

U.S. Department of Justice, Office on Violence Against Women
FY12 Consolidated Grant Program
City of Portland, Oregon Police Bureau
Summary Data Sheet
Application Attachment 1

185832

Summary Data Sheet

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Applicant Agency: City of Portland, Oregon

Federal Grant Expenditures in FY12 (7/1/11 - 6/30/12):
\$11,844,844 in federal grant expenditures

Federal Assistance for FY12 (7/1/11 - 6/30/12):

- 1) The City is a sub-recipient of OVW DVERT; #2006-WE-AX-0057; \$104,777; 12/31/12
- 2) The City was a sub-recipient of OVW VOCA Non-competitive; #VOCA-NC-2010-00004; \$80,000; 9/30/12

Population currently served: WomenStrength currently serves the female population of the City of Portland. GirlStrength is offered to girls 10 through 17 years of age with a target population of youth who identify in low-socioeconomic status or are within underserved populations. Current program partners provide services to Native Americans and sexual minorities.

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Grant target population: The proposed BoyStrength program will be offered to boys 10 through 14 years of age with a target population of youth who identify in low-socioeconomic status or are within underserved populations, including Native Americans and sexual minorities.

Collaborating Partners: Portland Police Bureau, WomenStrength, Portland Public Schools, David Douglas School District, Catlin Gabel School, Portland Parks and Recreation, (Montavilla, Peninsula Park and Sellwood Community Centers), Friendly House, NE Community Center, Boys Advocating and Mentoring Program, Native American Youth Resource and Family Center, Sexual Minority Youth Resource Center, Self Enhancement, Inc., Portland State University, Raphael House of Portland (for victim services and support) and the Multnomah County Department of Community Justice.

Purpose Areas:

1. Develop and implement prevention strategies for children and youths for domestic violence, dating violence, sexual assault and stalking. Develop holistic curriculum with the focus on education of healthy relationships and identification of unhealthy relationships, including bullying, relationship abuse, stalking, gang involvement and inter-personal violence.
2. Develop and implement multi-faceted program curriculum that addresses domestic violence, dating violence, sexual assault and stalking prevention strategies by engaging men and boys as allies and influencers to end violence against women and girls. Develop program curriculum that focuses on violence prevention, conflict resolution, confidence building, the importance of healthy self-esteem, assertiveness, safety planning and sexual assault and dating violence awareness.

Priority Areas:

1. Do not have a fully functioning boys program up and running due to lack of financial support.
2. Focus on engaging young men in discussion, scenarios and activities that uncover the root cause of violence and empowering boys to "be the change."
3. Collaborate with Police Activities League and Title I (low socio-economic) schools to reach youth already at risk. Being proactive with youth is an important aspect of these programs in order to stop problems before they start.

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4. Develop and implement violence prevention classes aimed at men and boys in order to reach every facet of society for prevention of rape, sexual assault and domestic violence.

Project Focus:

The BoyStrength project will teach boys ages 10-14 about violence prevention in an empowering way that fosters confidence and the courage to choose healthy relationships free of violence, which includes sexual assault, relationship violence, bullying and other forms of inter-personal violence.

Statement of Engaging Men & Boys Focus:

The BoyStrength project will engage men in our community to become trained instructors and to educate boys about violence prevention relating to sexual assault, dating violence, bullying and other forms of inter-personal violence.

Identifying Engaging Men/ boys violence prevention and/or community organizing campaigns conducted and measures of effectiveness:

Grant funding will allow the BoyStrength project to be launched in Fall 2013. After the initial pilot, there will be brochures, a social-media website (managed by BoyStrength staff) and posters to market the program. The launch will coincide with GirlStrength's fifth anniversary. This project is in a unique position that it will be a "sibling" to the existing and successful GirlStrength program. GirlStrength does limited marketing and advertising, as there is more need to have the program than capacity. We anticipate the same being true for the BoyStrength program.

Summary of Current and Recent OVW Projects:

These programs are independent of the Police Bureau's WomenStrength program and the proposed BoyStrength program.

1. The City is a sub-recipient of OVW DVERT; #2006-WE-AX-0057; \$104,777; 7/1/06 - 12/31/12. The grant funds a 0.5 FTE Domestic Violence Sergeant in the Police Bureau's Family Services Division. Remaining grant balance is \$10,639.
2. The City was a sub-recipient of OVW VOCA; #VOCA-NC-2010-00004; \$80,000; 10/1/10 - 9/30/12. The grant funded a 0.70 FTE Crisis Response Volunteer Coordinator in the Police Bureau's Youth Services Division. Grant is closed.

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3. The City is a sub-recipient of OVW VOCA; #VOCA-NC-2012-00020; \$80,000; 10/1/12 - 9/30/14. The grant funds a 0.65 FTE Crisis Response Volunteer Coordinator in the Police Bureau's Youth Services Division. The remaining grant balance is \$80,000.

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Purpose of Application

Service area and target population: Portland resides within Multnomah County and is the largest city in Oregon with a total area of 134 square miles. Portland has 583,776 residents of which 76.1% are White; 6.3% are Black; 1.0% is American Indian and Alaska Native; 7.1% are Asian; 9.4% are Hispanic/Latino and 4.7% are two or more races (*2010 U.S. Census Estimate*).

There are close to 82,000, or 14% of people living below the poverty line in Portland (*2010 U.S. Census Estimate*). According to 2007 Multnomah County data, 1 of 20 was injured as a result of domestic violence. Based on statewide data, 21,000 children in Multnomah County were exposed to domestic violence in 2011. Half of children exposed to domestic violence were under five years old when they first witnessed this violence (*2011 Multnomah County Domestic Violence Report*). Two-thirds of the children who saw or heard acts of domestic violence witnessed it at least once a month (*2011 Multnomah County Domestic Violence Report*).

Portland Public Schools (PPS) operates 81 schools and serves approximately 47,000 students, making it the largest public school system in the Pacific Northwest (*2011 Portland Public Schools*). There are 31 Title I schools in PPS. Title I schools are classified by a higher level of student participation in the free and reduced lunch program. The federal Title I grant requires over 40% of elementary and middle school students qualify for the meal assistance program. The PPS rate is 45%. Additionally, there are 24 private schools within Portland.

The target population to be served by the proposed BoyStrength program consists of 10 to 14 year old boys in the City of Portland of lower socioeconomic status. In the 36-month grant cycle, approximately 900 boys will complete the BoyStrength program.

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Problem of engaging men and boys in the community: Domestic violence and intimate partner stalking are significant problems that substantially contribute to homicides and violent crime in Multnomah County, and both women and men play an integral role in ending this trend. Domestic violence is a leading cause of homicides (28%), and more than 40% of all reported assaults and 30% of aggravated assaults are domestic violence related (*2011 Multnomah County, Oregon Domestic Violence Enhanced Response Team*). Stalking and strangulation are associated with lethal and near-lethal violence against women by partners: 90% of women killed by ex-partners had been previously stalked and more than two-thirds of women accessing a victim services program report that they have been strangled by their partner (*2011 Multnomah County, Oregon Domestic Violence Enhanced Response Team*). While domestic violence occurs in all population groups and socioeconomic levels, the prevalence of severe physical and sexual violence is highest in women living below the federal poverty line.

Culturally and historically, men do not seek legal or behavioral assistance in combating domestic violence and sexual assault as readily or often as women do.¹ This lack of involvement stems from a combination of the media's portrayal of strong men, the traditional role men have played as protectors, breadwinners and the acceptance of such values by society. In families and communities where positive male role models are lacking, boys lack the guidance needed to foster safe, responsible behavior and are more likely to commit crimes. Additionally, men are far more often than women the perpetrators of sexual and violent crimes, and therefore, do not experience the physical and psychological consequences of rape, battery and abuse as women

¹ Kindlon, Daniel J., Michael Thompson, and Teresa Barker. *Raising Cain: Protecting the Emotional Life of Boys*. New York: Ballantine, 2000. Print.

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do.² As a result, girls and women have been more willing to participate in community programs addressing domestic violence and assault. Furthermore, Portland's street gang culture attracts many boys and young men. In 2006, the Oregon Department of Justice reported that the greater Portland-Metropolitan area was estimated to have 2,000 criminal street gang members, a statistic that has significantly increased in the last few years. Gang activity results in more occurrences of crime including sexual assault, battery and violence. In order to break this behavior pattern and engage men and boys as allies against domestic violence and assault, it is critical to recruit men as BoyStrength leaders and instructors to teach non-violent communication to boys in the community.

Problem of providing comprehensive services to children and youth victims of domestic violence and sexual assault in the community: The two primary obstacles in assisting children and youth victims of domestic violence and assault are the limited resources available to lower-socioeconomic community members and the control abusive guardians often have over young victims. It is extremely difficult for guardians to research and bring their children to domestic violence programs and services if they do not have reliable access to transportation, cannot take time off from their jobs or cannot afford the service fees. Furthermore, abusive guardians may be reluctant to find support resources for their children since doing so will address the abuse that may result in the guardian's retribution. Since BoyStrength will be built in to existing school curriculum, no additional transportation is required for students already on campus. Guardians will not need to be present during the program, so schedule conflicts and availability will not be

² Kindlon, Daniel J., Michael Thompson, and Teresa Barker. *Raising Cain: Protecting the Emotional Life of Boys*. New York: Ballantine, 2000. Print.

