



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland



TeenForce



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland

OREGON



Parks Vision

Portland's parks, public places, natural areas, and recreational opportunities give life and beauty to our city. These essential assets connect people to place, self, and others. Portland's residents treasure and care for this legacy, building on the past to provide for future generations.





Parks Mission

The mission of Portland Parks & Recreation is to help Portlanders play - providing the safe places, facilities, and programs which promote physical, mental, and social activity. We get people, especially kids, outside, active, and connected to the community. As we do this, there will be an increase in the wellness of our residents and the livability of our city. We accomplish this through:





Parks Mission

- Establishing, safeguarding and restoring the parks, natural areas, public places, and urban forest of the city, ensuring that these are accessible to all;
- Developing and maintaining excellent facilities and places for public recreation and community building;
- Providing dynamic recreation programs and services that promote health and well-being for all;
- Partnering with the community we serve.





TeenForce History

- 2005 – First Teen Coordinator position established.
One FTE shared by Matt Dishman and Peninsula Park Community Centers
- 2007 – Council appropriated one-time funds to expand the program.
- 2008-2010 – A series of one-time appropriations sustained the programs, at one point supporting TeenForce programs at seven community centers.
- 2011 – Council provided an increase in the ongoing funding.
Program stabilized at the five site-based programs that exist today, at Matt Dishman, Charles Jordan, East Portland, Mt. Scott, and Montavilla Community Centers.
- 2015 – Council provided a substantial increase in ongoing funding to increase access and services.



TeenForce Program Scope

- Drop In Activities
- Registered Classes
- Safe places during Out of School Time
- Teen Nights
- Youth Advisory Councils
- Saturday Night Programs by Partners
- Grants Supporting Partner Organizations





FREE Drop-in Activities with Your TeenForce Pass!

Site	M	T	W	Th	F	Sa	Su
CJCC	5:30-9pm	5:30-9pm	5:30-9pm	5:30-9pm	5:30-9pm		
EPCC	3-6pm	3-9pm	3-6pm	3-9pm	3-6pm		
MDCC	5-7pm	5-7pm	5-7pm	5-7pm	5-7pm	3-6pm	3-6pm
MSCC	5:30-7:30pm & 3-7:30pm	5:30-7:30pm & 3-7:30pm	5:30-7:30pm & 3-7:30pm	5:30-7:30pm & 3-7:30pm	5:30-7:30pm & 3-7:30pm	7am-9pm & 3-9pm	Noon-7pm

**Must be 14 yr old or older. Attendance at TeenForce Fitness orientation and parent/guardian signed fitness room waiver required for youth 14-17 yrs old*

Site	M	T	W	Th	F	Sa	Su
CJCC	2:30-5:30pm	2:30-5:30pm	2:30-5:30pm	2:30-5:30pm	2:30-5:30pm	12:30-3:30pm	3-6pm
EPCC	2:45-5pm	2:45-5pm	2:45-5pm	2:45-5pm	2:45-5pm		5-7pm
MDCC	3-5pm	3-5pm	3-5pm	3-7pm	3-7pm	3-6pm	3-6pm
MOCC	3-4:45pm & 6-9pm	3-4:45pm & 6-9pm	3-4:45pm & 6-9pm	3-4:45pm & 6-9pm	3-4:45pm & 6-9pm	3-7pm	3-6:30pm
MSCC	3-5pm	3-5pm	3-5pm	3-5pm	3-5pm		

Site	TeenForce Pass holders receive free admission to swimming for these designated day/times.						
Col. Pool	Sundays, 3-5pm Open Play Swim						
EPCC	Fridays, 4-5:30pm, Open Play Swim						
MDCC	Fridays, 8-9 pm, Teen Only Swim						
MSCC	Fridays, 7-8:30pm, Open Play Swim; & First Friday of ea month, 6:30-10pm; Teen Only Swim						

Site	M	T	W	Th	F	Sa	Su
CJCC	2:30-8pm	2:30-8pm	2:30-8pm	2:30-8pm	2:30-8pm		
EPCC	3-9pm	3-9pm	3-9pm	3-9pm	3-9pm	Noon-5pm	Noon-5pm
MDCC	3-7pm	3-7pm	3-7pm	3-7pm	3-7pm	3-6pm	3-6pm
MOCC	3-9pm	3-9pm	3-9pm	3-9pm	3-9pm	3-9pm	3-9pm
MSCC	3-9pm	3-9pm	3-9pm	3-9pm	3-9pm	Noon-6:30pm	Noon-6:45pm

