## ORDINANCE No.

## 188911

*Authorize a grant agreement with Familias en Accion, in an amount not to exceed $\$ 50,000$ for their strengthening healthy Latino communities program. (Ordinance)

The City of Portland ordains:
Section 1. The Council finds:

1. Familias en Accion is a non-profit corporation providing culturally and linguistically appropriate health education to low-income Latino families in Portland. Founded in 2000, their mission is to promote holistic family well-being for Latinos through community engagement, education, research and advocacy for social justice.
2. Familias en Accion through their strengthening healthy Latino communities program responds to the need to provide culturally and linguistically appropriate health education to low income Latinos in Portland. This project not only provides important health information (evidence based) to Latinos but is based on the values of Latino culture which include relationships and families (culturally specific). Latinos suffer disproportionately from diabetes (Oregon Diabetes Coalition, September 2008). Half of Latino newborns today will develop diabetes (Salud America, 2009). Latinos are more likely to have low health literacy. $65 \%$ are classified as having less than basic health literacy. Low literacy is highly correlated with poor health outcomes. Reducing obesity rates and diabetes risks for low income Latinos requires a culturally specific, and evidence based intervention. Familias' successful chronic disease prevention and self-management programs meet the evidence based recommendations of The Community Preventive Services Task Force. Effective programs should include trained Community Health Workers, group sessions, individually tailored diet and/or physical activity programs and specific weight loss or exercise goals. Added to this year's program are the Diabetes Prevention Program and the Powerful Tools for Care Givers.

NOW THEREFORE, The Council directs:
a. The Mayor is hereby authorized to enter into a grant agreement, with Familias en Accion as outlined in a form substantially in accordance with the agreement attached as Exhibit A, at a cost not to exceed $\$ 50,000$.
b. The Mayor and Auditor are hereby authorized to draw and deliver payment chargeable to Fiscal Year 2017-2018 Budget.

Section 2. The Council declares that an emergency exists because a delay in funding could result in a delay in services; therefore, this ordinance shall be in full force and effect from and after its passage by Council.

Passed by the Council: MAY 022018
$\begin{array}{ll}\text { Commissioner } & \text { Ted Wheeler } \\ \text { Prepared by: } & \begin{array}{l}\text { Craig Haynes } \\ \text { Date Prepared: }\end{array} \\ \text { April 10, 2018 }\end{array}$

Mary Hull Caballero
Auditor of the City of Portlanel


Deputy

## $408 \equiv$

Agenda No.
ORDINANCE NO.
Title
*Authorize a grant agreement with Familias en Accion, in an amount not to exceed $\$ 50,000$ for their strengthening healthy Latino\$, program. (Ordinance)


| AGENDA | FOUR-FIFTHS AGENDA | COMMISSIONERS VOTED AS FOLLOWS: |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | YEAS | NAYS |
|  | 1. Fritz | 1. Fritz |  |  |
| (for presentation, testimony and discussio | 2. Fish | 2. Fish |  |  |
| CONSENT X | 3. Saltzman | 3. Saltzman |  |  |
| REGULAR $\square$ | 4. Eudaly | 4. Eudaly |  |  |
| Total amount of time needed: $\qquad$ (for presentation, testimony and discussion) | Wheeler | Wheeler |  |  |