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barriers. Most importantly, BoyStrength is free for all participants. Additionally, BoyStrength aims to promote a safe, nurturing environment where boys can discuss their concerns and emotions without feeling threatened. To do so, BoyStrength will introduce and enlist male instructors and local law enforcement as allies, encouraging youth to feel comfortable in approaching and working with community members.

Current services: Local agencies and community organizations have developed a range of specific responses to domestic violence. The system of services for victims of domestic violence include emergency shelters, crisis lines, transitional housing, legal representation and advocacy, culturally specific advocacy programs serving Latina, Russian, Asian, African immigrant, African American, Native American and sexual minority populations, and advocates co-located at Portland Police Bureau, the Multnomah County Courthouse, Child Welfare and public assistance offices. However, there is no free program that is specifically targeted to 10 to 14 year old boys in domestic violence and assault prevention.

Additionally, both public and private organizations offer certified courses in self-defense to adults and children in the community. The structure and cost of the courses vary. Some are in workshop format lasting a few hours while others are more in-depth requiring with weekly attendance. All charge a fee dependent on material. PREPARE Portland was founded in 2006 and instructs men, women, children and youth how to defend themselves using full-force, adrenalized training, awareness and avoidance skills and boundary-setting while simultaneously addressing the emotional components of self-defense. Classes for children between the ages of six through 11 are \$150 per child and are led by trained instructors. American, Philippine and

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Indonesian (API) International Combat Arts was founded in 1990 and offers karate classes to children ages five through 12. Cost is \$25 per month for two classes per week. A few additional children's self defense classes are offered through certain community centers and churches on a less frequent basis. Gang Resistance Education and Training (G.R.E.A.T.) is a school-based, law enforcement taught classroom curriculum for middle school girls and boys. The Portland Police Bureau's primary objective is prevention and teaches life skills that help immunize students against youth violence, delinquency and gang involvement. The program also works as an effective bridge between police and the community's youth, allowing relationships to be forged that extend outward from the school into the neighborhoods.

GirlStrength is a violence prevention program offered through the Portland Police Bureau for girls 10 through 17 years of age. It was founded in 2008 and is based upon the same principles as WomenStrength, which has offered free holistic self-defense classes for women in the Portland area since 1979. GirlStrength is a free, comprehensive program that focuses on empowering girls and demystifying fear while also teaching verbal assertiveness and physical self-defense skills. This eight-week course is designed for girls in grades 5 through 8 and is available to any school in the Portland area. Course topics and material include the role of intuition, physical and non-physical escape options, verbal assertiveness and strategies, personal boundary setting, identifying boundary intrusion, confidence and self-esteem building techniques, societal values of women and girls, gender stereotyping, safety planning and prevention techniques, building allies and dealing with relational aggression, street smarts and

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common attacker strategies and sexual assault and dating violence. The proposed BoyStrength program adopts these same values principles while tailoring them to the specific needs of boys.

Gaps in service: Although the existing services and programs offered in the Portland community to address domestic violence and sexual assault are imperative, none specifically cater to boys 10 to 14 of lower socio-economic environments. Current child and youth classes are most often co-ed, if not girls-only. While targeting girls is a necessary and critical factor in safety, empowerment and violence prevention, boys and men must also be given a safe environment to practice non-violent communication, discuss challenges and personal experiences and gain exposure to community resources. Additionally, these services must be easily accessible and at no cost to students to make them accessible to those who most need them.

Impact of current efforts to prevent and reduce domestic violence, dating violence and sexual assault in the community: The GirlStrength program collects comments and data at the end of each class to measure the curriculum effectiveness. Nearly 3,000 girls have been polled since the program began in 2008. These results showed that 94% of students reported an increase in confidence, 64% felt empowered and 93% increased their skills in verbal assertiveness (including setting boundaries and being an active bystander). Students are also able to identify unhealthy relationships and engage in healthy relationships. Self-reported expert knowledge of preventing a personal attack increased by 768% and confidence in defending oneself during a personal attack increased by 281%.

Description of community to be served: The BoyStrength program will serve 10 to 14 year old boys in the Portland area with an emphasis on, but not limited to, Portland youth of

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lower socioeconomic status in the 31 Title I schools. A private middle school, Catlin Gabel, will also offer the BoyStrength curriculum. BoyStrength will collaborate with community centers, churches and social service programs including domestic violence and sexual assault victim services that have historically catered to underserved communities to host and register boys in the program. Outreach to men in the community will be performed in order to train them as course co-instructors. These combined efforts reach a vast and diverse number of Portland boys and men. Ultimately, the entire Portland community will benefit from reduced crime and increased sense of safety and support by engaging men and boys as allies against domestic violence and sexual assault.

What Will Be Done

Project goals and objectives: The BoyStrength program goal is to teach non-violent skills and communication, improve self-confidence and increase awareness of crime and resources to Portland boys, especially those of low socioeconomic backgrounds. This will be accomplished by providing free, relevant and accessible holistic violence-prevention training to boys age 10 to 14 in Title I schools, two private schools and several community centers, as well as safety information to the general public. BoyStrength's three main objectives are to:

1. Leverage existing partnerships with Portland Public Schools, community centers and industry experts to provide free violence prevention training to boys in Portland, especially those from low socioeconomic households.
2. Recruit and train men from the community to co-facilitate the nine-week BoyStrength

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violence prevention classes thereby serving as mentors and leaders to boys who may otherwise not have exposure to positive male role models.

3. Effectively teach non-violence skills to 10 to 14 year old boys in the Portland community while providing a safe environment to discuss their personal experiences and concerns, thus growing their self-confidence and knowledge of community resources.

Detailed tasks and activities: In order to develop and initiate the BoyStrength program, the following actions must be completed:

1. Hire on Program Manager to assist with program development, logistics and maintenance.
2. Finalize arrangements and schedules with Portland Public Schools, Title I schools and community centers to offer BoyStrength courses to 10 to 14 year old boys at these partner facilities.
3. Revise existing GirlStrength instructor training and student workbook to pertain to relevant issues for 10 to 14 year old boys.
4. Recruit and train male volunteers to facilitate BoyStrength classes. This includes an interview process, background check and a 100-hour immersion training.
5. Collect feedback from students before and after the course; enter data into existing database to track and measure program progress.
6. Update existing Portland Police Bureau web page to include BoyStrength program information.
7. Promote BoyStrength to the local community via partnerships, community involvement, brochures and posters to increase participation.

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Expected outcomes and measureable goals: The existing GirlStrength program inputs student questionnaire feedback into a database to measure specific skill improvement including physical self defense, assertiveness and confidence. Measureable outcomes for BoyStrength will be incorporated into this database to track the success of violence-prevention techniques learned in class. Based on the success and performance of the GirlStrength program as well as our partners' diverse capabilities and reach within the community, we expect the BoyStrength program to complete the following in the 36-month grant period:

1. Recruit and train 14 male and 14 female volunteers as class facilitators.
2. Complete six nine-week programs, four one-week camps and six three-hour workshops.
3. Enroll and teach approximately 300 boys (age 10 to 14 years) in the program annually, for a total of 900 boys.
4. Increase pre to post course evaluations in understanding assertiveness as safest response to challenging situations by 75%.
5. Increase pre to post course evaluations in understanding how men affect the way other men/boys behave violently towards women/girls.
6. Increase student confidence by 80%.
7. Increase pre to post course evaluations in knowledge of assertiveness as safest response challenging situations including bullying, stalking and inter-personal relationships, by 75%.
8. Increase pre to post course evaluations in understanding how men affect the way other men/boys behave violently towards women/girls by 75%.
9. Increase pro-social behavior and leadership skills by 60%.

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10. Increase conflict resolution skills by 65%.
 11. Increase student confidence by 80%.
 12. File quarterly Federal Financial Reports (SF-425) through the Grants Management System (GMS).
 13. Provide performance-related semi-annual data reports through GMS. To be determined by the grantor.