Site	M	T	W	Th	F	Sa	Su
EPCC	3-6pm	3-6pm	3-6pm	3-6pm			
MOCC	3:30-5pm	3:30-5pm	3:30-5pm	3:30-5pm			


Site	Youth Advisory Council (YAC) Meeting Schedule						
CJCC	Every other Wed, 6:30-7:30pm						
EPCC	W, 4-5:30 pm						
MDCC	W, 5-6 pm						
MOCC	W, 4-5pm						
MSCC	Fri, 5-6pm						

Site	F	Sa	Su
CJCC	Age 7-13, 5:30-7:30 pm	Age 14-20, 6-9 pm	
EPCC	Ages 10-20, 6:30-9:30pm		
MDCC	Ages 14-18, 8-10 pm		
MOCC	Ages 10-13, 7-9:30 pm	Ages 10-20, 7-10 pm	Ages 14-20, 7-9 pm
MSCC	Ages 10-20, 7-10pm		

*** Doors close & lock 1 hour after start time (30 min at MDCC). Youth will not be admitted after that time and once a student leaves, they will not be re-admitted. Backpacks are not allowed in program areas but may be checked-in on site.

Breakdancing	
MOCC	F, 7-9:30pm & Su, 3-6pm
Chess Club	
CJCC	T & Th, 4-5:30pm
EPCC	Th, 4-6pm
Dodgeball & other Gym Games	
MOCC	W, 5-6pm
Homework Power Hour	
EPCC	M-F, 3-4:30pm
MOCC	Su-Th, 3-5pm
Basketball Skills & Drills	
MOCC	T, 5-6pm
Pick-up Basketball Games	
MOCC	Sa, 7-9:30pm & Su, 6:30-9pm
Volleyball	
MOCC	M, 5-6pm
Roller Skating	
MSCC	W, 3-5pm (21 skater rental)
Q1* Q: LGBTQ friends & allies	
MDCC	Th, 5:30-6:30pm
MOCC	W, 5-9pm

Family Science Night!



Bring your TeenForce pass & your family for FREE admission to OMSI

Monday, December 18
6-8pm

OMSI is located at 1945 SE Water Ave

Additional FREE TeenForce Classes Requiring Pre-Registration

The following additional FREE activities require registration for the class. Please call or come by the site prior to attending class to register. Pre-registration is highly recommended as many of these activities fill up quickly.

East Portland Community Center - 503.823.3450			
Art - Comics	F, 4-6pm	10/6-12/8	CRN 1077363
Matt Dishman Community Center - 503.823.3673			
Bowling - Personal Power	M-W, 4-5pm	10/2-12/7	CRN 1077541
Music Production	T, 5-7pm	10/3-12/5	CRN 1077544
Piano Lessons	M, 5-7pm	10/2-12/4	CRN 1065740
Smart Girls Club	M, 4-5pm	10/2-12/4	CRN 1077595
Theater Arts	W, 5-7pm	10/4-12/6	CRN 1077545
You Go Girl!	Th-F, 5-6pm	10/5-12/8	CRN1077546
Young Men Rise	M, 5-6pm	10/2-12/4	CRN 1077586
Montavilla Community Center - 503.823.4101			
Art Expressions	M, 1-3pm	10/4-12/6	CRN 1077539
Group Guitar	M, 5:30-6:15pm, 6:15-7pm, or 7-7:45pm	10/2-12/4	CRN 1077123 1077124 1077124
Gymnastics Club	Sa, 3:15-4:30pm	10/7-12/9	CRN 1077120
Hip Hop Dance	Sa, 1:45-2:45pm	10/7-12/9	CRN 1077539
Music Production	T, 5:30-7:30pm	10/3-12/5	CRN 1077534
Percussion	Th, 5:30-6:30pm	10/5-12/7	CRN 1077572
Spoken Word Poetry	F, 6-7pm	10/6-12/8	CRN 1076890
Weight Lifting	Sa, 3:5-3:50pm	10/7-12/9	CRN 1077062
Mt Scott Community Center - 503.823.3183			
Cooking - Top Chef	T, 5-7:30pm	10/3-10/31 11/7-12/5	CRN 1078317 CRN 1078319
Hip Hop	M, 5:45-6:45pm	10/9-12/18	CRN 1078313
Weight Lifting	Su, 2-4pm	10/22-12/17	CRN 1078355
Writing	W, 5-7:30pm	10/18-12/20	CRN 1078316

