Information hotline for the most up-to-date information on local depots accepting non-curbside plastics.



503-234-3000
www.oregonmetro.gov/findarecycler

Recycling Plastic: What goes in and what stays out?

Items come in plastic packaging of every shape, size and color. It can be confusing to know how to dispose of it when you are done.

Residents can recycle many plastic items (along with paper and metal) in the blue Portland Recycles! roll cart. But not all plastic items belong in the blue recycling roll cart and there's a reason for that.

Recyclable materials are turned into new products, such as bottles, insulation and carpet. The approved materials collected from residents in curbside recycling were chosen because there is a stronger, more consistent demand for them, even when the market changes.

Sorting out unapproved materials at the recycling facilities costs money and reduces their market value. Some materials can also shut down machinery and create a safety hazard for workers.

Help make it easy to turn your recycled materials into something new by placing only approved materials in the blue recycling roll cart.

Even better, consider reducing disposable packaging by choosing reusable containers instead of one-time-use packaging, buying in bulk or borrowing a needed item from a friend.

View the full recycling guide to the right or at www.portlandoregon.gov/bps/carts

This is your 2013–2014 Garbage Collection Schedule

Collection days are not changing. This schedule replaces your current calendar.

SET YOUR CONTAINERS OUT BY 6 AM AND REMOVE WITHIN 24 HOURS OF PICK UP

Clip and save this calendar or sign up for email reminders at www.portlandoregon.gov/bps/schedule

JULY 2013							AUGUST 2013							SEPTEMBER 2013							OCTOBER 2013						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30	31	29	30						27	28	29	30	31		

NOVEMBER 2013							DECEMBER 2013							JANUARY 2014							FEBRUARY 2014						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
					1	2	1	2	3	4	5	6	7			1*	2*	3*	4*							1	
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	22	23	24	25*	26*	27*	28*	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30	31	23	24	25	26	27	28		

* Holiday Schedule: No collection on December 25, 2013 or January 1, 2014. All of your containers will be collected one day later during these weeks.

MARCH 2014							APRIL 2014							MAY 2014							JUNE 2014						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
						1			1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30					
30	31																										

Reminder: Customers must contact their garbage and recycling company within two business days of a missed collection. Additional charges will apply if a return pick up is needed due to improper preparation or because materials are not curbside by 6 a.m.

Every-other-week garbage
 Every-other-week AND every-four-week garbage



Green compost roll cart, blue recycle roll cart and yellow glass bin collected every week



Every-other-week or every-four-week garbage

YES



Paper plates, coffee cups, freezer boxes, takeout containers, wrappers, facial tissue, Styrofoam™, plastic bags, plastic containers labeled "compostable," rigid clamshells, painted or stained wood, plywood, incandescent light bulbs



MUST BE BAGGED Pet waste, cat litter, diapers, feminine hygiene products, ashes, sawdust, packaging peanuts, broken glass

PLACED IN SEALED CONTAINER Kitchen fats, oil, grease



EVEN IF A PLASTIC PRODUCT SAYS "COMPOSTABLE," PLEASE LEAVE IT OUT OF THE GREEN ROLL CART.

Green composting roll cart, blue recycling roll cart and yellow glass bin collected every week

YES



FOOD SCRAPS Meat, poultry, seafood, bones, eggshells, cheese, bread, pasta, grains, beans, nuts, fruits, vegetables, coffee grounds, spoiled food



Paper napkins, paper towels, coffee filters, tea bags, pizza delivery boxes

YARD DEBRIS Weeds, leaves, vines, grass, small branches, flowers, house plants, plant clippings



YES



PAPER Newspapers, magazines, catalogs, phone books, cardboard boxes, scrap paper, cartons (milk, juice, soup), shredded paper (must be in paper bag)



PLASTIC Bottles with a neck (6 oz. or larger), tubs (6 oz. or larger), plant pots (4" or larger), buckets (5 gal. or smaller)

METAL Aluminum, tin and steel food cans, empty dry metal paint cans, empty aerosol cans, aluminum foil, scrap metal (smaller than 30" and less than 30 lbs.)



GLASS BOTTLES AND JARS ONLY Mix all colors together, labels are OK



NO Computers, monitors and TVs, hazardous waste, chemicals, compact fluorescent light bulbs (CFLs). Contact Metro Recycling Information (503-234-3000) to learn how to dispose of these items and more.