36-month grant cycle timeline:

Date(s)	Goals
Feb 2013- Aug 2013 (Pre-funding period)	1. Secure funding, research curriculum, connect with each partner to assign roles and action items.
Sep 2013 - Dec 2013	2. Hire Program Manager and curriculum consultants per City hiring and procurement policies and practices 3. Develop curriculum and training program for facilitators 4. Recruit community four male and four female volunteer facilitators 5. Implement 100-hour volunteer training program 6. Work with BAM! to create a mentoring program for students identified as survivors or high risk for relationship violence
Jan 2014 - Apr 2014	1. First Program Pilot: Nine-week BoyStrength program in one Title I Portland Public School and one private school (Catlin Gabel) 2. First Workshop Pilot: Three-hour BoyStrength workshop at one culturally specific agency (NAYC) and one three-hour Strength workshop for LGBTQII community (SMYRC) 3. First Mentoring Pilot: Identify one student in each program and follow through with mentoring for at least six months
May 2014 - Jun 2014	1. Assess pilot programs and adjust curriculum 2. Assess and adjust mentoring program
Jul 2014 - Sep 2014	1.. Second Program Pilot: nine-week program in two Title I Portland Public Schools (Whitman and Sunnyside Environmental) and one private school 2. Second Workshop Pilot: three-hour BoyStrength workshop at one community center (East Portland Community Center) in a high crime area and one three-

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	<p>hour family-based Strength workshop for domestic violence survivors and their children (at Impact NW, Listen to Kids)</p> <p>3. Second Mentoring Pilot: Identify two students in each program and follow through with mentoring for at least one year</p>
Oct 2014 - Dec 2014	<p>1. First Summer Camp Pilot: one-week camp for three hours/day at community center (Northeast community center) and one-week camp for three hours/day at a culturally specific agency that supports low-income, high-risk students [Police Activities League (PAL)]</p> <p>2. Create Peer Lead Program: Identify leaders in each class. Work with students to attend classes/workshops the following year to be a peer lead in the classroom</p> <p>3. Recruit six male and six female facilitators to volunteer as BoyStrength instructors. Implement 100-hour volunteer training program</p> <p>4. Assess pilot program/workshops and adjust curriculum</p> <p>5. Assess and adjust mentoring program</p>
Jan 2015 - Mar 2015	<p>1. Implement nine-week program offered in two previous schools (Faubion and Catlin Gabel) and one new school (Ron Russell)</p> <p>2. Implement one-hour workshops offered for two previous culturally specific organizations (SMYRC and NAYA)</p> <p>3. Implement Mentoring Program: Identify three students in each program/workshop and follow through with mentoring for at least one year</p> <p>4. Implement Peer Lead Program: Identify two leaders in each class/workshop. Work with students to attend classes/workshops the following year to be a peer lead in the classroom</p>
Apr 2015 - Jun 2015	<p>1. Assess program/workshops and adjust curriculum</p> <p>2. Assess and adjust mentoring program</p> <p>3. Assess and adjust peer lead program</p> <p>4. Implement Winter Camp: one-week program, three hours/day at a new community center, Montavilla (identified as a high crime area with identified "track" for sexual exploitation/trafficking)</p>
Jul 2015 - Nov 2015	<p>1. Second Program Implementation: nine-week program offered in previous schools (Whitman and Sunnyside) and one new school (Beaumont)</p> <p>2. Implement Workshops: 3-hour workshops offered for two previous organizations (Impact NW and PAL) and one new organization</p> <p>3. Implement Mentoring Program: Identify three students in each program/workshop and follow through with mentoring for at least one year</p> <p>4. Implement Peer Lead Program: Identify two leaders in each class/workshop. Work with students to attend classes/workshops the following year to be a peer lead in the classroom</p>
	<p>1. Implementation of Summer Camp: Offer two summer camps (East Portland Community Center and Northeast Community Center)</p>

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Dec 2015 - Feb 2016	<ol style="list-style-type: none"> 2. Assessment of whole program (nine-week, workshop, curriculum, mentoring, peer lead) and modify if necessary 3. Recruit six male and six female facilitators to volunteer as BoyStrength instructors. Implement 100-hour volunteer training program 4. Implement Program: Nine-week program offered in five previous schools (Ron Russell, Faubion, Beaumont, Sunnyside and Catlin Gabel) 5. Implement Workshops: three-hour workshops offered for two previous culturally specific organizations (SMYRC and NAYA) 6. Implement Mentoring Program: Goal is to identify three students in each program/workshop and follow through with mentoring for at least one year 7. Implement Peer Lead Program: Identify two leaders in each class/workshop. Work with students to attend classes/workshops the following year to be a peer lead in the classroom 8. Assess program 9. Work toward permanent funding
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Collaborative team and key partner agencies: The collaborative team will include a Program Manager, GirlStrength and WomenStrength directors and trained volunteer instructors. The Program Manager will be responsible for planning, development, implementation and evaluation, as well as community outreach. These key team members will work on development of the BoyStrength program including curriculum development, community outreach, collection and input of data and overseeing day-to-day program functions. The key players will work with specific Portland Public Schools, the David Douglas School District, Portland Community Centers. BoyStrength will work with Boys Advocating and Mentoring Program (BAM!) on offering a mentorship post-course, as well as providing guidance on a peer lead program. Patrick Lemmon, co-founder of "Men Can Stop Rape," will work as consultant on training and curriculum development.

Native American Youth Resource and Family Center (NAYA) for Native American boys ages 10 through 14, Impact NW for survivors of domestic violence and their children, Sexual

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Minority Youth Resource Center (SMYRC) for students that identify as LGBTQI. Portland State University (PSU) will provide program evaluation.

Describe how partners will ensure victim safety and confidentiality in all phases of the project: The Program Manager will have an educational meeting with all partners before program implementation to inform and train on victim safety and the roles of mandatory reporting. Additionally, program staff will train volunteer instructors on the best practice of working with survivors of violence. If a student is identified as a victim, the staff will work with Raphael House of Portland (domestic violence shelter) to offer immediate safety. Additionally, the identified student will work be paired with BAM! for a minimum one-year mentorship program. If the partner agency is a Portland Public School, referral will be given to a counselor for additional follow through. If the student is an eminent risk to themselves, others or are actively being abused, facilitators are mandatory reporters and will notify Multnomah County Child Abuse Hotline. Outside of this, any information discussed during class is kept confidential.

Tangible products: A one-page flyer will be created to distribute to men in the community in an effort to solicit program instructors, brochures for community members and a poster for marketing. Additionally, review sheets based on the successful GirlStrength program will be revised for content pertaining to the needs of 10 to 14 year old boys in the community. This handout will be given to all BoyStrength students during class. An informational program brochure and poster will also be created. Printing expenses of these pieces will be covered by the Portland Police Bureau. Further development and updating of the Portland Police Bureau web page will be completed to incorporate an overview of the BoyStrength program and resources.

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Cultural and linguistically tailored activities: Lesson plan subject matter will be geared toward the needs of 10 to 14 year old boys in Portland. Classes will be taught in English.

Vetting process required for potential employees, volunteers and/or mentors: Portland Police Bureau's WomenStrength and GirlStrength programs have a competitive four-part application that will be implemented for BoyStrength volunteers. The first step is an application including completion of essay questions about why the volunteer is interested, what he/she sees as the cause for children and youth experiencing domestic violence and sexual assault and if working with the Police Bureau would be beneficial and/or have negative connotations. After screening the applicant's essay questions, he/she will be subjected to a panel interview with key staff and current volunteer instructors. Upon completion, he/she must pass a criminal background and reference check. The volunteer will then complete a 100-hour immersion training which includes: anti-oppression and privilege; secondary trauma; education about domestic violence and sexual assault; hearing survivors stories that focus on prevention, survival and healing; gender roles and masculinity in our culture; how the law and criminal justice system interact with survivors; prevention of child abuse; bullying prevention and bystander intervention; adolescent development; stalking and digital violence; sexual exploitation/ sex trafficking; gang involvement of youth; strategies and best practices for teaching targeted age groups; classroom management skills; knowledge of different learning styles and intelligences; guidelines for successful coaching of students; practice of physical self-defense skills.

Assessment of success of proposed prevention efforts: Prior to, and again upon the completion of each BoyStrength course, students will be asked to fill out a questionnaire and rate

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their level of knowledge and comfort with physical, behavioral, academic and self-concept skills. These responses will be inputted and tracked in a database, which can then generate quantitative results as to how many boys noticed improvement in skills due to BoyStrength, and by how much. These results will allow for future curriculum modifications if necessary, as well as provide valuable statistics pertaining to the program effectiveness. Additionally, Portland State University will conduct an annual BoyStrength evaluation based on follow-up questionnaire responses and randomized student interviews.

Describe how the program uses men and/or boys as leaders of other men and/or youth:

Positive male role models are crucial in breaking the cycle of domestic violence and sexual assault. Building upon this sentiment, BoyStrength will recruit and train qualified men from the local community to teach a holistic violence prevention program to boys age 10 to 14. In this process, students are exposed to men as community leaders and peers. Additionally, students identified as leaders during the program will have to opportunity to become assistant facilitators the following year.

Who Will Implement the Project

Key staff including collaborative partners: The grant-funded 1.0 FTE Program Manager, once hired, will spearhead development of the program and curriculum, perform community outreach and nurture relationships with collaborative partners including schools, community centers and private organizations. Additionally, the program manager will present information on the BoyStrength program at conferences, create and lead training events to educate the

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community about BoyStrength, develop a mentoring and peer lead program, develop curriculum and analyze data from classes.

WomenStrength Program Director, Sara K. Johnson will create and implement a training program to engage men in the community to become trained co-facilitators for BoyStrength. She will notify the BoyStrength Program Manager of sufficient volunteer staff and ensure that the men and women co-facilitators are following through with the mission and vision of the BoyStrength program.

Collaborative partners will be crucial in the development of BoyStrength. They will host BoyStrength classes and contribute to the developmental stage by completing evaluations of each pilot. Collaborative partners will also assist in implementation of the mentoring program by identifying youth who are at risk as well as assist with the peer lead program by identifying student leaders in the class.

Experience and expertise of the organization and key personnel directly involved with project implementation: Carolyn Haycraft, BA in Performing Arts, GirlStrength Director, currently serves on the Diversity Inclusion Council Committee for the Portland Police Bureau and oversees the expansion of the GirlStrength Program to serve the needs of elementary and high school girls. Haycraft's most recent accomplishments include completing the Graduate Teaching Program at Portland State University, where she earned her Oregon Teacher's License to teach at the middle and high school level.