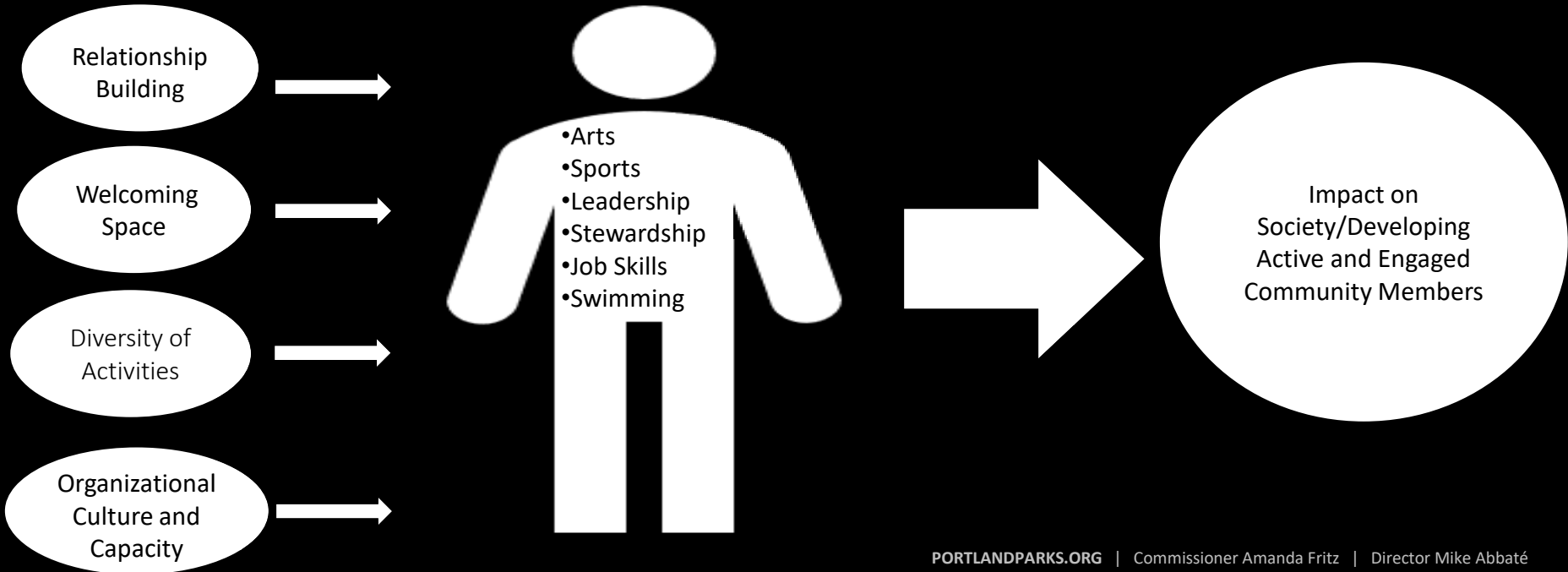
- CJCC = Charles Jordan Community Center
 - EPCC = East Portland Community Center
 - MDCC = Matt Dishman Community Center
 - MSCC = Mt. Scott Community Center
 - MOCC = Montavilla Community Center
- Col. Pool = Columbia Pool,
7701 N Chautauque



Site addresses and map are on the other side of this brochure. Note: This schedule is subject to change and classes may be cancelled due to instructor illness and facility closures. Please check our website, or call for most accurate information.



TeenForce Model





Relationship Building

- Opening hearts
- Dedicated staffing builds trust and connection
- Major focus on culturally competent staff