NO Plastic bags, pet waste, cat litter, diapers, "compostable" containers, large amounts of liquids, grease or oil, lumber, rocks, dirt, ashes, large branches (more than 4" thick and 36" long), household garbage.

NO Plastic bags, plastic lids, diapers, freezer boxes, coffee cups, pesticide or herbicide bottles, household garbage. Light bulbs, drinking glasses, flower vases, ceramics, broken glass, lids.

PORTLAND COMPOSTS!

INCLUDE THE FOOD

Your food scraps at work.



The Errol Heights Community Garden, in the Brentwood-Darlington neighborhood, is just one of the 33 citywide community gardens that received donated compost from Nature's Needs this spring through a partnership with the Friends of Portland Community Gardens.

Erica Maggi and her daughter Sophia, age 6, spent time at the Errol Heights Community Garden work party this spring to kick off the gardening season.

The mother and daughter team helped with pathway maintenance in the common areas, pulled weeds, shoveled wood chips and compost, and prepared their own garden plot for the growing season.

Erica got involved with the community garden when it was opened last year. With a small yard, having a plot in the garden made sense to get her daughters involved in growing their own food. Sophia said she was most excited to plant garlic!

The seeds Erica has sown at her community garden plot have spread changes throughout her family's home life. "My husband and I cook almost all of our meals at home, and try to use fresh ingredients from our garden. We use our kitchen pail on a daily basis to collect food

scraps from both preparing meals and after our meals. I sometimes empty it three times a day." She cleans her green roll cart with vinegar and baking soda to help maintain it and to keep odors down, especially in the summer months.

The city's residential curbside collection food scraps are processed into nutrient-rich compost. In an effort to "close the loop," this compost is being tilled back into our community gardens to grow healthy and nutritious food.

Find out where you can purchase compost at www.portlandoregon.gov/bps/carts.



PORTLAND PARKS & RECREATION
Healthy Parks, Healthy Portland



Bureau of Planning and Sustainability
Innovation. Collaboration. Practical Solutions.

City of Portland, Oregon
Charlie Hales, Mayor • Susan Anderson, Director

1900 SW 4th Ave, Suite 7100 | Portland, OR 97201
www.portlandoregon.gov/bps
503-823-7202



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YOUR 2013-2014
GARBAGE COLLECTION
SCHEDULE
IS ON PAGE 3



NEW RATE INFORMATION
SIGN UP FOR GARBAGE DAY
WEEKLY EMAIL REMINDERS
AND MORE!

Portland Curbsider

Local Voices, Clever Choices Nuestras Voces, Nuestras Decisiones

Check out OMSI's bilingual interactive exhibit



What we eat and where it comes from makes a big difference for our personal health as well as the health of our economy and environment. Eating healthy food that takes fewer resources to produce and puts more money back into our local

economy supports our community on many levels.

OMSI's interactive website shares personal stories about the challenges and benefits of making community-minded choices.
www.oms.edu/choices, www.oms.edu/decisiones

One of those stories is from Jennifer, a single mother on a tight budget who was looking for a way to provide her family with healthy, local food. When Zenger Farm began a Community Supported Agriculture (CSA) program with food stamp dollars, she jumped at the chance to be involved. CSA participants pay a set price for a weekly box of produce directly from a local farm.



Scan this code or call 503-797-4686 249# to hear Jennifer's entire story.

- June 23 Northeast Sunday Parkways
- June 29 Good in the Hood
- July 28 North Sunday Parkways
- August 6 National Night Out
- August 17 Multnomah Days
- August 25 Southeast Sunday Parkways
- September 29 Southwest Sunday Parkways

COMMUNITY
EVENTS
CALENDAR
SUMMER
2013

Join BPS staff at these events.
Find out more at www.portlandoregon.gov/bps

Come map with us!



Look for the Comprehensive Plan Update table at Good in the Hood, Sunday Parkways and National Night Out, among others. Then show us on a map the special places in your neighborhood where you would most like to see more or new businesses, and the one thing you would do to make your neighborhood better.

www.portlandoregon.gov/bps/pdxcomplan

To help ensure equal access to City programs, services and activities, the City of Portland will reasonably modify policies/procedures and provide auxiliary aids/services to persons with disabilities. Call 503-823-7700 with requests.