Sara K. Johnson, BA in Communication Arts, Director of WomenStrength and the founder of GirlStrength and the director of WomenStrength. She has led over 500 safety

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workshops (7,500 participants) on personal safety including, relationship violence. Ms. Johnson has presented at local and statewide conferences on the subject of holistic self-defense and the safety of survivors. As the director of WomenStrength, Johnson supervises 40 volunteer self-defense instructors, leads personal safety workshops and continues her 11 year history of teaching women Self-defense skills.

Captain Kevin Modica, Portland Police Bureau Family Services Division has over 20 years of experience on the police force and is an active community partner to agencies that focus on inner city youth. His passion is creating safety and educating community members about how violence can negatively affect underserved populations.

Joslyn Baker, Collaboration Coordinator for Multnomah County Department of Community Justice, is currently Coordinator for the Commercial Sexual Exploitation of Children (CSEC) project. She has extensive experience working with and coordinating a multi-disciplinary team in her current and past roles as the Domestic Violence Enhanced Response Team (DVERT). Baker will provide training, support and program and curriculum analysis to BoyStrength.

Patrick Lemmon, Violence Prevention Consultant and co-founder of "Men Can Stop Rape" has over 20 years of experience engaging men to end violence against women, as well as two years of intermittent collaboration on the subject of engaging men to end violence against women.

Native American Youth and Family Center (NAYA) works to enrich the lives of Native youth and families through education, community involvement, and culturally specific

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programming. For over 30 years, NAYA has provided educational services, cultural arts programming and direct support to reduce poverty to the Portland-Metropolitan area's American Indian and Alaska Native community.

Impact NW works with schools, businesses, faith communities, other community-based organizations and governmental agencies to create a safety net and springboard for community members to improve their quality of life and achieve independence. With 25 years of experience, Impact NW is a professional and sought after resource in its field.

Boys Advocating and Mentoring (BAM!) has mentored young men to be more interpersonally engaged for over 10 years. Belief is shared in the ability of boys to be healthy, happy individuals who are positive contributors to community and family life.

The Police Activities League (PAL) is a nonprofit organization helping low-income, high risk students in Portland. Across all of PAL's programs, 85% of youth classify as low-income or very low-income. 94% of youth served qualify for free or reduced lunches at school.

Sexual Minority Youth Resource Center (SMYRC) hosts youth activities ranging from art and yoga, to skill building and leadership development. Youth find several support groups, a full kitchen and library, computers, a pool table, and a fully equipped theatre stage. The drop-in center is open to all LGBTQQI youth ages 12 to 23.

Local public and private community centers have over 50 years of experience in engaging the community in healthy activities that encourage cooperation and healthy living.

For over 20 years, Debi Elliot, Ph.D., Senior Research Associate at Portland State University's Regional Research Institute, has researched human services topics including the

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effects of trauma, history of violence, overrepresentation of minorities in the juvenile systems, inclusion of family members in research, and longitudinal tracking of research participants.

Portland Public Schools with approximately 47,000 students in 81 schools is the largest school district in the Pacific Northwest. District students participate in diverse programs and learning opportunities that are supported by teachers, families, community members, nonprofit organizations, local businesses and higher education institutions.

David Douglas School District's mission is to provide a vibrant and safe learning environment promoting acceptance, compassion and respect.

Catlin Gabel is an independent Portland school that has inspired inquisitive and creative thinkers from preschool through 12th grade for over 80 years.

Demonstrate the lead partner/organization has experience developing culturally and community-relevant outreach, prevention, and/or intervention services relevant to the specific communities to whom assistance would be provided: GirlStrength Director Haycraft (and proposed Program Manager of BoyStrength) has offered the GirlStrength program to six Title I schools that have over 85% free/reduced lunch program participation. These schools have a high ratio of students of color and are located in high crime areas. Haycraft is diligent and passionate about the importance of offering safety information to communities that are at most risk for violence. As an educator, she has implemented a specific workshop for prevention of sexual exploitation for schools and community centers at high risk for recruitment of children to be used in sexual exploitation as well as anti-bullying workshops for boys.

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Key personnel with relevant experience engaging men/boys and their anticipated project roles: Patrick Lemmon is a Violence Prevention Specialist who will assist in the development of the BoyStrength curriculum. He has spent over 20 years working in the field of engaging men in ending violence against women. As one of the original co-founders of "Men Can Stop Rape" in Washington, D.C., Lemmon has broad experience in working with men and boys. He will lend his expertise by training men to co-teach BoyStrength as well as working with program staff to contribute to the development and implementation of curriculum.

Howard Hiton, co-founder of BAM!, will assist in development and implementation of a mentoring program for BoyStrength students. He will help to identify high-risk students that exhibit unhealthy behaviors and are potentially violent. These students will enter a mentorship program through BAM!. Hiton will also assist in the recruitment of BoyStrength facilitators.

Examples of previous public education efforts conducted by lead applicant utilizing men as influencers. Indicate success, community impact and measurements: In her professional life, Haycraft has worked with male police officers to pre-pilot the BoyStrength program. She trained two Portland Police officers to teach boys important safety and prevention skills. This week-long camp and three-hour workshop greatly influenced the boys who took the class as well as the officers. Evaluations from these programs showed that boys felt over 90% more confident after completing the class.

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Budget Detail

A. Personnel **\$187,991**

<u>Name/Position</u>	<u>Computation</u>	<u>Cost</u>
1.0 FTE Program Manager		
9/1/13 - 8/31/14	\$35.58/hr x 2080 hrs	\$74,006
9/1/14 - 8/31/15	\$36.2918/hr x 2080 hrs	75,487
9/1/15 - 2/28/16	\$37.0173/hr x 1040 hrs	38,498

B. Fringe Benefits **\$ 74,009**

<u>Name/Position</u>	<u>Computation</u>	<u>Cost</u>
1.0 FTE Program Manager		
Fringe - Social Security, Medicare & Retirement		
9/1/13 - 8/31/14	0.062+0.0145+0.1266 x 74,006	\$ 15,031
9/1/14 - 8/31/15	0.062+0.0145+0.1266 x 75,487	15,331
9/1/15 - 2/28/16	0.062+0.0145+0.1266 x 38,498	7,819
Benefits		
9/1/13 - 8/31/14	\$13,862 x 2080 hrs/2080 hrs	\$ 13,862
9/1/14 - 8/31/15	14,466 x 2080 hrs/2080 hrs	14,466
9/1/15 - 2/28/16	15,000 x 1040 hrs/2080 hrs	7,500

C. Travel **\$ 0**
No expenses in the category

D. Equipment **\$ 0**
No expenses in the category

E. Supplies **\$ 0**
No expenses in the category

F. Construction **\$ 0**
No expenses in the category

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G. Consultants/Contracts **\$ 38,000**

<u>Name of Consultant</u>	<u>Computation</u>	<u>Cost</u>
Howard Hiton (BAM!)		
Assist in development of mentoring program, train staff and instructors in best practice on working with boys		
First 12 months	\$150/hr x 66.667 hrs	\$10,000
Next 18 months	\$150/hr x 80 hrs	12,000
Portland State University		
Develop and implement program evaluation of BoyStrength		\$ 3,500
Patrick Lemmon (Men Can Stop Rape)		
Advise on BoyStrength curriculum; train staff and instructors on best practice working with men		
First 12 months	\$100/hr x 50 hrs	\$ 5,000
Next 18 months	\$100/hr x 75 hrs	7,500

H. Other **\$ 50,000**

<u>Item</u>	<u>Computation</u>	<u>Cost</u>
Training and Technical Assistance to support costs associated with technical assistance, capacity-building activities and events sponsored by OVW-designated technical assistance providers.		

Applicant will send at least two project team members to each technical assistance event. Additionally, applicant will plan to participate in a new grantee orientation and two training events per year. Applicant may also set aside a portion of this funding to support violence against women experts to provide individualized technical assistance.

Total Direct Costs **\$350,000**

I. Indirect Costs **\$ 0**
No expenses in the category

TOTAL PROJECT COSTS **\$350,000**

Federal Request **\$350,000**

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Budget Summary

A. Personnel	\$187,991
B. Fringe Benefits	\$ 74,009
C. Travel	\$ 0
D. Equipment	\$ 0
E. Supplies	\$ 0
F. Construction	\$ 0
G. Consultants/Contracts	\$ 38,000
H. Other	\$ 50,000
I. Indirect Costs	\$ 0
TOTAL PROJECT COSTS	\$350,000
Federal Request	\$350,000
Applicant Funds	\$ 0

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Budget Narrative

Section A: Personnel (\$187,991) This expense will provide funding for the City of Portland to hire a 1.0 FTE Program Manager for 30 months. The program manager will be responsible for planning, development and implementation of the BoyStrength program. This position will work with key team members on development of the BoyStrength program including curriculum development, community outreach, data collection and overseeing day-to-day program functions. Will work with collaborative partners to pilot programs in schools, workshops and camps. The Program Manager will also coordinate with Portland State University to complete a program evaluation.