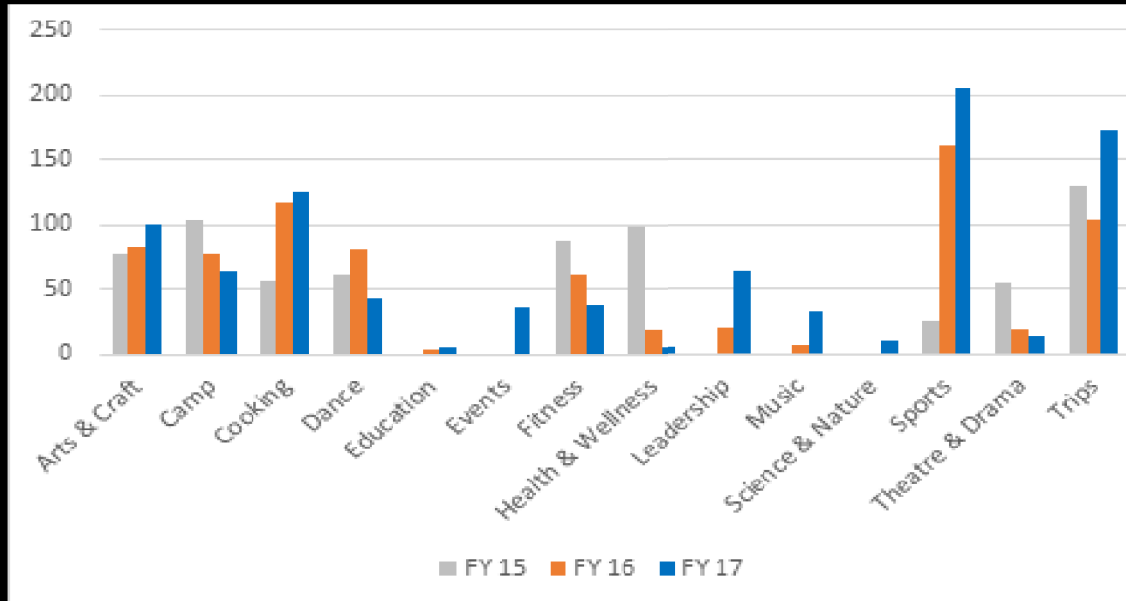
Welcoming Spaces

- Opening doors to provide quality, welcoming and dedicated facility spaces suited for activity
- Dedicated space like Montavilla Teen Center.





Diversity of Activities





Organizational culture and capacity

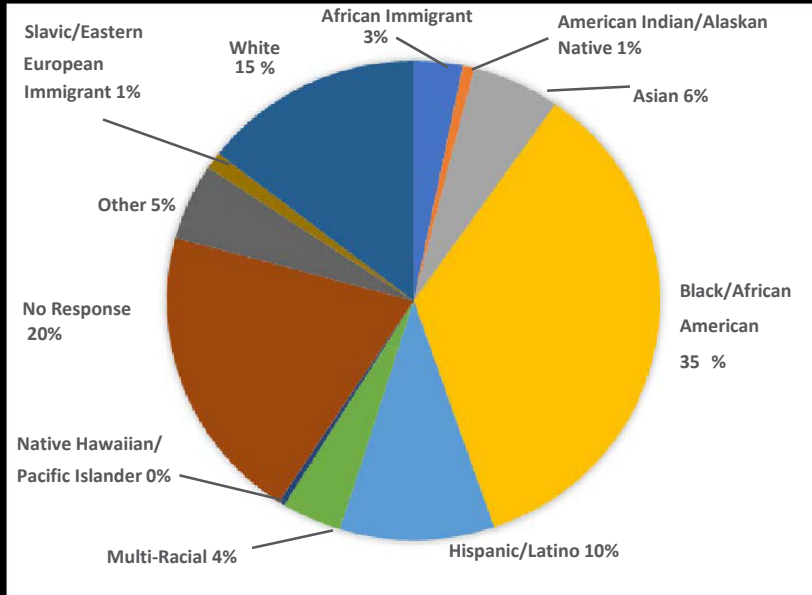
- Building capacity
- Cultural competency in serving teens throughout PP&R
- Collective impact through partnerships



