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Yes Add a note or change response

Age-friendly Portland report to Council (9:45 time certain)

Time: 9:45-10:30am

Goals:

- Update Council on 2017-18 funding for age-friendly initiative (note: it will be completed in April)
- Get on the record supporting proposed age-friendly position in Bureau of Planning and Sustainability for 2019-20
- Show Council that age-friendly is moving forward (optics relate to attendance desired; Elders in Action volunteers and some AF Advisory Council members will be there and it would be great to have AARP and MFS volunteers in attendance)
- Allow community stakeholders and older adults to offer words on age-friendly

Overview of activities:

- Alan presentation 2017-18 appropriations; preview of "State of Aging in Portland" grant (funded for April-August, 2019)
- Metropolitan Family Services (Judy Strand + 1)
- AARP Oregon, Elders in Action (Rudy Haughton, Shanna Pittman-Frank)
- 2-minute presentations from community volunteers: Leroy Patton (AF Employment & Economy), Kathy Moyd (Elders in Action)
- Q&A from Council

When Wed Mar 13, 2019 9:30am – 10:30am Pacific Time - Los Angeles

Where City Hall (1221 SW 4th Ave #110, Portland, OR 97204) - Council Chambers ([map](#))

Calendar kmoyd@earthlink.net

Who Yes: 8 No: 3 Maybe: 1 Waiting: 2 Optional: 0

- ✓ aland@pdx.edu - organizer
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I moved to Portland three years ago without knowing anyone after a 36-year career as a system engineer at the Jet Propulsion Laboratory in Pasadena, California. When I moved into a downtown apartment two years ago, I discovered how well suited it is for an active senior. I can walk five blocks to Elders in Action, which I discovered on the Age-Friendly web site, and I can do a regular shift plus filling last-minute vacancies at the Friends of the Library Bookstore, which is only a block away. I was able to get to the locations for the Casey Eye Institute Mobile Eye exams using public transportation and am currently an AARP Tax-Aide using the Max to get to Lloyd Center twice a week. I have been regularly attending the City Club Friday Forums, two blocks away, and participate in their Environment Committee. I have continued supporting the Citizen's Climate Lobby and have recently become involved with the League of Women Voters and the AAUW.

I take advantage of my location mid-way between the Schnitzer and Powell's to attend lectures and book signings. To increase my social involvement, I recently joined a couple of book and movie groups all of which I can get to by walking, public transit, or carpooling. A number of other participants in these groups live in downtown Portland.

As a result of my experience, I believe living alone in downtown Portland is a viable alternative to living in a retirement community for active seniors.

I want to mention that I found Elders in Action from the Age-Friendly web site and that the Portland public transit system makes it possible for me to do things like being an AARP Tax Aide at Lloyd Center and getting to the locations for the Casey Eye Institute Mobile Eye exams even though I sold my car when I moved into a downtown apartment. Also, the compact city center makes it possible for me to walk to places for volunteering like EIA and the Library Bookstore and civic engagement like the City Club Friday Forums.

I encourage City Council to support the age-friendly efforts moving forward and to understand that Portland is a community that is attracting older people, like me, to move here and engage in our community.

Age Friendly Presentation To Portland City Council

Wednesday, March 12, 2019, 9:45 am – 10:30 am

Portland City Hall (1221 SW 4th Ave. #110 PDX City Council Chambers

I am LeRoy Patton, Cofounder of Fair Housing Council of Oregon (FHCO), a statewide organization that addresses discrimination in housing. I am also a member of the Governor's Commission on Senior Services for the State of Oregon.

The academic case for Age Friendly Communities was made in February 2016 by Portland State University, Institute on Aging.

The movement toward age friendly communities is growing with the key impetus being population aging. Medical public health, and technological advancements have led to increased longevity, with the years added extending to middle age, the period when people are most productive and creative.

The movement to create communities that are age friendly, focuses on how the economic, physical, and social environment can be improved to address not only the needs, but also maximize the assets of an aging population, for the benefit of all.

An age-friendly community is one in which older adults are respected, and their knowledge, skills, resources, and contributions are sought and they are integrated into the fabric of the community.

Economic benefits of older adults are an important part of the workforce and expands the labor pool from which employers can hire. Attracting and retaining older workers will help address labor shortages of qualified workers.

Recognizing that our population is aging and public resources are limited, the economic, social and personal benefits to be gained make clear the wisdom of taking action to create communities that are more age friendly.

PLEASE MAKE AGE-FRIENDLY COMMUNITIES A GOAL FOR THE CITY