Section B: Fringe Benefits (\$74,009) This expense will fund the Fringe Benefits for a 1.0 FTE Program Manager for the City of Portland for 30 months.

Section C: Travel (\$ -0-) There are no Travel costs associated with this grant request.

Section D: Equipment (\$ -0-) There are no Equipment costs associated with this grant request.

Section E: Supplies (\$ -0-) There are no Supply costs associated with this grant request.

Section F: Construction (\$ -0-) There are no Construction costs associated with this grant request.

Section G: Consultants/Contracts (\$38,000) This expense will provide for funding for three contracts with area professionals.

Boys Advocacy and Mentoring (BAM!) has over 10 years experience and believes in challenging the adults who work with boys to see boys in new ways and mentors young men to be more interpersonally engaged. Belief is shared in the ability of boys to be healthy, happy

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individuals who are positive contributors to community and family life. BAM! recognizes and supports what is natural about boys' behavior and realize the necessity of helping boys to connect more with themselves and others. BAM! will provide a subject matter expert to assist in developing guidelines for a mentorship program as well as training for BoyStrength instructors on best practice for working with boys.

Patrick Lemmon, Violence Prevention Consultant. Lemmon is one of the original co-founders of "Men Can Stop Rape," and is in a unique position to help consult on the development of the BoyStrength program. "Men Can Stop Rape's" mission is to mobilize men to use their strength for creating cultures free from violence, especially men's violence against women. Lemmon will consult on development of the BoyStrength curriculum and provide training to BoyStrength staff and instructors on the role of men and masculinity in our culture and how it relates to violence, specifically violence against women and girls.

Portland State University, Regional Research Institute (RRI) conducts research and evaluation with the goal of improving lives, human services and policies. The RRI is nationally recognized for its innovative practices related to the inclusion of family members, youth and adult consumers in all levels of human service planning, design, implementation and evaluation. PSU RRI will develop and implement an evaluation of the BoyStrength program.

Section H: Other (\$50,000) This expense will provide funding for OVW-required Training and Technical Assistance to support costs associated with technical assistance, capacity-building activities and events sponsored by OVW-designated technical assistance providers. Applicant will send at least two project team members to each technical assistance event. Additionally,

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applicant will plan to participate in a new grantee orientation and two training events per year. Applicant may also set aside a portion of this funding to support violence against women experts to provide individualized technical assistance.

Section I: Indirect Costs (\$ -0-) There are no Indirect Costs associated with this grant request.

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Engaging Men and Boys Project: BoyStrength

This Memorandum of Understanding formally establishes cooperative partnership and collaboration between the Portland Police Bureau (PPB), Multnomah County Department of Community Justice (MCDJC), Impact NW Listen to Kids program, Native American Youth and Family Center (NAYA), Boys Advocacy and Mentoring (BAM!), University of Oregon Department of Sociology (UO), Portland State University Regional Research Institute (PSU), Sexual Minorities Resource Center (SMYRC), Portland Public Schools (PPS, Beaumont, Faubion, Sunnyside and Whitman), Police Activities League of Greater Portland (PAL), Portland Parks and Recreation Community Centers (Peninsula Park, Montavilla and Sellwood), Northeast Community Center, Friendly House Community Center, Patrick Lemmon- Violence Prevention Consultant and City of Portland Police Bureau for the purposes of the Department of Justice Office on Violence Against Women grant for the Engaging Men and Boys Project to establish a BoyStrength Violence Prevention program.

Goals and Objectives of the BoyStrength program:

1. Engage youth by teaching relevant, primary prevention strategies to boys ages 10-14.
2. Engage men and community members by recruiting male volunteers to teach the nine-week program, three-hour workshops and one-week long camps.
3. Focus on engaging young men in a dialogue that investigates and examines root cause of violence.
4. Utilize current GirlStrength curriculum to adapt and develop specific curriculum for boys with violence prevention focus.
5. Adopt curriculum that is rooted in anti-oppression and equity.
6. Topics of program will include:
 - Exploring the role of masculinity in our culture and its relationship to violence
 - Examining media images and stereotypes
 - History of oppression and feminism
 - Digital violence and bullying
 - Emotional literacy and empathy
 - Cooperation vs. competition
 - Myths and facts surrounding violence (relationship, recruiting/trafficking, gang involvement)

Cooperating partnerships:

The above named partners will collaborate with BoyStrength in the following capacity:

1. Advise on development of curriculum to engage boys in the learning process; educate on the culture of violence and masculinity (including dating violence and stalking); and understand the importance of choosing non-violent actions and the value of engaging in healthy relationships for self and community.
2. Educate and train BoyStrength staff and instructors (men and women) in the best practices and strategies to teach boys (including the specifications in #1).

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3. Provide resources for culturally specific and underserved populations and experienced staff to attend classes/workshops.
4. Offer support and guidance for students who disclose past trauma history.
5. Assist in development and maintenance of mentorship program.
6. Consult to create and implement peer leadership program.

Representatives responsible for developing and implementing project activities:

<i>Cooperating Partner Organization</i>	<i>Representative in Planning and Development</i>	<i>Implementation Role</i>
City of Portland Police Bureau	Kevin Modica, Captain, Family Services Division	Portland Police Bureau: Work with the BoyStrength program to assist in recruitment of trainers and general operational support for programs
Multnomah County Department of Community Justice, CSEC Project	Joslyn Baker, Collaboration Specialist	CSEC project: Work with BoyStrength to consult on the issue of CSEC for training and curriculum development
Native American Youth and Family Center (NAYA)	Matt Morton, Executive Director	NAYA: Partner with BoyStrength to help program development through piloting workshops and programs.
Impact NW, Listen to Kids	Meg Willis, LCSW Early Childhood Program Manager	Impact NW: Work with BoyStrength to pilot a family safety workshop for survivors of domestic violence and their children
SMYRC (Sexual Minority Youth Resource Center)	Sara Freeman, Drop-in Coordinator	SMYRC: Collaborate on offering culturally specific programming for the LGBTQII community. Pilot workshop on safety and confidence building for all gender identities.
Boys Advocacy and Mentoring (BAM!)	Howard Hiton, MS Co-Founder	BAM!: Collaborate with BoyStrength staff to develop and implement mentorship program for boys upon graduation from BoyStrength program, and provide training for BoyStrength instructors on best practices for teaching boys
Men Can Stop Rape	Patrick Lemmon, Co-Founder, Men Can Stop Rape and Violence Prevention Consultant	Offer training on men and masculinity to staff and trainers; advise on curriculum development

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Police Activity League of Greater Portland (PAL) (N, NE, E)	Patricia TenEyck, Executive Director	PAL: Collaborate with BoyStrength to pilot camps and workshops at youth centers in Portland
Portland Public Schools (NE, N, E, SE)	Liz Casson-Taylor, Principal, Beaumont School LaShawn Lee, Principal, Faubion School Lori Clark, Principal, Whitman Elementary School Sara Taylor, Principal, Sunnyside Environmental	PPS: Collaborate with BoyStrength to offer nine-week programs in each geographic area of the City of Portland* to ensure people of all backgrounds, races, ethnicities and socio-economic status are included, north and east identified as high poverty populations
David Douglas School District (E)	Andy Long, Principal, Ron Russell School	Collaborate with BoyStrength to pilot 9 week BoyStrength program
Oregon Episcopal School (SW)	Scott Hardister, Middle School Head	Collaborate with BoyStrength to pilot BoyStrength nine-week program
Catlin Gable School (SW)	Barbara Ostos, Middle School Head	Collaborate with BoyStrength to pilot BoyStrength nine-week program
Portland Parks and Recreation Community Centers (NE, SE, N)	Montavilla Community Center Patty Gaines, Assistant Building Director, Sellwood Community Center Charlie Karuse, Rentals Coordinator, Peninsula Park Community Center	Collaborate with BoyStrength to pilot week-long camps in specific geographic areas* to ensure people of all backgrounds, races, ethnicities and socio-economic status are included
Northeast Community Center	Chase Szues, rentals coordinator (NE)	Collaborate with BoyStrength to pilot week-long camps in specific geographic areas* to ensure people of all backgrounds, races, ethnicities and socio-economic status are included
Friendly House	Linda Vipperman,	Collaborate with BoyStrength to pilot week-long

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Community Center	Customer Service (SE) Representative	camps specific geographic areas* to ensure people of all backgrounds, races, ethnicities and socio-economic status are included
University of Oregon	Jocelyn Hollander Associate Professor and Department Head Department of Sociology	University of Oregon is currently beginning the first stages of a qualitative and quantitative evaluation of the GirlStrength and WomenStrength programs
Portland State University	Debi Elliott, PhD, Director Survey Research Lab	Dr Elliott and associates to provide assistance on funding proposals to support longitudinal studies

* Geographic areas in Portland defined as: North (N), Northeast (NE), Northwest (NW), Southwest (SW), Southeast (SE) and East (E). Piloting in all quadrants will ensure students will represent the diversity of Portland. North, Southeast and East Portland are identified as high poverty, high crime areas with a high percentage of people of color

City of Portland, Oregon Police Bureau (PPB)

Program Description: Portland Police Bureau (PPB) will offer operational support to develop the boys program. The Police Bureau Mission is, "To reduce crime and fear of crime in the City of Portland" and the BoyStrength program mission is encompassed within the bureau.