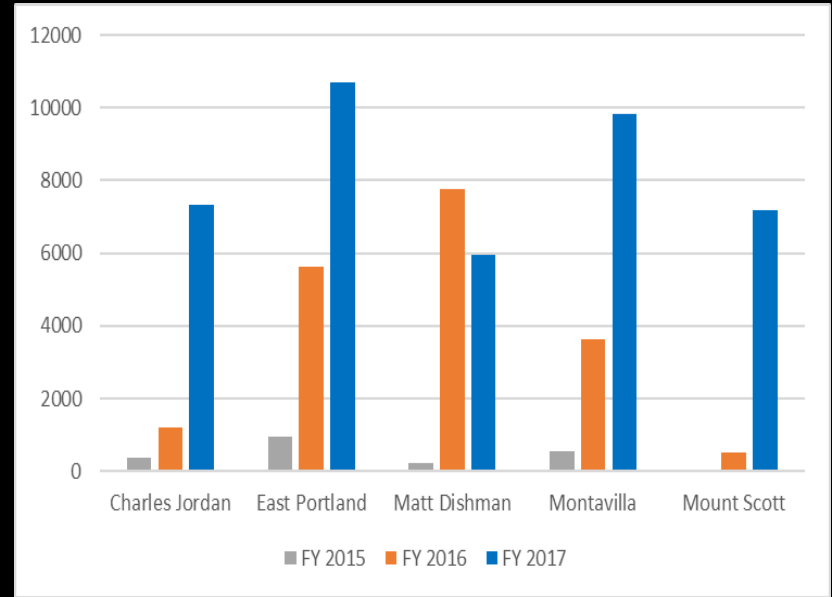


Creating Individual Impact

Visitation by Race



TeenForce Pass Visits from 2015-2017





Creating Societal Impact

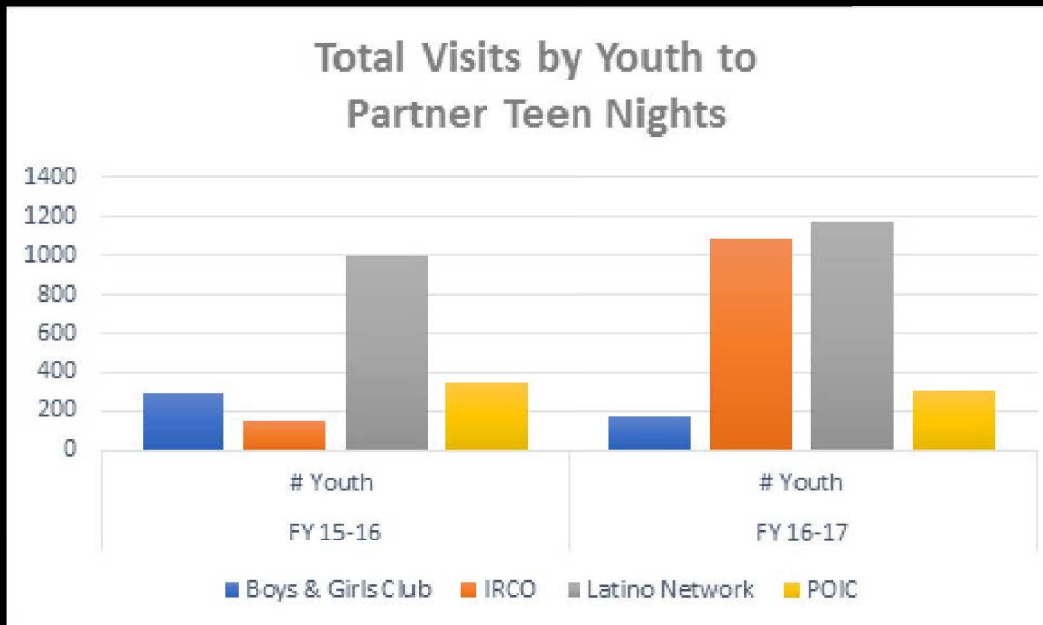
- Building a healthier, stronger, and more inclusive society
- Addressing public safety at the roots
- Building a solid foundation for adulthood
- Providing access to education, wellness, jobs, so that teens will reach their full potential





Partnerships

- Boys & Girls Club
- Immigrant & Refugee Organization
- Latino Network
- Native American Youth and Family Center
- Portland Opportunities Industrialization Center
- Reaching Empowering All People
- Self Enhancement, Inc.





Program Perspectives

Building partnerships

- Guests : Joe McFerrin & Alice Perry
- Since 2015, TeenForce has had a very strong partnership component
- This includes making our community centers available for partners to bring their youth participants to, as well as grants that support them in providing culturally specific services to youth

Youth Voice

- Youth speakers: Erica Darlington, Davoisier Stigler, and Jeremiah Stigler
- Success of the teen program is built on ability to listen and support the needs and values our youth are expressing. We grow as an organization when we really listen to what they have to say.



PORTLAND PARKS & RECREATION™

Healthy Parks, Healthy Portland



Wrap Up

It is our privilege and honor to be able to serve the teens of our community with resources that have been provided for TeenForce.