History: 34-year history with support for WomenStrength program, four-year history with support for the GirlStrength program.

Resources Contributed: Three offices, printing supplies, 2.0 FTE crime prevention coordinators and 2.0 FTE administrative specialists.

Multnomah County Department of Community Justice, CSEC Project

Program Description: This project collaborates with community partners to create a coordinated community response to the commercial sexual exploitation of children (CSEC).

History: The GirlStrength program has had an extensive and successful collaborative partnership with the CSEC project since project inception in 2010. The CSEC project team has consulted with GirlStrength director on the prevalence and prevention of exploitation our community. CSEC team has also consulted with GirlStrength to provide guidance on prevention curriculum for workshops and program.

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Resources Contributed: Project coordinator and team members will work closely with staff from the BoyStrength program to ensure statistics and information about exploitation covered accurately in the program curriculum.

Native American Youth and Family Center (NAYA)

Program Description: NAYA in Portland, Oregon, works to enrich the lives of our Native youth and families through education, community involvement, and culturally specific programming. NAYA provides educational services, cultural arts programming and direct support to reduce poverty to the Portland-Metropolitan Area's American Indian and Alaska Native community for over 30 years.

History: GirlStrength workshops offered to young women ages 8-15 at NAYA in 2012.

Resources Contribute: NAYA agrees to provide a experienced employee for cultural competency guidance for BoyStrength instructors and support (before, during and after class) for students identified as survivors of violence.

Impact NW

Program Description: Impact NW works with schools, businesses, faith communities, other community-based organizations and governmental agencies to create a safety net and springboard for community members to improve their quality of life and achieve independence.

Resources Contributed: Impact NW agrees to provide two experienced employees per workshop to offer guidance to BoyStrength instructors and emotional support (before, during and after class) and response for survivors of domestic violence (adults and children).

History: New partner, five months.

Sexual Minorities Youth Resource Center (SMYRC)

Program Description: The Resource Center is the place for youth activities ranging from art and yoga, to skill building and leadership development. Youth find several support groups, a full kitchen and library, computers, a pool table and a fully equipped theatre stage. The drop-in center is open to all LGBTIQQ youth ages 12-23. A youth steering committee governs the drop-in resource center

Resources Contributed: Provide one experienced employee per workshop for cultural competency guidance for BoyStrength instructors, and support (before, during and after class) for students identified as survivors of violence.

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History: WomenStrength has previously offered safety workshops to SMYRC.

Boys Advocacy and Mentoring (BAM!)

Program Description: BAM! challenges the adults who work with boys to see boys in new ways and mentors young men to be more interpersonally engaged. Belief is shared in the ability of boys to be healthy, happy individuals who are positive contributors to community and family life. BAM! recognizes and supports what is natural about boys' behavior and realize the necessity of helping boys to connect more with themselves and others.

Resources Contributed: BAM! will provide a subject matter expert to assist in developing guidelines for a mentorship program as well training for BoyStrength instructors on best practice for working with boys.

History: new partner, five months

Patrick Lemmon, Violence Prevention Consultant

Description: As one of the original co-founders of Men Can Stop Rape, Lemmon is in a unique position to help consult on the development of the BoyStrength program. Men Can Stop Rape's mission is to mobilize men to use their strength for creating cultures free from violence, especially men's violence against women.

Resources Contributes: Mr. Lemmon will consult on development of the BoyStrength curriculum and provide training to BoyStrength staff and instructors on the role of men and masculinity in our culture and how it relates to violence, specifically violence against women and girls.

History: Two years of intermittent collaboration with WomenStrength directors on the subject of engaging men to end violence against women

Police Activities League of Greater Portland (PAL)

Program Description: PAL builds partnerships between youth, police and the community through programs designed to encourage and develop good citizenship and to improve the quality of life in the greater Portland area. PAL works with youth ages 8 to 18. Many youth participating in PAL live in high-risk neighborhoods, are low income or classified at-risk. Across all of PAL's programs, approximately 85% of youth come from families classified as low or very low income. Ninety-four percent of the youth we serve qualify for free and reduced lunches at school.

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Resources Contributed: Provide one experienced employee per class for cultural competency guidance for BoyStrength instructors and support (before, during and after class) for students identified as survivors of violence.

History: WomenStrength has had an ongoing relationship with PAL for over a decade. WomenStrength and GirlStrength have offered safety workshops and programs for PAL youth, ages 10-14.

Portland Public Schools (PPS)

Program Description: Portland Public Schools, an equal opportunity educator and employer, was founded in 1851, and is an urban school district in Portland, Oregon. With approximately 47,000 students in 81 schools, it is the largest school district in the Pacific Northwest. PPS students participate in diverse programs and learning opportunities that are supported by the community.

Resources Contributed: Each school participating (Faubion, Sunnyside, Beaumont and Whitman) will pilot and implement the nine-week BoyStrength program for boys ages 10-14 in their school as part of the Health, Physical Education (PE) curriculum as part of their after-school programs. PPS will contribute a counselor or experienced teacher to attend each class. This staff person will collaborate with BoyStrength instructors to assess curriculum and provide guidance (before, during and after class) for any students who are survivors of trauma and assist in identifying youth at high risk for the mentoring program and leaders for the peer leadership program.

History: Since 2008, the GirlStrength program has taught 34 programs in 18 schools for girls ages 10-14. Faubion School was one of the first pilot schools. GirlStrength has requested and offered the program consecutively for four years. The PPS Office of Teaching and Learning has partnered with Portland State University and GirlStrength to provide continuing education credit for professional development for licensed teachers.

David Douglas School District, Ron Russell Middle School (RRMS)

Program Description: The mission of the RRMS community is to continually provide a vibrant and safe learning environment that promotes acceptance, compassion and respect. The goal is to inspire all students to love learning and to grow emotionally, socially and intellectually; striving to educate each student to his or her highest level of academic excellence, social responsibility and cultural awareness.

Resources Contributed: RRMS will pilot and implement the nine-week BoyStrength program for boys ages 10-14, through the Schools Uniting Neighborhood (SUN) after-school program and contribute a counselor or trained teacher to attend each class. This staff person will

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collaborate with BoyStrength instructors to assess curriculum and provide guidance (before, during and after class) for any students who are survivors of trauma and assist in identifying youth at high risk for the mentoring program and leaders for the peer leadership program.

History: GirlStrength has been teaching the nine-week curriculum in the David Douglas School District since 2009.

Catlin Gabel School

Program Description: An independent, co-educational private school that inspires inquisitive and creative thinkers from preschool through twelfth grade in Portland. The middle school's focus is progressive, intentional and student-centered.

Resources Contributed: Pilot and implement the nine-week BoyStrength program for boys 10-14. Catlin Gabel will provide a counselor or trained teacher to attend each class. This staff person will collaborate with BoyStrength instructors to assess curriculum and provide guidance (before, during and after class) for any students who are survivors of trauma and assist in identifying youth at high risk for the mentoring program and leaders for the peer leadership program.

History: Catlin Gabel was one of the very first pilot schools for GirlStrength in 2009 and has requested and offered the program consecutively for three years.

Oregon Episcopal School (OES)

Program Description: The purpose of Oregon Episcopal School is to prepare students with promise for higher education and lifelong learning and to enhance their intellectual, physical, social, emotional, spiritual and artistic growth so that they may realize their power for good as citizens of local and world communities. The goal is to connect people, ideas and cultures to advance knowledge, create solutions and enhance meaning.

Resources Contributed: Pilot and implement the nine-week BoyStrength program for boys ages 10-14. OES will provide a counselor or trained teacher to attend each class. This staff person will collaborate with BoyStrength instructors to assess curriculum and provide guidance (before, during and after class) for any students who are survivors of trauma and assist in identifying youth at high risk for the mentoring program and leaders for the peer leadership program.

History: OES was the first pilot school for GirlStrength in 2008 for girls ages 12-14 and has requested and offered the program consecutively for four years.

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Portland Parks & Recreation Community Centers (PPRCC)

Program Description: Offers thousands of programs for all ages at its community centers, swim pools and other recreation facilities. It is a premier City of Portland bureau that depends on a workforce of 440 permanent employees, 3,200 part-time employees and over 15,000 volunteers who help us extend and enhance our services and programs.

Resources Contributed: Participating community centers (Sellwood, Montavilla and Peninsula Park) will pilot week-long camps for boys ages 10-14 and provide facilities, oversee registration for classes and notify parents regarding BoyStrength policies.

History: Collaborative partnership for over 30 years with the WomenStrength program to offer holistic self-defense programming to the community. PPRCC has worked with the GirlStrength program since 2009, initially to pilot week long camps and currently with ongoing programming.

Northeast Community Center (NECC)

Program Description: NECC is an independent not-for-profit that serves people of all ages. More than a fitness center, NECC is a place where people exercise, find friends, support the community, swim, play, dance, paint, learn and share their lives. Focus is on helping families and individuals achieve their wellness, recreational, learning and cultural goals, while being part of a diverse, welcoming community.

Resources Contributed: NECC will pilot week-long camps for boys ages 10-14, and provide facilities, oversee registration for classes and notify parents regarding BoyStrength policies.

History: Collaborative partnership since 2009 years with the WomenStrength program to offer holistic self-defense programming to NECC community. NECC has offered successful GirlStrength camps since 2010.

Friendly House Community Center (FHCC)

Program Description: FHCC is an independent non-profit that strives to create a thriving community by connecting people of all ages and backgrounds through quality educational, recreational and other life-sustaining services. Values focus on personal development, integrity, compassion, reliability and vitality.

Resources Contributed: FHCC will pilot week-long camps for boys ages 10-14 and provide facilities, oversee registration for classes and notify parents regarding BoyStrength policies.

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History: Collaborative partnership since 1990 with WomenStrength, offering programs and workshops in holistic self-defense. FHCC has offered successful GirlStrength camps since 2010.

University of Oregon, Sociology Department

Program Description: The Sociology Department's primary strengths are in gender, political and economic sociology and the sociology of the environment. Professor Jocelyn Hollander received her B.A. in Linguistics from Stanford in 1987. She received an M.A. in 1991 and a Ph.D. in 1997 from the University of Washington. She joined the University of Oregon faculty in 1997. Professor Hollander is currently engaged in research on self-defense training and the prevention of violence against women.

Resources Contributed: Qualified staff to develop and implement a qualitative and quantitative evaluation of the WomenStrength, GirlStrength and BoyStrength programs.

History: New partner, four months.

Portland State University, Regional Research Institute (RRI)

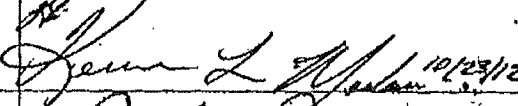
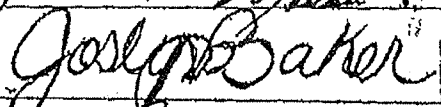
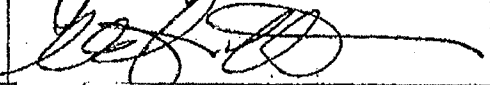
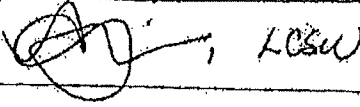
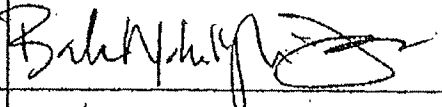
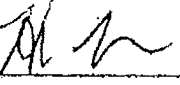
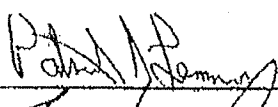


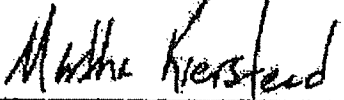
Program Description: RRI conducts research and evaluation with the goal of improving peoples' lives, human services, support and policies. The RRI is nationally recognized for its innovative practices related to the inclusion of family members, youth and adult consumers in all levels of human service planning, design, implementation and evaluation.

Partnership Description: Staff will offer assistance on funding proposals as well as working towards supporting a longitudinal study of the GirlStrength and BoyStrength programs.

History: new partner, six months.

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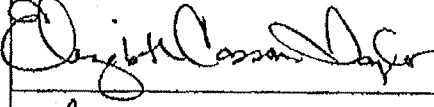
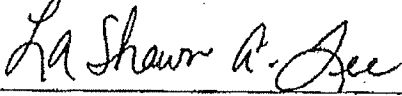

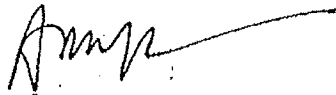
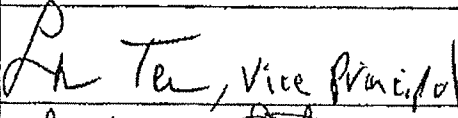

We, the undersigned, as authorized representatives of the agencies listed above, have read and agreed to abide by the terms and conditions of this document and the grant application submitted by the City of Portland, Oregon Police Bureau, including the budget. Our signatures below indicate our commitment on the part of our agency to work together to achieve stated project goals:

Organization	Signatures	Printed Name
City of Portland, Police Bureau	 10/23/12	Kevin Modica, Captain, Family Services Division
Multnomah County CSEC Project		Joslyn Baker, Collaboration Specialist
Native American Youth and Family Center		Matt Morton, Executive Director
Impact NW, Listen to Kids	 LCSW	Meg Willis, Early Childhood Program Manager
Q Center, Sexual Minority Youth Resource Center		Neola Young, Program Manager ^{Program Manager} Executive Director ^{Director}
Boys Advocacy and Mentoring		Howard Hiton, MS Co-Founder
Men Can Stop Rape		Patrick Lemmon, Violence Prevention Consultant
Raphael House of Portland		Teri Lorenzen, Executive Director
Police Activities League		Patricia TenEyck, Executive Director
Portland State University		Regional Research Institute Martha Kierstead Contract officer

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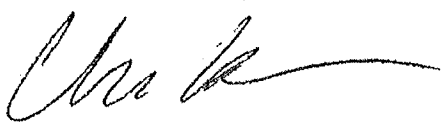
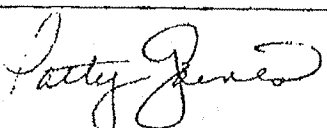
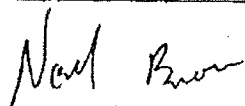
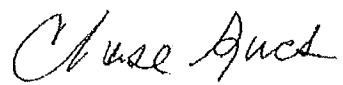

Participating Portland Schools

<i>Organization</i>	<i>Signatures</i>	<i>Printed Name</i>
Portland Public Schools		Liz Casson-Taylor, Principal Beaumont School
		LaShawn Lee, Principal Faubion School
		Lori Clark, Principal Whitman Elementary School
		Amy Kleiner, Principal Sunnyside Environmental
David Douglas School District		Andy Long Principal, Ron Russell School
Catlin Gable School		Barbara Ostos, Middle School Head

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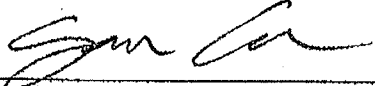
We, the undersigned, as authorized representatives of the agencies listed above, have read and agreed to abide by the terms and conditions of this document and the grant application submitted by the City of Portland, Oregon Police Bureau, including the budget. Our signatures below indicate our commitment on the part of our agency to work together to achieve stated project goals:

Participating Community Centers

Organization	Signatures	Printed Name
Portland Parks and Recreation Community Centers		Charli Krause, Rentals Coordinator, Peninsula Park Community Center
		Patty Gaines, Assistant Building Director, Sellwood Community Center
		Neil Brown, Teen Director, Montavilla Community Center
Northeast Community Center		Chase Szucs, Rentals coordinator
Friendly House Community Center	 MAGGIE TRIMBACH PROGRAM ASSISTANT - COMMUNITY RECREATION & EDUCATION	Linda Vipperman, Customer Service Representative

CITY OF PORTLAND, OREGON:

Authorized Representative:


 Sam Adams, Mayor

Date: 10/23/12

U.S. Department of Justice, Office on Violence Against Women
FY12 Consolidated Grant Program
City of Portland, Oregon Police Bureau
Additional Attachments: Proposal Abstract
Application Attachment 5

Proposal Abstract

WomenStrength was started by the Portland, Oregon Police Bureau in 1979 as a free rape prevention program for the women of Portland, especially those of lower socio-economic status. The program has since grown into a comprehensive holistic self-defense program covering topics such as sexual assault and dating and domestic violence prevention. Based on the WomenStrength ideals and curriculum, GirlStrength was founded in 2008 and is Portland's first self-defense program designed specifically for middle school girls. This nine-week program focuses on providing girls (ages 10-14) with the skills and confidence to protect themselves in potentially violent or abusive situations. Course topics include the importance of healthy self-esteem, assertiveness, safety planning and sexual assault and dating violence awareness. Instructors are community volunteers who have undergone 120 hours of intensive training. Classes are held in Portland public schools and community centers. All WomenStrength and GirlStrength classes remain free to every student.

The BoyStrength program goal is to increase self-confidence, awareness and violence and sexual assault prevention skills in Portland boys ages 10-14, especially those from lower socio-economic backgrounds. The proposed program will build upon the success of GirlStrength and serve boys in Title I schools (schools with higher population of low-income students) within the Portland Public School system, a private middle school; Catlin Gabel and community centers. Over the 36-month grant cycle, approximately 900 boys will complete the BoyStrength program. Curriculum will include self-esteem building exercises, domestic violence resource and awareness and violence and sexual assault prevention skills. Men from the community will be

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recruited and trained as BoyStrength co-facilitators in an effort to provide positive role models for students. Prior to, and again upon the completion of each BoyStrength course, students will be asked to fill out a questionnaire and rate their level of knowledge and comfort with physical, behavioral, academic and self-concept skills. Responses will be tracked in a database, which may then generate quantitative results as to how many boys noticed improvement in skills due to BoyStrength, and by how much. These results will allow for future curriculum modifications if necessary, as well as provide valuable statistics pertaining to the program effectiveness.

BoyStrength will work with community partners for comprehensive student outreach and community resources in violence and sexual assault prevention. These partners include: Portland Public Schools, the David Douglas School District, Catlin Gabel School, Portland Parks and Recreation (Montavilla, Peninsula Park and Sellwood Community Centers), Friendly House and NE Community Center, Boys Advocating and Mentoring Program, Native American Youth Resource and Family Center, Sexual Minority Youth Resource Center, Self Enhancement, Inc., Portland State University, Raphael House of Portland and the Multnomah County Department of Community Justice.

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Additional Attachments: Letters of Support
Application Attachment 5

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PORTLAND PUBLIC SCHOOLS
Beaumont Middle School
4043 NE Freemont St • Portland, OR 97212
503-916-5610 • Fax: 503-916-2609
www.pps.k12.or.us/schools/beaumont

To Whom It May Concern,

I am writing this letter of support for GirlStrength and WomenStrength as model programs to create a Boys Program; they are the perfect choice due to their longevity and connectivity to numerous community resources.

Let me just start by saying that I was so inspired after seeing the results of this comprehensive self-defense program, I wanted to become an instructor. I have been teaching inner city youth for the past 24 years in Portland, Oregon and I can honestly say that both of these programs really do make a difference in the lives of women. GirlStrength was implemented into my health classes at Harriet Tubman Leadership Academy for Young Women for three years. I am now bringing the program to Beaumont Middle School due to the closing of the academy last year.

It's amazing to watch young women discover the power of their own voice by getting them to actively participate in role plays that teach verbal assertiveness, and a variety of physical self-defense skills. They also learn the role of intuition, escape options, personal boundary setting, safety planning and prevention techniques.

Every child should be given the opportunity to gain the necessary skills to build self-confidence, develop healthy relationships and believe they are worthy and can protect themselves; GirlStrength and WomenStrength are the best choice... Our young men deserve the same opportunity!

Feel free to contact me at kmsmith@pps.net or 503-577-8838 if you have any questions or concerns.

Sincerely,

A handwritten signature in black ink that reads "Kathryn M. Smith". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Kathryn M. Smith-Health/PE Teacher



PORTLAND PARKS & RECREATION

Healthy Parks, Healthy Portland

To Whom It May Concern,

I am writing to share information regarding my working relationship with Sara Johnson (director of WomenStrength, Carlyne Haycraft (director of GirlStrength) and the Womenstrength and GirlStrength programs. These programs have made a great contribution to the safety and confidence level of the women and girls who have had an opportunity to participate in a training program. Trainings have been taking place for more than a decade in neighborhoods throughout southeast Portland.

In working with Ms. Haycraft and Ms. Johnson to plan offerings at Portland Parks & Recreation's community centers, I have been impressed with their level of professionalism and organizational skills. Each time we were lucky enough to offer these programs to our community, the classes were always full and the volunteer instructors were always on time and ready to offer this program of lifesaving skills. Also impressive are the level of training for and the dedication of the instructors provided by Ms. Johnson, Ms. Haycraft and their staff.


Specifically, the East Portland Community Center has offered the GirlStrength program several times during the last two years. By increasing awareness of their surrounding environments and promoting self-confidence, this program was very successful in improving the safety of the young women who participated.

It would be fantastic to offer this structured training to young men. "BoyStrength" would not only increase the safety of the youth who participate, but would promote positive self images and encourage the extra confidence young men need to grow into successful contributors to the community.

On a personal note, after participating in a special Womenstrength class provided by Sara and her staff, women in my workplace felt we had new skills needed to protect ourselves both in our neighborhood and in our facility.

These programs are invaluable to the people in our community and the fact that they are offered free of charge makes them available to all girls and women. We will continue to support these programs and would be excited to offer an appropriate training to young men in our community.

Sincerely,


 Sarah Cooper
 Assistant Building Director
 Portland Parks & Recreation

East Portland Community Center
 740 SE 106th Ave.
 Portland, OR 97216
 Tel: (503) 823-3450 Fax: (503) 823-3454

Sustaining a healthy park and recreation system to make Portland a great place to live, work and play.



Administration
 1120 S.W. 5th Ave., Suite 1302
 Portland, OR 97204
 Tel: (503) 823-7529 Fax: (503) 823-6007



Changing lives
Building communities
Creating opportunities

October 10, 2012

To whom it may concern,

When Sara told me about her programs opportunity to create and implement a boys violence protection program, I was thrilled. For the past 3 years, Central City Concern has been working with the Women's Strength team in providing De-escalation training to our 650+ employee agency. They have gone above and beyond, working with us on developing a training that fits our diverse staff. Their trainers have always been professional, knowledgeable and are able to engage our staff in meaningful conversation. I am excited to hear of the opportunity for them to develop a boys violence prevention program and after working with them feel they will be successful in creating and conducting a training that makes a difference.

Thank you,

A handwritten signature in black ink, appearing to read "Alex Meinig".

Alex Meinig, ARM
Manager, Enterprise Risk Management
Central City Concern

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Additional Attachments: Letters of Support
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Northeast
Community
Center

To whom it may concern:

This year, as in years past, we have had the opportunity to work with both Girl's Strength and Women's Strength Violence Prevention Programs and staff. As Program Coordinator here at Northeast Community Center, I have been glad to be a part of these wonderful programs. We were able to offer violence prevention to girls and women at no charge. The skills provided to these women and girls are incalculable and have instilled confidence in the participants.

We will be partnering again for the following year to assist these programs in their goals of empowering people and diffusing violence. Bullying, domestic abuse, and verbal and physical violence are challenging and sensitive topics to address. I feel strongly that both Girl's Strength and Women's Strength address these issues in an empowering way giving the participant's skills to avoid and diffuse situations, as well as put corrective action in place if violence has occurred.

Sincerely,

Chase Szucs, Program Coordinator NECC



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Additional Attachments: Letters of Support
Application Attachment 5

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Children's Programs
Adult Recreation and Education
Services for Seniors and Homeless Families

Celebrating 80 years
of building community,
one friend at a time.

October 11, 2012

To whom it may concern,
I have worked at Friendly House Community Center for many years scheduling event and meeting space. The Womenstrength program has been holding self defense classes at our facility for women for more than seven years and two years for girls age ten-fourteen. They are a welcome group at our facility both by staff and students, bringing their free and empowering classes to the community. Our staff enjoy working with them because they are professional, serious minded and dedicated, making it easy to fit their classes into our regular schedule. All reports from former students (including myself and then-sixteen-year-old daughter) have been very positive.

When Sara told me that they wanted to start a program for boys I was excited. It is my hope that this program will be able to work with both boys and girls in the Friendly House Children's program in the future, as well as continuing the Womenstrength program for many years to come.

Thank you,

Linda Vipperman
Linda Vipperman
Customer service Rep
Friendly House Inc.

lindav@friendlyhouseinc.org
503-228-4391



U.S. Department of Justice, Office on Violence Against Women
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City of Portland, Oregon Police Bureau
Additional Attachments: Financial Accounting Practices
Application Attachment 5

Financial Accounting Practices

Will all funds awarded under this program be maintained in a manner that they will be accounted for separately and distinctly from other sources of revenue/funding?

Yes. City of Portland has an Enterprise Resource Planning (ERP)* that includes a dedicated Grants module for tracking grant revenue/funding.

Does the applicant have written accounting policies and procedures? OVW may request a copy for review during the application/award process or as part of the grant monitoring process.

Yes, there are written policies and procedures, and a full-time dedicated compliance manager.

Is the applicant's financial management system able to track actual expenditures and outlays with budgeted amounts for each grant or sub-grant?

Yes, the budgeting system is linked to the ERP Accounting and Grants modules.

Does the applicant have procedures in place for minimizing the time elapsing between transfer of funds from the United States Treasury and disbursement for project activities?

The City operates its Grant module as a reimbursement

Does the applicant have effective internal controls in place to adequately safeguard grant assets and to ensure that they are used solely for authorized purposes? Please provide a brief description.

Internal controls are reviewed each year by the City's external auditors. Invoices must be reviewed by project managers/authorized signors prior to payment.

Does the applicant have a documented records retention policy? If so, briefly describe the policy.

Yes – for most items, 10 years after closing.

Is the individual primarily responsible for fiscal and administrative oversight of grant awards familiar with the applicable grants management rules, principles, and regulations?

The City has a dedicated grants management section in addition to the expertise of the project manager.

* An industry term for the broad set of activities supported by multi-module application software. The City of Portland's software is S-A-P.

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**CITY OF PORTLAND, OREGON****Bureau of Police**

Sam Adams, Mayor
Michael Reese, Chief of Police

1111 S.W. 2nd Avenue • Portland, OR 97204 • Phone: 503-823-0000 • Fax: 503-823-0342

Integrity • Compassion • Accountability • Respect • Excellence • Service

October 22, 2012

VIA grants.gov

Bea Hanson
Acting Director
Office on Violence Against Women
145 N St., NE
Washington, D.C. 20530

RE: OVW FY12 Consolidated Grant Program Application

Dear Ms. Hanson:

The City of Portland, Oregon certifies that any funds awarded through the OVW FY12 Consolidated Grant Program will be used to supplement existing funds for program activities and will not replace (supplant) nonfederal funds that have been appropriated for the purpose of providing services to victims of domestic violence, dating violence and child victimization.

The City of Portland, Oregon understands that supplanting violations can result in a range of penalties, including suspension of future funds under this program, suspension or debarment from federal grants, recoupment of monies provided under this grant, and civil and/or criminal penalties.

Sincerely,

Sam Adams
Mayor

SA/vln